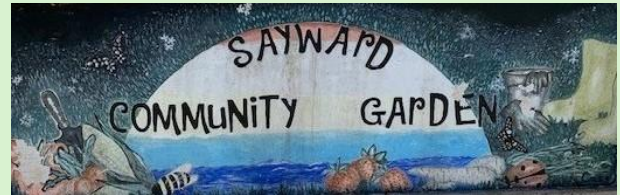


Sayward News

March 2026



Village of Sayward



Village of Sayward Community Garden: where seeds become harvest and neighbours become friends!

Contact the village office to reserve a garden bed and turn a small plot into big possibilities.

250-282-5512 village@saywardvalley.ca

SAYWARD SCHOOL PAC
ONGOING BOTTLE COLLECTION

**DROP OFF
REFUNDABLE
PRODUCTS
AT THE
SCHOOL**

PROCEEDS HELP FUND STUDENTS
HOT LUNCH AND SPECIAL EVENTS.
THANKS FOR YOUR SUPPORT!
DONATIONS CAN ALSO BE MADE AT
CAMPBELL RIVER ISLAND RETURN IT
DEPOT TO THE SAYWARD SCHOOL PAC
ACCOUNT



18/19
April
9 am - 4 pm

**Main Road Yard
797 Island Hwy
Sayward, BC**

Sayward Clean-Up Days

Accepted

- Appliances - large and small
- Batteries
- Electric outdoor power equipment
- Household
 - electronics
 - furniture
 - waste too big for curbside collection
- ProductCare items
- Scrap metal
- Tires

Not Accepted

- Drywall
- Hazardous waste
- Motor oil, filters or antifreeze
- Single use packaging such as:
 - cardboard
 - foam
 - hard and soft plastics
 - tin

This material is prohibited from going into the garbage, please bring it to the Sayward Recycling Depot.

You must be able to unload and sort your own items. Habitat for Humanity ReStore will be on-site to collect gently used household items for donation. CSWM thanks Major Appliance Recycling Roundtable for their continued partnership. Questions? Call: 250-792-0026 or email: svaldal@comoxvalleyrd.ca

SPONSORED BY



For more information, visit: www.cswm.ca/sayward

Village of Sayward March Council Meetings:

Tuesday, March 10, 2026 - Regular 7pm
Tuesday, March 17, 2026 - Committee of the Whole 6pm
Tuesday, March 24, 2026 - Regular 7pm
Tuesday, March 31, 2026 - Committee of the Whole 6pm



Village of Sayward

Village of Sayward Office: 652 H'Kusam Way

250-282-5512 village@saywardvalley.ca

Open Monday to Friday 9am-4pm
closed 12pm-1pm for lunch

March Events!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1	Blood Pressure Checks 9:00-12:00 Clinic	2 "Ask a Community Medic" 9:00-12:00 Clinic	3	4	5	6 Chair Fitness 10:00-11:00 Kelsey Centre	7
8	Blood Pressure Checks 9:00-12:00 Clinic	9 "Ask a Community Medic" 9:00-12:00 Clinic	10	11	12	13	14
15		16	17	18	19	20	21
22	Blood Pressure Checks 9:00-12:00 Clinic	23 "Ask a Community Medic" 9:00-12:00 Clinic	24	25	26	27 Chair Fitness 1:00-2:00 Kelsey Centre	28
29	Blood Pressure Checks 9:00-12:00 Clinic	30 "Ask a Community Medic" 9:00-12:00 Clinic	31				



COMMUNITY SHARE SHED

Tuesday, Thursday & Saturday

10:00am-1:00pm

located beside the Recycling Depot

Donations of functional, clean items accepted during open hours.

Please **do not** leave items outside.

For information, please call Debbie @ 250-895-4500

Garden Club News

At the time of this writing Winter is hopefully coming to an end and the early Spring flowers will soon be in bloom. Some gardeners are already starting seeds indoors under lights. Tomatoes and peppers can get an early start this way and lettuce and spinach can be started to be ready to be set out in the garden at the first sign of Spring.



As the weather improves there is an opportunity to spray fruit trees. This can be done with a lime/sulphur and dormant oil spray. This treatment is acceptable for organic growing and should be completed before the trees begin to bud out. The spray is most effective when there is no rain or freezing temperatures.

