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Bruce Fyfe 250-282-3301

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(250) 282-3204

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Susan Mallinson

Your Sayward Specialist

**Property** 

250-282-0045

**Dylan Woodward** 

Bedwell River Homes Shawn Sinclair

Email: brh@saywardvalley.net 1004 Sayward Road, Sayward, BC V0P 1R0

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**Hans Hoepfner** BC Master Electrician FSR B

DBA HIGH Electric TSBC License# LEL0013603

Tel: 250 201-0612 h.hoepfner84@gmail.com 721 Sayward RD Sayward, B.C.



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featured on



250-709-5234



### **SAYWARD FUTURES SOCIETY SAYWARD FOOD CENTRE** 250.282.0018

If you, or someone you know is experiencing food insecurity, please register with Sayward Health Clinic ~ 250.282.3815 or Sayward Ambulance Service ~ 250.230.4501





The Strathcona Regional District Regional Board Meetings for the year 2023 will be held at **12:30 PM** on the following dates:

January	Wednesday	11, 25
February	Wednesday	8, 22
March	Wednesday	15, 29
April	Wednesday	12, 26
May	Wednesday	10, 24
June	Wednesday	14, 28
July	Wednesday	19
August	Wednesday	16
September	Wednesday	13
October	Wednesday	11, 25
November	Wednesday	8, 22
December	Wednesday	13* @2pm

Strathcona Regional District Board and Committee meetings are livestreamed and can be viewed in real time on the **Strathcona Regional District YouTube Channel.** 

### **Elected Officials of the SRD**

### Area A Director

Gerald Whalley (250) 282-3787 gwhalley@srd.ca

### **Board of Directors Chair:**

Mark Baker (250) 203-5428 mbaker@srd.ca

### **Board of Directors Vice-Chair:**

Ron Kerr (250-)286-5708 rkerr@srd.ca

## Village of Sayward

The Village of Sayward Regular Council Meetings for the year 2023 will held in Council Chambers at 7:00 PM on the following dates:

January	Tuesday	3, 24		
February	Tuesday	7, 21		
March	Tuesday	21		
April	Tuesday	4, 18		
May	Tuesday	2, 16		
June	Tuesday	6, 20		
July	Tuesday	18		
August	Tuesday	15		
September	Tuesday	5		
October	Tuesday	3, 17		
November	Tuesday	21		
*November 7 Council meeting cancelled				
December	Tuesday	5, 19		

Request virtual attendance through a **Teams Meeting** link by emailing the village office at <a href="mailto:village@saywardvalley.ca">village@saywardvalley.ca</a>

### **Elected Officials of the Village of Sayward**

### Mayor:

Mark Baker (250) 203-5428 mark.baker@saywardvalley.ca

### Councillor:

Scott Burchett (604) 818-5558 scott.burchett@saywardvalley.ca
Kohen Gilkin (250) 201-1064 kohen.gilkin@saywardvalley.ca
Sue Poulsen (250) 282-0184 sue.poulsen@saywardvalley.ca
Tom Tinsley (250) 898-7067 tom.tinsley@saywardvalley.ca

### **Village of Sayward**

PO Box 29, 652 H'Kusam Way, Sayward B.C. VOP 1R0

Office hours: 9:00am-4:00pm (closed 12-1pm for lunch

and Statutory Holidays)

Phone: 250-282-5512 Email: village@saywardvalley.ca

Office Hours: 8:30am-4:30pm (closed Statutory Holidays)

Website: www.sayward.ca

### **Strathcona Regional District**

990 Cedar Street, Campbell River, B.C. V9W 7Z8

Phone: 250-830-6700 Email: info@srd.ca

Website: www.srd.ca



### **Trustee:**

Shannon Briggs (250) 282-3364 <a href="mailto:shannon.briggs@sd72.bc.ca">shannon.briggs@sd72.bc.ca</a>



### Provincial Government Member of Legislative Assembly:

Michele Babchuk 1-866-387-5100 or (250) 287-5100



### Federal Government Member of Parliament:

Rachel Blaney 1-250-287-9388 or 1-800-667-8404



## COMMUNITY SHARE SHED

Monday, Wednesday, Friday, & Sunday 8:00am-11:00am located beside the Sayward Recycling Depot

Donations accepted during opening hours only. No electronics, books, or clothing please







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- North Island Job Bank
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250-850-9931 B A R Facebook: Lavish Beauty Bar



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250-282-0087



### ITS THAT TIME OF YEAR AGAIN!

Every year Secret Santa, with the help of many in our community, provides Christmas hampers and gifts to families in the Village and Valley who could use a bit of

help to make Christmas a joy filled holiday.

