



July 2026

# Sayward News



*Chase Copeland  
Hunter Dowling  
Julia Dyck  
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Caleb Joyce  
McKenna Morican  
Myah Ramsey*



Village of Sayward

**PUBLIC NOTICE**

**2027 PERMISSIVE TAX EXEMPTIONS**

**Council is beginning the process for considering Permissive Tax Exemptions for the 2027 taxation year.**

A permissive tax exemption is a means for Council to support organizations within the community which further Council’s objectives of enhancing quality of life (economic, social, cultural) and delivering services economically.

A policy guide is available to help identify organizations that meet Council’s objectives. The Policy and application are available at the Village office or on our website. Applications must be received at the Village by August 1, 2026 to be considered for 2027.

Questions on the process can be directed to [village@saywardvalley.ca](mailto:village@saywardvalley.ca) or call 250-282-5512

**Village of Sayward July Council Meetings:**  
Tuesday, July 14, 2026 - Regular 7pm



Village of Sayward

**Village of Sayward Office: 652 H’Kusam Way**  
250-282-5512 [village@saywardvalley.ca](mailto:village@saywardvalley.ca)  
**SUMMER HOURS:** Open Tuesday to Friday  
9am-4pm closed 12pm-1pm for lunch & all Stat holidays



Village of  
Sayward

## Current 2026 Watering Restrictions

**The Village of Sayward has implemented Stage 1 watering restrictions.**

Authority to restrict water usage is set out in Water Regulation Bylaw No. 391.  
The following water restrictions are effective from June 8, 2026, to September 30, 2026:

**Watering\* is only permitted between the following hours on your designated day:**

**6:00am to 10:00am; and  
6:00pm to 10:00pm**

Residences with address numbers ending in an even number (e.g. 110 Dyer Dr.), watering is allowed on even days of the month (July 2, 4, 6, 8, etc.).

Residences with address numbers ending in an odd number (e.g. 111 Dyer Dr.), watering is allowed on odd days of the month (July 1, 3, 5, 7 etc.).

These restrictions are intended to ensure that all residents receive an adequate supply of water throughout the summer months and that sufficient reserve supplies are available should they be required for emergency firefighting purposes.

PLEASE NOTE: The washing of parking lots, driveways, automobiles, boats etc. is discouraged, and if pursued, is only permitted on the residents' designated days before 10:00 am and after 6:00 pm.

**Restrictions may increase as the summer progresses. Please watch the village website and Facebook page for changes.** \*Watering is defined as using lawn irrigation or the use of a sprinkler, soaker or weeper hoses. Hand watering using watering cans or hoses with automatic shut off valves is currently permitted at any time, on any day.

## Community Recycling Centre Notice



Village of  
Sayward

### **Illegal Dumping Will Not Be Tolerated**

We have recently seen an increase in the illegal dumping of household garbage and unacceptable items at the Sayward Community Recycling Centre, including: household garbage, including diapers, vacuum cleaners, mattresses and other non-recyclable waste.

Please be advised that **illegal dumping is subject to a minimum fine of \$500.00**. These actions create unnecessary costs, health and safety concerns, and additional work for staff. Residents are expected to dispose of waste responsibly for items that are not accepted at the recycling centre.

### **Safety Reminder – Metal Recycling Bin**

It has also been reported that individuals, including children, are climbing into the metal recycling bin and, in some cases, climbing over the top when the access doors are closed. This behavior is extremely dangerous and poses a serious risk of injury. The metal bin is not a play area, and entering or climbing on the container is strictly prohibited. **For everyone's safety, this activity must stop immediately.**

Thank you for your cooperation in helping keep our recycling centre clean, safe, and accessible for all community members.



# 18/19

## July

### 9 am - 4 pm

**Main Road Yard  
797 Island Hwy  
Sayward, BC**

# Sayward Clean-Up Days

## Accepted

- Appliances - large and small
- Batteries
- Electric outdoor power equipment
- Household
  - electronics
  - furniture
  - waste too big for curbside collection
- ProductCare items
- Scrap metal
- Tires

## Not Accepted

- Drywall
- Hazardous waste
- Motor oil, filters or antifreeze
- Single use packaging such as:
  - cardboard
  - foam
  - hard and soft plastics
  - tin

This material is prohibited from going into the garbage, please bring it to the Sayward Recycling Depot.

