



FEBRUARY 2024

250-282-5500



KELSEY CENTRE GYM & WEIGHT ROOM SCHEDULE

MONDAY 9:00am - 7:00pm	WEDNESDAY 9:00am - 7:00pm	FRIDAY 12:00pm - 8:00pm	SUNDAY 1:00pm-5:00pm
WEIGHT ROOM 9:00AM - 7:00PM	WEIGHT ROOM 9:00AM - 7:00PM	WEIGHT ROOM 12:00PM - 8:00PM	WEIGHT ROOM 1:00PM - 5:00PM
AEROBICS ALL FITNESS LEVELS 9:30AM - 10:30AM <u>DROP IN</u> <u>NO CLASS TILL JAN 15TH</u>	SENIORS CARPET BOWLING 9:15AM - 11:45AM <u>FREE PROGRAM</u>	55+ SOCIAL 12:00PM - 2:00PM CARDS & COFFEE <u>\$2.00 DROP IN FEE</u>	
PARENT & TOT GYM TIME 10:45AM - 1:45PM <u>DROP IN \$2.00</u>	AEROBICS ALL FITNESS LEVELS 1:00PM - 2:00PM <u>DROP IN NO CLASS</u> <u>JAN 17TH</u>	AFTER SCHOOL PROGRAM 5-11 years 2:30PM - 4:30PM	
AFTER SCHOOL PROGRAM 5-11 years 2:30pm - 4:30pm	AFTER SCHOOL PROGRAM 5-11 YEARS 2:30PM - 4:30PM	AEROBICS ALL FITNESS LEVELS 5:30PM - 6:30PM <u>DROP IN NO CLASS TILL</u> <u>JAN 19TH</u>	FAMILY GYM 3:00 - 5:00PM <u>ADULT MUST</u> <u>ACCOMPANY CHILD</u> <u>FAMILY RATE \$5.00</u>
AEROBICS ALL FITNESS LEVELS 5:00PM - 5:45PM <u>DROP IN</u> <u>NO CLASS TILL JAN 15TH</u>	AEROBICS ALL FITNESS LEVELS 5:00PM - 6:00PM <u>DROP IN</u> <u>NO CLASS TILL JAN 15TH</u>	TEEN NIGHT 11 YEARS & UP 6:00PM - 8:00PM <u>FREE PROGRAM</u>	 
OPEN GYM FLOOR HOCKEY 6:00PM - 7:00PM <u>DROP IN</u>	OPEN GYM BADMINTON 6:00PM - 7:00PM <u>Call to Sign up</u>		

FEBRUARY SPECIAL EVENTS:

TEEN KELSEY CENTRE SLEEPOVER: FEBRUARY 9TH 6:00PM - 9:00AM **REGISTRATION REQUIRED**

SENIORS LUNCHEON: FEBRUARY 14TH 12:00PM - 1:00PM

FOLK MUSIC CONCERT: FEBRUARY 11TH 7:00PM - 9:00PM

PRO - D DAY CAMP: FEBRUARY 16TH 1:30PM - 4:30PM

FAMILY DAY: FEBRUARY 19TH CENTRE CLOSED

Teen sushi Night: February 23rd 6:00PM - 9:00PM **REGISTRATION REQUIRED**