Last year, we were able to provide hampers and gifts to approx.: 35 families and we expect the number to increase this year.

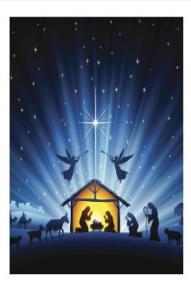
If you know of members in our community that could use a bit of help this year, please forward the address, names of the family members and ages of the children and any special dietary needs to the address below. cut off for nominations will be December 5 Donations will be gratefully accepted until December 10, 2023.

All donations of cash, toys and food are always greatly appreciated. If you are able to contribute to this worthy cause, please contact:

Debbie Grill @ 250-895-4500 or dbbgrill@gmail.com Donations are also accepted at the Village of Sayward office.

All information will be kept strictly confidential.

We appreciate your help in working towards a Merry Christmas for all. Sincerely, Secret Santa and his Elves.



CHRISTMAS CAROL SING

Saturday, December 23 at 6:30 p.m.

Sayward Christian Fellowship Church

740 Gentry Road

### Sayward Christian Fellowship



Everyone welcome bring appies/desert and a small gift to exchange.

Wear your favorite Christmas sweater or accessories.

At Christian fellowship December 10, 2023, doors open at 5pm.

### Sayward Christian



An angel from God said, "The virgin will be with child and will give birth to a son, and they will call him Immanuel" which means. "God with us.

Morning Service 11:00 AM 740 Gentry Rd.

Mark Johnson 250-282-3473 Bruce Fyfe 250-282-3301 https://saywardchristianfellowship.com/

**Everyone Welcome!** 

### **Local Organization Information**

AA Meetings: 250-282-0030

Crisis Line: 1-888-494-3888 *Available 24/7* 

Heritage Hall: 250-282-0192

heritagehall@saywardvalley.net

Kelsey Centre: 250-282-5500

kelseycentre@saywardvalley.ca

Mainroad Contracting: 1-877-215-7122 Available 24/7

Ocean View Gifts & Gallery: 250-282-0018

info@saywardfutures.ca

Royal Canadian Legion Branch #147: 250-895-4500

President - Debbie Grill

Saturday Farmer's Market: 250-282-3242 Barb 10:00am to 1:00pm Saturdays at Heritage Hall

Sayward Burial Park: 250-282-5512

Sayward Bursary: 250-282-3465 Marilyn Barry Sayward Christian Fellowship: 740 Gentry Road

Sunday Service at 11:00am 250-282-3301 Bruce Fyfe 250-282-3473 Mark Johnson Everyone Welcome!

Sayward Community Health Society: 250-850-7144

Charon Risdale: <a href="mailto:charonrids@gmail.com">charon Risdale: charonrids@gmail.com</a>
Meets - 6:30pm - 2<sup>nd</sup> Monday each month

Sayward Fish & Game

Meets - 7:30pm - last Wednesday of each month at Heritage Hall

Sayward Valley Folk Music Society: 250-282-0134

Bob Sampson <a href="mailto:rsampson@saywardvalley.net">rsampson@saywardvalley.net</a>

Sayward Futures Society: 250-282-0018

info@saywardfutures.ca

Sayward Food Centre: 250-282-0018

info@saywardfutures.ca

Sayward Garden Club: 250-282-3799 Alex Turner

Meets - 7:00pm - 2nd Thursday each month at Heritage Hall

**Sayward Harbour Authority** 

250-282-0178 Colin Read Executive Director 250-201-0612 Wharfinger Hans Hoepfner

Meets - 9:30am - Last Sunday each month at Harbour Office

Sayward Health Clinic: 250-282-3815

**Sayward Literacy Now** 

250-282-3851 Jan Bakker: <a href="mailto:bokkie.bakker@gmail.com">bokkie.bakker@gmail.com</a>
250-282-3450 Ann Vansnick: annv@saywardvalley.net

Sayward Post Office: 250-282-3223 Monday - Friday: 9:00am-5:00pm Saturday: 8:30am-12:30pm

St. Bernadette's Catholic Church: 963 Despins Road

Sunday Service at 11 am (3<sup>rd</sup> Sunday at 3:00pm)

VI Regional Library: 250-282-5551

Monday: Closed

Tuesday - Wednesday: 10:00am to 8:00pm Thursday - Saturday: 10:00am to 2:00pm

Sunday: 12:00pm to 4:00pm

### *In case of emergency – call 911*

Local Emergency Services Contact information for Non-Emergencies:



