



NOVEMBER 2023

250-282-5500



KELSEY CENTRE POOL SCHEDULE

MONDAY 9:00am - 7:00pm	WEDNESDAY 9:00am - 7:00pm	FRIDAY 12:00pm - 8:00pm	SUNDAY 1:00pm - 5:00pm
LANE & LEISURE SWIM 9:00AM – 10:30AM <u>ALL FITNESS LEVELS</u>	LANE & LEISURE SWIM 9:00AM – 10:30AM <u>ALL FITNESS LEVELS</u>	LANE & LEISURE SWIM 12:00PM – 1:30PM <u>ALL FITNESS LEVELS</u>	EVERYONE WELCOME 1:15PM - 3:00PM <u>UNDER 7 YRS WITH ADULT</u>
PARENT & TOT LESSON NOV 6TH - DEC 4TH <u>MONDAY & WEDNESDAY</u> 10:30AM - 11:00AM	PARENT & TOT LESSON NOV 6TH - DEC 4TH <u>MONDAY & WEDNESDAY</u> 10:30AM - 11:00AM	PARENT & TOT SWIM 1:30PM - 2:45PM <u>DROP IN</u>	PRE SCHOOL LESSONS 3:00PM - 4:30PM NOV 24TH - DEC 17TH <u>FRIDAY'S & SUNDAY'S</u>
AQUA FIT (Sheri) SHALLOW WATER CLASS 11:00AM-11:45AM <u>LANE OPEN & HOT TUB</u>	AQUA FIT (Sheri) SHALLOW WATER CLASS 11:00AM-11:45AM <u>LANE OPEN & HOT TUB</u>	PRE SCHOOL LESSONS 3:00PM - 4:30PM NOV 24TH - DEC 17TH <u>FRIDAY'S & SUNDAY'S</u>	
	SAYWARD SCHOOL PROGRAM 1:00PM - 2:00PM	EVERYONE WELCOME 4:45PM - 7:00PM <u>Under 7 years of age</u>	
LEVEL 1-6 LESSONS 6-12yrs 2:45PM - 4:45PM NOV 6TH - DEC 13TH <u>NO LESSON NOV 13TH</u>	LEVEL 1-6 LESSONS 6-12yrs 2:45PM - 4:45PM NOV 6TH - DEC 13TH <u>MONDAY & WEDNESDAY</u>	AQUA FIT (Michelle & Sheri) <u>DEEP WATER MODERATE</u> 7:00pm-8:00pm <u>LANE OPEN & HOT TUB</u>	
EVERYONE WELCOME 4:45PM - 6:00PM <u>Under 7ys with adult</u>	EVERYONE WELCOME 4:45PM - 7:00PM <u>Under 7 years with adult</u>		
AQUA FIT (Michelle & Sheri) <u>DEEP WATER MODERATE</u> 6:00pm-7:00pm <u>LANE OPEN & HOT TUB</u>			

NOVEMBER SPECIAL EVENTS:

NOV 1ST: TOONIE SWIM & GAMES 12:30 - 2:00PM

NOV 6TH & 24TH : DEEP WATER CLASS- INSTRUCTOR (MICHELLE)

NOV 5TH: FIRST SUNDAY OPEN

NOV 17th: MERMAID SWIM 4:45 - 7:00PM

NOV 6TH: NEW LESSON SET—PARENT & TOT

NOV 6TH: NEW LESSON SET - SWIMMER 1-6

NOV24TH: NEW LESSON SET - PRE- SCHOOL 3-5YRS