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 <b>FLAT OUT</b> EXCAVATION & BOBCAT SERVICES 480 Howes Rd Sayward, B.C. V0P 1R0 Michelle Brickwood (250) 203-6297 shellyddavis@hotmail.com	 Premium, Midgrade & Regular gas, Diesel fuel, Propane Auto & Cylinder <a href="http://www.midislandcoop.crs">www.midislandcoop.crs</a> Fuel 6AM - 9PM Liquor 9AM - 9PM Food 10AM - 6PM	 <b>Susan Mallinson</b> Your Sayward Specialist C: 250-203-3545 O: 250-286-3293 <a href="mailto:susanmallinson@royallepage.ca">susanmallinson@royallepage.ca</a>
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 <b>Hans Hoepfner</b> BC Master Electrician FSR B DBA HIGH Electric TSBC License# LEL0013603 Tel: 250 201-0612 h.hoepfner84@gmail.com 721 Sayward RD Sayward, B.C. V0P1R0	 <b>GREY ROCK ENTERPRISES</b> ESTD 2022 Call Milo at 250-282-5577 or greyrock5577@gmail.com	 <b>WHITE RIVER RESORT</b> SAYWARD, B.C. RIVERFRONT CAMPING/RV AND CABINS 250-282-0117 saywardwhiteriver@gmail.com Full service Cabins WI-FI
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- Special Features inside this issue:***
- Oct 4: Kelsey Centre Pool re-opens!
  - Oct 4 & 18: Senior Luncheons
  - Oct 15: Bob Sampson plays at the Kelsey Centre
  - Oct 21: Music Trivia with Lyle
  - Oct 21 & 22: Sayward Clean Up Days
  - Oct 31: SVFD Annual Halloween Treat Night







The Strathcona Regional District Regional Board Meetings for the year 2023 will be held at **12:30 PM** on the following dates:

January	Wednesday	11, 25
February	Wednesday	8, 22
March	Wednesday	15, 29
April	Wednesday	12, 26
May	Wednesday	10, 24
June	Wednesday	14, 28
July	Wednesday	19
August	Wednesday	16
September	Wednesday	13
October	Wednesday	11, 25
November	Wednesday	8, 22
December	Wednesday	13* @2pm

Strathcona Regional District Board and Committee meetings are livestreamed and can be viewed in real time on the **Strathcona Regional District YouTube Channel**.

### Elected Officials of the SRD

#### Area A Director

Gerald Whalley (250) 282-3787 [gwhalley@srd.ca](mailto:gwhalley@srd.ca)

#### Board of Directors Chair:

Mark Baker (250) 203-5428 [mbaker@srd.ca](mailto:mbaker@srd.ca)

#### Board of Directors Vice-Chair:

Ron Kerr (250-)286-5708 [rkerr@srd.ca](mailto:rkerr@srd.ca)

### Village of Sayward

PO Box 29, 652 H'Kusam Way, Sayward B.C. V0P 1R0

Office hours: 9:00am-4:00pm (closed 12-1pm for lunch and Statutory Holidays)

Phone: 250-282-5512 Email: [village@saywardvalley.ca](mailto:village@saywardvalley.ca)

Website: [www.sayward.ca](http://www.sayward.ca)

### Strathcona Regional District

990 Cedar Street, Campbell River, B.C. V9W 7Z8

Office Hours: 8:30am-4:30pm (closed Statutory Holidays)

Phone: 250-830-6700 Email: [info@srd.ca](mailto:info@srd.ca)

Website: [www.srd.ca](http://www.srd.ca)



Village of  
Sayward

The Village of Sayward Regular Council Meetings for the year 2023 will held in Council Chambers at **7:00 PM** on the following dates:

January	Tuesday	3, 24
February	Tuesday	7, 21
March	Tuesday	21
April	Tuesday	4, 18
May	Tuesday	2, 16
June	Tuesday	6, 20
July	Tuesday	18
August	Tuesday	15
September	Tuesday	5
October	Tuesday	3, 17
November	Tuesday	7, 21
December	Tuesday	5, 19

Request virtual attendance through a **Teams Meeting** link by emailing the village office at [village@saywardvalley.ca](mailto:village@saywardvalley.ca)

### Elected Officials of the Village of Sayward

#### Mayor:

Mark Baker (250) 203-5428 [mark.baker@saywardvalley.ca](mailto:mark.baker@saywardvalley.ca)