**Sayward RCMP** 250-282-5522



Sayward Volunteer Fire Department 250-282-5505 svfd@saywardvalley.ca



**Sayward Ambulance Station:** 250-282-3600



Sayward Emergency Program Emergency Program Coordinator:

Tom Tinsley 250-898-7067 epc@saywardvalley.ca



SRD Emergency Preparedness Program Protective Services Coordinator:

Shaun Koopman 250-830-6702 preparedness@srd.ca



## **Emergency Phone Notification System**

The Village of Sayward in conjunction with the Strathcona Regional District uses **Alertable** as our public emergency mass notification service.

**Alertable** can notify residents, visitors, and businesses of emergencies in a timely manner to people who subscribe to receive these alerts. It can also be used to notify residents of other non-emergency items such as scheduled road closures, power outages, water and sewer alerts, and much more. This service is free.

The system is compatible with mobile phones, tablets, computers or smart speakers. It can also send alerts via text message, voice calls to land lines, and e-mail.

The link to **sign up** for this system is located on the Village website here: <a href="https://www.sayward.ca/municipal-services/">https://www.sayward.ca/municipal-services/</a> emergency-services/alertsnotifications







### **Emergency Preparedness Corner**



Making Your List and Building It Thrice!

Here's a suggested list of items to have in your emergency kits. You should have three kits because "Thrice is Nice" – One for home, one at your workplace, and one in your car.

- Small first aid kit and your own personal medications.
- Water and ready to eat survival type food.
- Flashlight Hand crank or battery operated.
- Phone charger and battery bank back up.
- AM/FM Radio Hand crank or battery operated.
- Extra batteries for battery operated devices.
- Items of personal toiletries including extra glasses or contact lenses.
- Copy of your personal emergency plan and personal phone contacts.
- Copies of important documents such as identification and insurance.
- Seasonal clothing.
- Emergency blanket.
- Whistle.
- Notepad and Pen.
- Some cash in small bills and coins.

In an emergency situation you may need any one or more of your three emergency kits depending on where you are at the time. You should be prepared to survive in place without help for up to seven days.

Here's a reminder on some emergency related terms, processes, and resources in no priority order –

- Personal Grab & Go Emergency Kits Individuals are responsible to have their own ready.
- Evacuation Alert Means be prepared and ready to leave on short notice.
- Evacuation Order You are required to leave and register at the nearest available Emergency Operations Centre.
- Emergency Operation Centre (EOC) A resource to ensure people are accounted for and the Centre is also capable of providing some resources and support as needed.
- Sayward's Primary EOC location would be activated at the Kelsey Centre, the secondary EOC location if needed would be the
- Reliable sources of information include Major commercial and government radio stations, websites such as Emergency Management Climate Response (EMCR) BC, BC Wildfire Service, EOC Ham Radio Operations.

If you missed the last BC Great Shake Out day and Earthquake Preparedness Practice it's never too late to "Give Your Brain a Shake" by reading and remembering these basic reminders -

- Drop, Cover, Hold On": Drop to the ground, take cover under a table or desk and hold on if experiencing earthquake activity.
- Wait for the "shaking" to stop and count to 60 to allow objects that may have shifted during the shaking to settle, then cautiously come out of your safe DROP, COVER, HOLD ON location.
- Cautiously move outside to an open area.
- Move carefully and avoid broken glass and debris.

Here's a good motto to end off with – Dare to Prepare!

- Expect aftershocks.
- Check yourself and others for injury.

- -To learn about becoming an Emergency Support Services (ESS) Volunteer, email your Emergency Program Coordinator at epc@saywardvalley.ca and I will email you a PowerPoint presentation with more information for your potential consideration of this
- -- Sayward Walkie Talkie Wednesday 6:30PM to 7:00PM each Wednesday, continue to test your Walkie Talkie radio on channel 4 in that time slot and see who you can connect with.



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Updated Fees

January 1, 2024

### **Tipping Fee Changes**

Starting January 1st, 2024, solid waste tipping fees at the Comox Valley and Campbell River Waste Management Centres will be increasing to shift costs towards a 'user pay' model in an effort to reduce unnecessary waste going into the landfill. These updates are intended to encourage positive behavioural change aimed at reducing waste, thereby extending the life of the landfill, which ultimately saves money for all taxpayers.

### Did you know?

Food and yard waste currently make up about 30% of the total waste in Comox Valley and Campbell River landfills.