You must be able to unload and sort your own items. Habitat for Humanity ReStore will be on-site to collect gently used household items for donation. CSWM thanks Major Appliance Recycling Roundtable for their continued partnership.

Questions? Call: [250-792-0026](tel:250-792-0026) or email: [svaldal@comoxvalleyrd.ca](mailto:svaldal@comoxvalleyrd.ca)

SPONSORED BY



**Comox Strathcona  
Waste Management**

For more information, visit: [www.cswm.ca/sayward](http://www.cswm.ca/sayward)

## 📌 Heritage Hall – What’s on in July and August 2026

1257 Sayward Rd. 250-282-0192. [Heritagehallsra@gmail.com](mailto:Heritagehallsra@gmail.com)

Hello everyone! Here’s what’s happening at Heritage Hall this July and August— we’d love to see you 🇺🇸

### 📅 Saturday Market, Every Saturday | 10am–1pm

Every Saturday. Kitchen will be open for grilled hotdogs, waffles and other yummy food! Table rental is \$5 and just show up and set up! VIHA rules apply for all vendors. Coordinator will have rules need be.

### 🧵 Sayward Helping Hands Every Tuesday | 10am

Bring your sewing, knitting, or craft projects. \$2 drop-in — everyone welcome.

### 📅 Monthly Meeting – AGM September 8<sup>th</sup> at 6pm

All events are subject to change. Thanks for supporting Heritage Hall and our community — hope to see you soon! 😊

**Strathcona**  
REGIONAL DISTRICT



Want to get involved?

**JOIN THE 2026  
ELECTION TEAM!**



Make a  
difference



Support local  
democracy



Meet people in  
your community



Learn more and apply at  
[srd.ca/careers](https://srd.ca/careers)

Be part  
of something  
important!

Find out more about voting, running for office, key election dates,  
and election opportunities at [srd.ca/local-elections](https://srd.ca/local-elections)

**Legion**   
BRITISH COLUMBIA/YUKON  
COMMAND

Join us at the Sayward Royal Canadian  
Legion #147  
699 Sayward Road at 1:00pm for  
**BINGO:**

*Sunday, July 12<sup>th</sup>*



# Garden Club News



Now we have the long daylight days and gardeners have the cool of the evening to enjoy time to enjoy time in the garden and catch up on various gardening tasks. Taking a few moments to pause to hear the songs of the birds that fill the air makes the weeding more enjoyable.

Some vegetables like carrots benefit from thinning to ensure that good sized roots are produced. At the same time, it is a good idea to hill up the plants to keep carrot rust fly from laying the eggs that result in worms in the carrots.

Annual flowers are starting to bloom and deadheading of spent blooms ensures continuous flowering. With some flowers like zinnias, it is useful to cut the first stem for a bouquet. This encourages the plant to bush out to create more blooms. Now is a good time to plan perennial and bi-annual plants to mature next year.

The Garden Club had another of our interesting guest speakers at the June meeting. Joyce Mcmenamon came from Merville to bring us rich information about composting. Her presentation, complete with projected illustrations, covered the basics of many systems of composting. Among her tips was the reminder to keep the compost watered during the hot weather. Joyce left us good, printed follow up instructions. So, if you missed the talk, you can pick that up at a meeting in the fall.

When you go to pick up your mail, please bring a jug of water for the flowers in the containers. I hope you can come and join us when we meet in September.

**Sayward Community Food Table Society and Our Partners are Happy we are able to Continue Offering Donated and Rescued Food Items to Our Community To Be PICKED UP Once a Month at the Kelsey Centre**

**2026 FOOD SORT DATES:**    May 22                      June 19                      July 24                      August 21  
   September 18    October 16                      November 13                      December 11

**If Someone You Know is Experiencing Food Insecurity and Would Like to Participate in this Valuable Local Food Pick Up Program.**

**PLEASE COORDINATE YOUR OWN PICKUP**

**REGISTER for this PROGRAM by Contacting:**

**BC Ambulance Station: (250) 282-3600**

**Sayward Health Clinic: (250) 282-3815**

**EMAIL: [Executive@saywardfoodtable.ca](mailto:Executive@saywardfoodtable.ca)**

SCFTS would like to Acknowledge and Thank, Sayward Community Health Society, Strathcona Regional District Area "A", Village of Sayward, United Way, SCFH, GWLT, Mid Island Co-Op, as well as our Local Volunteers for their Hard Work and Dedication in keeping this Program available to the Sayward Residents over the last 4 Years. Without Whom we would not be able to Sustain this Initiative. **Thank you for your Patience while we grow, evolve, and adapt the SCFTS Program.**