The Garden Club had the first meeting of the year when we held our early seed exchange. Some members brought seeds collected from non-hybrid vegetables and flowers. The club also has a collection of donated seeds to choose from. Seed orders will be coming through the mail and there will be future chances to get a few seeds from other member's packages.

We have plans for a series of guest speakers in the coming months. Our March 12 meeting will feature Ben Baykiw, an arborist from Campbell River, who will speak on Landscaping With Trees. We will have an opportunity to learn about and ask questions on shape, colour, pruning, potential size and FireSmart qualities.

There is no fee to join the club and we collect two dollars at each meeting to cover the cost of hall rental. For first time attendees there is no charge for the first meeting. We also have some wonderful door prizes to be won. Please come and join us at the Heritage Hall at 7:00 on the second Thursday of each month.



Men's Shed Society of Sayward

WHAT IS A MEN'S SHED?

IT IS A PLACE FOR:

- MEN TO GATHER TO LEARN NEW SKILLS, DISCOVER NEW INTERESTS, AND MAKE NEW FRIENDS.
- MEN TO COMMUNICATE "SHOULDER TO SHOULDER".
- MEN TO CHAT AND COLLABORATE ON PROJECTS.
- CREATING A WELCOMING ENVIRONMENT WHERE MEN CREATE SHARED EXPERIENCES AND BUILD COMMUNITY.

CHECK US OUT! – WE ARE ACTIVELY LOOKING FOR NEW MEMBERS

- ✓ Weekly meetings Fridays – 1:00PM at the Sayward Legion*
- ✓ Come help us brainstorm future community events!
- ✓ Snacks and light refreshments included



*While the Sayward legion has graciously donated their facility to host weekly Men's Shed meetings, The Men's Shed Society of Sayward is a separate organization and therefore does not use any of the amenities of the Legion during meetings, meaning that the bar and kitchen are closed



250-201-7539



CP.Sayward@BCEHS.ca

🌸 Heritage Hall – What’s On in March 2026

Here’s what’s happening at Heritage Hall this March

🏠 **Indoor Market Saturday, March 7 | 10am–1pm**

Spring Clean-up/Easter Egg Hunt- March 28 at 9 am, volunteers needed to come to hall bring their tools and help get grounds ready for the **Easter Egg hunt April 5th at 1pm (New Time)**. Please register with Barb Bowbrick 250-282-3741 so she will know how many to make lunch for!

🧵 **Sayward Helping Hands** Every Tuesday | 10am

Bring your sewing, knitting, or craft projects. \$2 drop-in — **everyone welcome.**

🧸 **Kids Club.** Wednesdays, Thursdays & Fridays. Registration required.

Email: saywardcrew@gmail.com

🎵 **Music Night** First Thursday of the month Bring your instrument or your voice and join in. \$2 drop-in — everyone welcome.

📅 **Monthly Meeting.** Tuesday, March 10 @ 7pm

All events are subject to change. Thanks for supporting Heritage Hall and our community



Morning Service
11:00am
740 Gentry Rd.
Darren Duncalfe
1-604-701-2727
saywardshepherd@gmail.com



ROMAN CATHOLIC
DIOCESE OF VICTORIA

**St. Bernadette’s
Catholic Church**

Sunday Service
11:00am
(1st & 3rd Sunday at
3pm)
963 Despins Rd.
250-287-3498



Join us at the Sayward Royal Canadian Legion
#147, 699 Sayward Road at 1:00pm for BINGO:

*Sunday, March 8th
Sunday, March 22nd*

CANADA POSTES
POST CANADA

Sayward Post Office Hours:
Monday-Friday 9am-5pm
Saturday 8:30am-12:30pm
Sunday: Closed



Seniors Carpet Bowling at the Kelsey Centre
9am-12pm

Wednesday, March 4th
Wednesday, March 11th
Wednesday, March 18th
Wednesday, March 25th

Seniors Luncheons
at the Kelsey Centre
12pm-1pm

Wednesday, March 11th
Wednesday, March 25th

Join us for a delightful afternoon of connection and community. This is a **free event** open to all seniors, so come ready to relax, mingle, and make new memories. We look forward to seeing you there!