For more information, visit: www.cswm.ca/fees



## **FOR RENT**

3 bedroom country home

(one half of duplex)

\$1400.00/month

Available immediately

For information

Alex 250-282-3799



## Sayward Literacy Now 2023

If in need of help with your computer let me know!

Books! Check out our book houses. If you are in need I have books for children 0 to teens.

Merry Christmas to all and the best in 2024!

Ann Vansnick at <u>annvansnick3@gmail.com</u> 250-282-3450





Join us at the Sayward Royal Canadian Legion #147, 699 Sayward Road for BINGO:

Join us for Turkey bingo on December 10!





This is a friendly reminder that due to the Christmas and New Years statutory holidays, there will be no lab days for 2 weeks. December 18 will be the last lab day of the year, resuming January 8, 2024. Please plan ahead accordingly as the lab days book up quick.



The Sayward Health Clinic staff would like to wish everyone Happy Holidays and best wishes for the New Year



Public Health Nurse

### December

250-850-2110 press 1

2023



Please call the above provider directly to book an appointment. For NP Tracey please call clinic to book appointments. Thank you.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27 NP Tracey 9-5 Labs 9-11:30	NP Tracey 9-5	NP Tracey 9-5 Seniors Lunch at Kelsey Centre	NP Tracey 9-4	CLINIC CLOSED	2
3	4 NP Becky 9:30- 4 Labs 9:30 - 11:30	5 NP Becky 9-2:30	6 NP Becky 9-2	7 NP Becky 9-3	CLINIC CLOSED	9
10	NP Becky 9-4 Labs 9-11:30	NP Becky 10-3	NP Becky 9-4  Public Health Nurse	14 NP Becky 10-3	CLINIC CLOSED	16
17	18 NP Becky 9:30- 4 Labs 9:30 - 11:30	19 NP Becky 9-2:30	NP Becky 9-2	21 NP Becky 9-3	CLINIC CLOSED	23
24	CLINIC CLOSED	26 CLINIC CLOSED	27 NP Tracey 9-5	28 NP Tracey 9-4	CLINIC CLOSED	30

This Schedule is subject to change...

We will reopen on January 2, 2024.

Masks are once again mandatory at Island Health Sites

Clinic Phone (250) 282-3815 Fax (250) 282-0040



## SAYWARD FUTURES SOCIETY Our Community, Our Future

# OCEANVIEW GALLERY & CAFE

# CHRISTMAS \*SALE\*

Saturday, December 2, 2023 10:00am to 4:00pm

### SAYWARD FOOD PROGRAM

The astronomical rise in the cost of living is having a terrible impact. If you or someone you know is experiencing food insecurity, please register for our monthly food program with the Sayward Health Clinic  $\sim 250.282.3815$  or the Sayward Ambulance  $\sim 250.230.4501$ .

In addition, we would like to gratefully acknowledge the Heritage Hall board of directors as they have graciously opened their doors to the Sayward Futures Society volunteers in order to accommodate the sorting and distribution of our monthly food boxes — thank you!

Kyuquot-Nootka / Sayward News
Strathcona Regional District (Area 'A')



Nov. 19, 2023

### **Strathcona Gardens Service Expansion**

First of all, I would like to thank everyone who wrote emails, or letters, or signed the petition expressing our opposition to being forced to pay for the operation of Campbell River and Area D's Strathcona Gardens Complex. Your strong community response gave me undeniable evidence to present to the Strathcona Regional District Board Table that Sayward is unequivocally and adamantly opposed to this undemocratic service expansion initiative. This is important because the expansion of an existing service is technically not a "new" service, and therefore the regional District is not legally required to consult with or to seek approval of the electorate. This issue has not yet come up for a final vote.

### **New Regional Housing Service**

The Strathcona Regional District (SRD) Board is currently proceeding with a new Regional Housing Service that will be authorized to borrow up to \$10 million to develop land and build low-cost housing. Geographically, Area A is unique within the SRD because our land base is predominately Agriculture Land Reserve and Industrial Tree Farm License which cannot be subdivided for housing developments. Therefore, we will not benefit from this service. Nevertheless, we will be forced to join and inevitably pay taxes to support it. This Housing Service is a "new" service, and as such the SRD must first obtain the consent of the electorate in order to establish it. As is frequently done, rather than hold a referendum, which may not produce the result that the majority of Directors want, the SRD is holding an Alternate Approval Process (AAP). This process is designed so that if less than 10% of qualified voters formally oppose it, then the new service is deemed to be approved. An elector's opposition is only valid when the Official Response Form is used, which is available at https://srd.ca/regional-housingaap/ at the bottom of that web page. There are 34,560 electors in the entire SRD who are eligible to vote, so therefore at least 10% of these (which equals 3,456 gualified electors) would have to submit written objections before the deadline of 12:00 noon on January 2, 2024, for this new service to be defeated.