**We are Grateful to have these Dedicated Individuals and Partners Helping Provide Nutritional Support in these challenging times.**

**Thank You All from SCFTS Board and Members.**



# July 2026

Clinic Phone 250 282-3815

Fax 250 282-0040

Clinic Hour 9-5 Monday to Wednesday, 9-4 Thursday

Public Health Phone 250 850-2110



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
	Labs 9 – 12		CLOSED CANADA DAY		CLINIC CLOSED	
5	Labs 9 – 12	6	7	8	9	10
					CLINIC CLOSED	11
12	Labs 9 – 12	13	14	15	16	17
					CLINIC CLOSED	18
19	Labs 9 – 12	20	21	22	23	24
					CLINIC CLOSED	25
26	Labs 9 – 12	27	28	29	30	31
					CLINIC CLOSED	

This Schedule is subject to change...



"Clothe yourselves with compassion, kindness, humility, gentleness and patience."

Collosians 3:12b

Morning Service

11:00am

740 Gentry Rd.

Darren Duncalfe

1-604-701-2727

[saywardshepherd@gmail.com](mailto:saywardshepherd@gmail.com)



ROMAN CATHOLIC  
DIOCESE OF VICTORIA

**St. Bernadette's  
Catholic Church**

Sunday Service 11:00am

(1<sup>st</sup> & 3<sup>rd</sup> Sunday at 3pm)

963 Despina Rd.

250-287-3498



**Age Friendly Van**

**Thursday, July 16<sup>th</sup>  
Wednesday, July 29<sup>th</sup>**

The Age Friendly Van is for anyone over the age of 19 years living in the Village of Sayward or the Sayward Valley. The Van will pick you up and drop you off at your home. The driver will take you to appointments, shopping or any other destinations required. Return time to Sayward may vary from trip to trip, depending on the rider's needs. The Age Friendly Van will arrive back in Sayward no later than 5pm unless arrangements are discussed in advance and approved.

*Cost is by donation.*

Please call the Village Office no later than the day before by **Noon** to reserve your seat

Questions?

Contact the Village Office: **250-282-5512** or [village@saywardvalley.ca](mailto:village@saywardvalley.ca)



**Sayward Post Office Hours:**

Monday-Friday 9am-5pm

Saturday 8:30am-12:30pm

Sunday: Closed



**Seniors Carpet Bowling at the Kelsey Centre**

**is taking a summer hiatus.**

**Join in the fun starting**

**Wednesday, September 9<sup>th</sup> at 9:00am**

Excellent care, for Everyone,  
Everywhere, Every time.



Dear Patients of the Sayward Primary Care Clinic,

We are writing to inform you of some important updates regarding the Island Health nurse practitioner (NP) services provided at the Sayward Primary Health Care Clinic.

Nurse practitioner Enid O'Hara will no longer be providing coverage in Sayward, effective immediately. We wish to thank NP O'Hara for her dedication to providing excellent care for the community and stepping in with temporary coverage while recruitment of a permanent NP continues.

Island Health is actively recruiting for a full time, permanent practitioner at the clinic and are hopeful that we will fill the position as quickly as possible. When a new practitioner begins working at the clinic, we will work with you to transfer your care to the new practitioner. In the interim, there will be no availability for appointments at the clinic and you will need to seek alternate options temporarily for any emergent primary care needs. We understand this can be concerning for people and acknowledge this is not an ideal situation for the community. Our local teams are also working hard to explore interim, short-term solutions while recruitment continues.

All outstanding labs, diagnostics and referrals will be followed, and you will be notified in the event that follow up is needed. Prescriptions provided by NP O'Hara will be valid and existing refill prescriptions valid. Any new prescription renewals will need to be arranged through another provider or through accessing the expanded pharmacy services portal at <https://www2.gov.bc.ca/gov/content/health/health-drug-coverage/pharmacare-for-bc-residents/what-we-cover/macs>. Testing such as MRIs, CTs, ultrasounds and X-rays will remain active.