Hosted by the
**Sayward
 Community
 Health Society**
 and its amazing
 volunteers!



*Sayward
 Community
 Food Table
 Society*

2026 Food Sort Dates:

Jan-30	Feb-27	Mar-27	Apr-24
May-22	Jun-19	Jul-24	Aug-21
Sep-18	Oct-16	Nov-13	Dec-11

Clinic News

The clinic remains open for patients of the clinic, with Nurse Practitioner Enid O'Hara covering some shifts.

Clinic hours remain the same:

Monday to Wednesday: 9:00 AM – 5:00 PM

Thursday: 9:00 AM – 4:00 PM 📞 Call 250-282-3815

The following services are available to everyone.

(you do not need to be a clinic patient)

Lab, ECGs, 24-hour Holter monitoring, Injections, Wound and dressing care.

Please call when you can't make your lab or NP appointment. We have very limited spots.

March 2026

Clinic Phone 250 282-3815
 Fax 250 282-0040

Clinic Hour 9-5 Monday to Wednesday, 9-4 Thursday

Public Health Phone 250 850-2110



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	Labs 9-11:30 NP BP checks 9-12	NP Ask a Community Medic 9-12	NP	NP	CLINIC CLOSED	
8	9	10	11	12	13	14
	Labs 9-11:30 BP checks 9-12	Ask a Community Medic 9-12			CLINIC CLOSED	
15	16	17	18	19	20	21
	Labs 9-11:30				CLINIC CLOSED	
22	23	24	25	26	27	28
	Labs 9-11:30 BP checks 9-12	Ask a Community Medic 9-12			CLINIC CLOSED	
29	30	31	1	2	3	4
	Labs 9-11:30 BP checks 9-12	Ask a Community Medic 9-12			CLINIC CLOSED	

This Schedule is subject to change.

**Age Friendly
 Van**

Thursday, March 15th
Friday, March 27th

The Age Friendly Van is for anyone over the age of 19 years living in the Village of Sayward or the Sayward Valley. The Van will pick you up and drop you off at your home. The driver will take you to appointments, shopping or any other destinations required. Return time to Sayward may vary from trip to trip, depending on the rider's needs. The Age Friendly Van will arrive back in Sayward no later than 5pm unless arrangements are discussed in advance and approved.

Cost is by donation.

Please call the Village Office the day before by **Noon** to reserve your seat on the van.

Questions?
 Contact the Village Office:
250-282-5512 or
village@saywardvalley.ca

Sayward Literacy Now 2026

Books! Check out our book houses. If you are in need, I have books for children 0 to teens.
Watch for our book giveaways at local events.
Computer questions, we will try to help! Email, call or text! Ann at annvansnick3@gmail.com
250-203-8332



Sayward Library Hours:

Sunday - Monday: closed
Tuesday: 10am - 2:30pm
Wednesday - Thursday: 2:30pm - 7pm
Friday - Saturday: 10am - 2:30pm

It's time for Spring Cleaning!

If you have extra
garbage
to dispose of garbage
stickers can help!



Sayward Interchange Recycling

WE ACCEPT		WE DO NOT ACCEPT		
Used Oil	Used Antifreeze	Cooking Oil	Fuel Cans	Hazardous Waste
Oil & Antifreeze Containers	Used Oil Filters	Oil Barrels	Grease	Paint
		Sawdust	Transformer Oil	Cat Litter
		Brake Fluid	Rags	

If you have questions, or would like to drop off used oil products please call 250-830-4116



Got Extra Garbage? GARBAGE STICKERS FOR SALE



Each household is allowed two garbage receptacles (cans/bags) per week.

Additional receptacles (up to 77 liters/25 kgs) must have a garbage sticker on it for pick-up.



Village of Sayward
250-282-5512 • village@saywardvalley.ca

Strathcona Regional District
250-830-6700 • engineering@srd.ca

CENSUS JOBS

Statistics Canada is hiring for the 2026 Census!

Pay is \$25.87/hr for non-supervisory positions
and \$31.32/hr for supervisory positions

Apply today at
census.gc.ca/jobs