If you have any questions on these or any other issues, please do not hesitate to contact me.

Gerald Whalley

Regional Director (Area 'A')

Phone: 250-282-3787

gwhalley@srd.ca

### **Upcoming Event's**

Are you alone this
Christmas? Register for a Christmas
dinner. Dec.23 For more information
contact

Ann 250-203-8332

annvansnick3@gmail.com

Sign up by Dec. 12th

Senior's Christmas Dinner Postponed until January 28th at 2 pm

New date and time. Please register by calling or email hall If you already registered you don't have to re-register!

Merry Christmas to all and the best to you and yours in 2024

The Directors of the SCRA-Heritage Hall

### SCRA – Heritage Hall Happenings

1257 Sayward Rd 250-282-0192 heritagehallscra@gmail.com (NEW EMAIL)

Monthly Meeting
Tuesday Dec 12 at 7
pm.
(New date and time)

All Welcome

Sayward Families and Children Connect

For young children and their parents and caregivers.

This friendly drop-in program is free and fun!

Crafts, snacks, drinks and a light lunch provided.





### December Schedule:

Saturday, December  $2^{nd}$  at the Heritage Hall from 11:00am – 2:00pm.

Saturday, December 9th at the Heritage Hall from 11:00am - 2:00pm.

Saturday, December 16th at the Kelsey Centre: Christmas Party from 5:00pm - 8:00pm. Coloring & free books from Sayward Literacy Now!

There will not be a session on Saturday, December  $23^{rd}$  as it is too close to the Christmas holidays.

Saturday, December 30th at the Heritage Hall from 11:00am -2:00pm. Heritage Hall: 1257 Sayward Road. Kelsey Centre: 652 H'Kusam Way.



For more information contact Ann Vansnick

<u>saywardfamilynavigator@gmail.com</u> or phone/text 250-203-8332

<u>Children must be accompanied by an adult.</u>

Supported by a grant from United Way

British Columbia Central and Northern Vancouver Island

Sayward Volunteer Fire and Resease Department

### **ANNUAL SANTA RUN**

**DECEMBER 24, 2023** 

starting at 5:30 p.m.
Open to all children – 12 years and under

Santa will come to your door
Christmas Eve in the fire truck and
give out a bag of goodies.
He may drop off a present if you
let him know in advance by contacting the fire hall.

Parents can sign up by leaving your Name and Phone number at 250-282-5505 or email svfd@saywardvalley.ca and we will get back to you.

Names will be received until December 22, 2023

BE GOOD AND WE'LL SEE YOU ON CHRISTMAS EVE.

Special Note this Tradition has been going by the Fire Dept. for Over 50 years.



The Kelsey Centre would like to extend our sincerest thanks to all who donated to our Teen Night program and to our silent auction tables! Thank you for helping us provide the best activities possible!

# Thank You!

Home Hardware • Sleep Country • Dogwood Pet Mart • Spinners Sports • Suzanne's & Jenny's • Inland Kenworth • Shelter Point Distillery • Zyia Active Wear • Andres Electronics • Ridge Rider • Mystic Earth Creations • Beach Fire Brewing Co • Epicure • Gowlland Towing • Matthew Collins • Flying Fur • Bosslady Lashes & Hair • The Source • Balloons N' More • Raspberry Rascals • Staples Depot • Debbie Reusch • Trophy West • Wakash Contracting • Seniors Carpet Bowling • J4 Electric • Crossroads Restaurant & Pub • Sayward Valley Resort • Susan Mallinson • Flatout Welding • Superstore • Sayward Legion • MNP • Grow Mushrooms Canada • Heart and Soul Muay Thai • Bikesmith • Napa Autoparts • Braun Forestry Consulting • Robinwood • Pair-a-Dice Games • Westcoast Tees • Popsey • Lavish Beauty Bar • Advanced • Fern Frond Apparel