Please take note of the following resources also available to you:

- **Emergencies:** As always, for emergencies, please dial 9-1-1 or go to your nearest emergency department. Your safety and well-being are of paramount importance.
- **Non-emergency health advice:** If you have non-emergency health questions or concerns, you can call 8-1-1 for expert advice on a variety of topics.
- **Campbell River Primary Care Access Clinic:** Open 8 a.m. to 8 p.m. Monday to Friday with same day access to appointments by calling 1-833-688-8722.

- **Urgent prescription renewals:** For urgent prescription renewals, please contact your pharmacist directly. Pharmacists can also assist with minor ailments. You can find more information at [gov.bc.ca/seeapharmacist](http://gov.bc.ca/seeapharmacist)
- You can access **blood work results collected at Lifelabs** by registering through the following link: <https://www.bc.mycarecompass.lifelabs.com/?province=BC#/> (if you are 16 years or older)
- You can access **blood work or imaging completed through Island Health** locations by enrolling in MyHealth: <https://www.islandhealth.ca/our-services/virtual-care-services/myhealth> or by calling 1-844-844-2219 M-F 830am-430pm or in-person at Island Health Laboratory and Medical Imaging locations, or the central admitting desk at any of our main hospitals.
- Learn more about services to help you **manage your health and prevent hospital visits** on Island Health's need care now web page at <https://www.islandhealth.ca/find-care>
- **Vancouver Island Crisis Line** – 1-888-494-3888
- **Access Central** – 1-888-885-8824 for connection to mental health and substance use services
- **Chronic illness support** – 1-866-928-4988
- **Virtual care options:**
  - 121 Clinicians
  - Rocket Doctor
  - Telus Health MyCare
  - Tia Health
  - Ubiquity Health
  - Viva Care Telehealth
  - Walkin.ca

We appreciate your patience as we continue to work to improve primary care in Sayward and across Island Health.

Sincerely,

*Gaylene Jacobson*

Rural Health Service Manager

SAYWARD SCHOOL PAC  
ONGOING BOTTLE COLLECTION

# DROP OFF REFUNDABLE PRODUCTS AT THE SCHOOL



PROCEEDS HELP FUND STUDENTS  
HOT LUNCH AND SPECIAL EVENTS.  
THANKS FOR YOUR SUPPORT!  
DONATIONS CAN ALSO BE MADE AT  
CAMPBELL RIVER ISLAND RETURN IT  
DEPOT TO THE SAYWARD SCHOOL PAC  
ACCOUNT



Comox Strathcona  
Waste Management

**Sayward  
Recycling Depot**  
~hours~

**Thursday, Friday,  
Saturday, Sunday**  
**9:00am - 5:00pm**



## Got Extra Garbage? GARBAGE STICKERS FOR SALE



Each household is allowed  
two garbage receptacles  
(cans/bags) per week.

**Additional receptacles**  
(up to 77 liters/25 kgs)  
must have a garbage  
sticker on it for  
pick-up.



Village of Sayward  
250-282-5512 • village@saywardvalley.ca

Strathcona Regional District  
250-830-6700 • engineering@srd.ca

## Sayward Interchange Recycling

### WE ACCEPT



Used Oil



Used  
Antifreeze



Cooking Oil



Fuel Cans



Hazardous Waste



Oil Barrels



Grease



Paint



Sawdust



Transformer Oil



Cat Litter



Brake Fluid



Rags



Oil & Antifreeze  
Containers



Used  
Oil Filters

If you have questions, or would  
like to drop off used oil products  
please call 250-830-4116

## Sayward Literacy Now 2026

Books! Check out our book  
houses. If you are in need, I  
have books for children 0 to  
teens.

Watch for our book giveaways  
at local events.

Computer questions, we will try  
to help!

Email, call or text Ann!  
[annvansnick3@gmail.com](mailto:annvansnick3@gmail.com)  
250-203-8332



## COMMUNITY SHARE SHED

**Tuesday, Thursday &  
Saturday**

**10:00am-1:00pm**

located beside the  
Recycling Depot

Donations of functional,  
clean items accepted during  
open hours.

Please do not leave items  
outside.

For information, please call  
Debbie @ 250-895-4500



## Sayward Library Hours:

Sunday - Monday: closed  
Tuesday: 10am - 2:30pm  
Wednesday - Thursday: 2:30pm - 7pm  
Friday - Saturday: 10am - 2:30pm