652 H'Kusam Way Sayward, BC

250 282 5500

## TEEN NIGHTS N DECEMBER

### DECEMBER 1ST

REGULAR SHENANIGANS AT THE KELSEY CENTRE **GAMES, CHICKEN NUGGETS & FRIES** 

### DECEMBER 2ND

ON THE ROCKS CLIMBING GYM **OUTING FOR BOYS LUNCH PROVIDED** IOAM-3PM **6 SPOTS AVAILABLE CALL TO REGISTER** 

### DECEMBER 3RD

ON THE ROCKS CLIMBING GYM **OUTING FOR GIRLS LUNCH PROVIDED 6 SPOTS AVAILABLE CALL TO REGISTER** 

### DECEMBER 8TH

TEENS WILL HAVE THE OPPORTUNITY TO MAKE **CHRISTMAS GIFTS!** CORN CHOWDER AND BUNS FOR DINNED §

### DECEMBER 15TH

-CHRISTMAS TRUCK PARADE -TEENS WILL WATCH THE PARADE AS A GROUP WITH HOT CHOCOLATE & **MUFFINS** 

### DECEMBER 22ND

END OF THE YEAR PJ PARTY GINGERBREAD HOUSE MAKING COMPETITION ( PANCAKES & BACON 6-8PM

SAYWARD BC



. Bounceramas!

Photos with Santa!

Christmas crafting!

. Concession will be open, and there will be hotdogs for \$2.50!

. FREE admission!

652 H'Kusam Wav Sayward, BC 250 282 5500



The Kelsey Centre Presents,

## Family Skating Event!

December 30th 4:15pm-6pm

At Strathcona Gardens

In Arena #1

Join us in Campbell River at Strathcona Gardens for a FREE community event!

Skate rentals available for \$1.60, helmets required!

652 H'Kusam Wa Sayward, BC 250 282 5500



**January 1st 2024 - 12pm** 

### POLAR BEAR SWI

Join the Kelsey Centre's own Cassie Schmidt for the annual Polar Bear swim! Swim starts at 12pm at the boat launch beach!

Hot chocolate and muffins for sale by donation.

Followed by a beach fire, everyone welcome!







Village of Sayward

## As the winter months set in, gardeners watch for a day when it is not raining or protect their roots from the frost. At the same time, you can dig out the grasses and other weeds. Unprinted cardboard, leaves, sawdust, wood shavings and chips can

Organic growers are building compost for next spring. During the heavy winter rains, it is important to keep the compost tarped over so that the rain does not leach out the needed soluble nutrients. The pile should be moist like a wrung-out sponge.

Garden Club News

freezing to be outdoors in the garden. Now is the time to mulch flower plants to

The November Garden Club meeting provided an opportunity to learn the fine points of growing garlic. Barb Clark generously shared her "secrets" to growing garlic with big cloves. Even those with years of garlic growing experience learned some new techniques.

The Thursday, December 12<sup>th</sup> meeting will have two parts. To start the evening, we will hold our Christmas potluck dinner starting at 5:30. This has always been a great event with members bringing their favorite dishes. Following the dinner and our usual round table discussion we will be constructing various Christmas decorations. Wreathes, center pieces, candle holders and other novelty decorations will be made from local materials. For those who will be missing the dinner please arrive around 7:00 for this activity. Please bring boughs, holly, wreath frames and hand tools, but even empty-handed, please come and join us for this fun evening.

## No Parking

all be used as mulch.

on boulevards between

**November 15th to** March 15th

to help Public Works in clearing snow and ice to keep you safe.



Each household is allowed two garbage receptacles (cans/bags) per week.

Got Extra Garbage?

**GARBAGE STICKERS FOR SALE** 

Additional receptacles (up to 77 liters/25 kgs) must have a garbage sticker on it for



### WHERE TO PURCHASE GARBAGE STICKERS?

Village of Sayward - \$5.00 each

SRD (Sayward Valley) - \$3.50 each

## CLEAN AIR & COMFORT FOR YOUR HOME PROGRAM ENDS DEC. 31/23 CASH REBATES OF + FREE MOISTURE METER + DEALER DISCOUNTS MAY APPLY Limited Quantities **EXCHANGE YOUR OLD WOOD STOVE** FOR A NEW HIGH EFFICIENCY HEAT PUMP **ELECTRIC INSERT, WOOD OR PELLET STOVE & SAVE** For More Info - www.srd.ca/woodstove

Questions? Please Contact - 250-830-6718 | rebates@srd.ca







## Adult Swim Lessons! Monday's & Wednesday's

Group class: Dec 6th-Dec 20th

10:30am - 11:15am \$35.00 for 5 sessions Call for more details!

### Private Lesson: Dec 18th. Dec 20th

2:30pm-3:15pm
3:15pm-4pm
4pm-4:45pm
\$30.00 per lesson
Private 1 on 1 with the swim instructor



652 H'Kusam Way Sayward, BC 250 282 5500









Weekly Trips to Campbell River December 14, 2023 December 21, 2023

The Age Friendly Van is for anyone over the age of 19 years.

The van will pick you up and drop you off at your home. Pick up time after 9am at your location.

The driver will take you to appointments, shopping or any other destinations required.

Return time to Sayward may vary from trip to trip, depending on the riders needs.

Sayward Van will

arrive back in Sayward no later then 5pm unless

arrangements are discussed in advanced and approved.

Cost is by Donation

Please call the Village Office the day before by Noon.

250-282-5512 ext. 0

Subject to Change due to Weather Conditions





### December 2023



### **KELSEY CENTRE GYM & WEIGHT ROOM SCHEDULE**

MONDAY	WEDNESDAY	FRIDAY	SUNDAY	<u>DECEMBER</u>
9:00am - 7:00pm	9:00am - 7:00pm	12:00pm - 8:00pm	1:00pm-5:00pm	<u>SPECIAL</u>
WEIGHT ROOM	WEIGHT ROOM	WEIGHT ROOM	WEIGHT ROOM	<u>EVENTS</u> :
9:00AM - 7:00PM	9:00AM – 7:00PM	12:00PM - 8:00PM	1:00PM - 5:00PM	KELSEY CENTRE
				CLOSED:
AEROBICS	SENIORS	55+ SOCIAL	55+ SOCIAL	CHRISTMAS BREAK DEC 23-JAN 2
ALL FITNESS LEVELS	CARPET BOWLING	12:00PM - 2:00PM	1:00PM - 3:00PM	SENIORS
9:30AM - 10:30AM	9:15AM -11:45AM	CARDS & COFFEE	CRAFTING	LUNCHEON:
DROP IN	FREE PROGRAM	FREE PROGRAM	FREE PROGRAM	NO LUNCHEON
				ANNUAL KIDS
PARENT & TOT	AEROBICS	AFTER SCHOOL PRO-	FAMILY GYM	CHRISTMAS PARTY:
GYM TIME	ALL FITNESS LEVELS	GRAM	3:00 - 5:00PM	DEC 15TH 5:00PM -
10:45AM - 1:45PM	1:00PM – 2:00PM	5-11 years	ADULT MUST	8:00PM TEEN GROUP
DROP IN \$2.00	DROP IN	2:30PM - 4:30PM	<u>ACCOMPANY</u>	OUTTING:
			<u>CHILD</u>	DECEMBER 2ND &
			FAMILY RATE	3RD <u>CALL</u> FOR
			<u>\$5.00</u>	MORE DETAILS
AFTER SCHOOL	AFTER SCHOOL	AEROBICS		KELSEY CENTRE
PROGRAM	PROGRAM	ALL FITNESS LEVELS		FREE COMMUNITY
5-11 years	5-11 YEARS	5:30PM - 6:30PM		SKATE: DECEMBER 30TH @
2:30pm - 4:30pm	2:30PM - 4:30PM	<u>DROP IN</u>		STRATHCONA GAR-
				DENS 4:15PM -
AEROBICS	AEROBICS	TEEN NIGHT		6:00PM RINK # 1
ALL FITNESS LEVELS	ALL FITNESS LEVELS	11 YEARS & UP		CHRISMAS CRAFT-
5:00PM – 5:45PM	5:00PM - 6:00PM	6:00PM - 8:00PM		<b>ING:</b> PLAN H GRANT 50+ 1:00—3:000PM
DROP IN	<u>DROP IN</u>	<u>FREE</u>		DECEMER 3RD &
OPEN GYM	OPEN GYM			10TH
FLOOR HOCKEY	BADMINTON			CALL TO REGISTER
6:00PM -7:00PM	6:00PM - 7:00PM			
DROP IN 11+	<u>Call to Sign up</u>			

# Merville Mennonite Church

Invites you to join us for a

Sing-Along

Location: Sayward Heritage Hall

1257 Sayward rd.

December 11, 2023

4:00-5:00 pm.

Refreshments served afterwards

For inquires contact: Nevin Zimmerman

250-201-1889





### **DECEMBER 2023**



250-282-5500

### **KELSEY CENTRE POOL SCHEDULE**

MONDAY	WEDNESDAY	FRIDAY	SUNDAY
9:00am - 7:00pm	9:00am - 7:00pm	12:00pm - 8:00pm	1:00pm - 5:00pm
LANE & LEISURE SWIM	LANE & LEISURE SWIM	LANE & LEISURE SWIM	EVERYONE WELCOME
9:00AM – 10:30AM	9:00AM – 10:30AM	12:00PM- 1:30PM	1:15PM - 3:00PM
ALL FITNESS LEVELS	ALL FITNESS LEVELS	ALL FITNESS LEVELS	<u>UNDER 7 YRS WITH ADULT</u>
PARENT & TOT LESSON	PARENT & TOT LESSON	PARENT & TOT SWIM	PRE SCHOOL LESSONS
NOV 6TH - DEC 4TH	NOV 6TH - DEC 4TH	1:30PM - 2:45PM	3:00PM - 4:30PM
MONDAY & WEDNESDAY	MONDAY & WEDNESDAY	<u>DROP IN</u>	NOV 24TH - DEC 17TH
10:30AM - 11:00AM	10:30AM - 11:00AM		FRIDAY'S & SUNDAY"S
AQUA FIT (Sheri)	AQUA FIT (Sheri)	PRE SCHOOL LESSONS	
SHALLOW WATER CLASS	SHALLOW WATER CLASS	3:00PM - 4:30PM	
11:00AM-11:45AM	11:00AM-11:45AM	NOV 24TH - DEC 17TH	
LANE OPEN & HOT TUB	LANE OPEN & HOT TUB	FRIDAY'S & SUNDAY'S	
	SAYWARD SCHOOL	EVERYONE WELCOME	
	PROGRAM	4:45PM - 7:00PM	
	1:00PM - 2:00PM	Dec 15th EW swim	
		<u>4:45 - 6:00pm</u>	
LEVEL 1-6 LESSONS	LEVEL 1-6 LESSONS	AQUA FIT	
6-12yrs	6-12yrs	(Michelle & Sheri)	
2:45PM - 4:45PM	2:45PM- 4:45PM	<u>DEEP WATER MODERATE</u>	
NOV 6TH - DEC 13TH	NOV 6TH - DEC 13TH	7:00pm-8:00pm	
	MONDAY & WEDNESDAY	LANE OPEN & HOT TUB	
		No class dec 15th	
EVERYONE WELCOME	EVERYONE WELCOME		
4:45PM - 6:00PM	4:45PM - 7:00PM		
<u>Under 7ys with adult</u>	<u>Under 7 years with adult</u>		
AQUA FIT			
(Michelle & Sheri)			
DEEP WATER MODERATE			
6:00pm-7:00pm			
LANE OPEN & HOT TUB			

### **DECEMBER SPECIAL EVENTS:**

DEEP AQUAFIT: DEC 8TH INSTRUCTOR (MICHELLE)

DEC 4TH: LESSON SET ENDS - PARENT & TOT

DEC 13TH: LESSON SET ENDS - SWIMMER 1-6

DEC 17TH: LESSON SET ENDS - PRE-SCHOOL 3-5YRS

DEC 23 - JAN 2ND: CENTRE CLOSED

DEC 17th: SANTA SWIM 1:15PM - 3PM

DEC 6-20TH: ADULT GROUP SWIM LESSON MON & WED

DEC 18 & 20TH: PRIVATE ADULT LESSONS ONE ON ONE



Join us for our Third Annual

## Light up the Village and Valley of Sayward

FREE, FUN FILLED, FAMILY FESTIVITIES

Friday, December 15th, 2023

# LIGHT UP YOUR HOME.... We'll be giving out locally sponsored prizes in both the Village and the Valley for the best light displays.

Nominate someone you know, or register yourself with the Village Office: call 250-282-5512 or email: village@saywardvalley.ca

Judging will take place on the evening of Dec. 15th by Sayward's Mayor & Councillors, as well as the Area A Director.



Sincere thanks go to the many volunteers who helped coordinate this event and the generous donations of our local businesses for the light prizes:

Sayward Valley Resort and RV Park
Mid Island CO-OP
Crossroads Restaurant and Pub
Sayward Futures Society
Special thanks go out to the Sayward Volunteer Fire Department.

### SELFIES WITH SANTA ....

Watch for Santa! He will be in the Village Gazebo after the light parade available for you take a selfie with him!



The Light Parade, which departs Crossroads
Restaurant parking lot at 6:00pm, ends at the
Village Gazebo where hot chocolate and
hotdogs will be served.

(sponsored by Sayward Futures Society)

We'll wrap up the evening by announcing the winners of the best light displays and the lighting up of a Village tree.

This is a free event, but we will be collecting donations for the foodbank.

All foodbank donations will go towards local families in need.

Please check expiry dates before donating.