#### Councillor:

Scott Burchett (604) 818-5558 [scott.burchett@saywardvalley.ca](mailto:scott.burchett@saywardvalley.ca)  
Kohen Gilkin (250) 201-1064 [kohen.gilkin@saywardvalley.ca](mailto:kohen.gilkin@saywardvalley.ca)  
Sue Poulsen (250) 282-0184 [sue.poulsen@saywardvalley.ca](mailto:sue.poulsen@saywardvalley.ca)  
Tom Tinsley (250) 898-7067 [tom.tinsley@saywardvalley.ca](mailto:tom.tinsley@saywardvalley.ca)

#### Trustee:

Shannon Briggs (250) 282-3364  
[shannon.briggs@sd72.bc.ca](mailto:shannon.briggs@sd72.bc.ca)



#### Provincial Government Member of Legislative Assembly:

Michele Babchuk 1-866-387-5100 or (250) 287-5100

#### Federal Government Member of Parliament:

Rachel Blaney 1-250-287-9388 or 1-800-667-8404



## COMMUNITY SHARE SHED

**Monday, Wednesday, Friday, &  
Sunday 8:00am-11:00am**  
**located beside the Sayward  
Recycling Depot**

**Donations accepted during opening  
hours only. No electronics, books,  
or clothing please**



Village of  
Sayward

The MOUHSS is a  
**Mobile Outreach Unit for  
Health and Support  
Services.**



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### Village (by the Campground)

**Mondays 9:30am -  
11:00 am**

### Junction (by the Gas Station)

**Mondays 11:30am -  
1:00pm.**

**For more  
information call  
Leanne McIntee:  
250-203-9713**



A mobile unit that provides services like counselling, senior supports, parenting support, financial navigation, mental health practitioner, clothing, snacks/food, harm reduction supplies, access to OAT (Opioid Agonist Therapy), substance use treatment enrollment, victims services, court navigation, & nutrition support

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**Contact: [saywardnews@gmail.com](mailto:saywardnews@gmail.com)  
Deadline is the 20th of the month  
Publication is the last day of the month**





## ITS THAT TIME OF YEAR AGAIN!

Every year Secret Santa, with the help of many in our community, provides Christmas hampers and gifts to families in the Village and Valley who

could use a bit of help to make Christmas a joy filled holiday.

Last year, we were able to provide hampers and gifts to approx: 35 families and we expect the number to increase this year.

If you know of members in our community that could use a bit of help this year, please forward the **address, names** of the family members and **ages of the children** and any **special dietary needs** to the address below.

All donations of cash, toys and food are always greatly appreciated. If you are able to contribute to this worthy cause, please contact :

Debbie Grill @ 250-895-4500 or dbbgrill@gmail.com  
Donations are also accepted at the Village of Sayward office.

All information will be kept strictly confidential.

We appreciate your help in working towards a Merry Christmas for all.

Sincerely, Secret Santa and his Elves.

## Sayward Christian



### QUOTE

Morning Service 11:00 AM  
740 Gentry Rd.

Mark Johnson 250-282-3473  
Bruce Fyfe 250-282-3301

## Everyone Welcome!



## Samaritans Purse Shoeboxes

Are here – to be filled for children  
in needy countries, and to be  
returned by early November.

Phone Crystal Johnson at:

250-282-3467



Driving in winter conditions? Plan ahead.



Know before you go | DriveBC.ca | ShiftIntoWinter.ca

See an issue on North Island highways?

Report road hazards and share feedback to  
24HR Public Info Hotline: 1-877-215-7122

## Local Organization Information

AA Meetings: 250-282-0030

Crisis Line: 1-888-494-3888 Available 24/7

Heritage Hall: 250-282-0192

[heritagehall@saywardvalley.net](mailto:heritagehall@saywardvalley.net)

Kelsey Centre: 250-282-5500

[kelseycentre@saywardvalley.ca](mailto:kelseycentre@saywardvalley.ca)

Mainroad Contracting: 1-877-215-7122 Available 24/7

Ocean View Gifts & Gallery: 250-282-0018

[info@saywardfutures.ca](mailto:info@saywardfutures.ca)

Royal Canadian Legion Branch #147: 250-895-4500

President - Debbie Grill

Saturday Farmer's Market: 250-282-3242 Barb

10:00am to 1:00pm Saturdays at Heritage Hall

Sayward Burial Park: 250-282-5512

Sayward Bursary: 250-282-3465 Marilyn Barry

Sayward Christian Fellowship: 740 Gentry Road

Sunday Service at 11:00am

250-282-3301 Bruce Fyfe

250-282-3473 Mark Johnson

Everyone Welcome!

Sayward Community Health Society: 250-850-7144

Charon Risdale: [charonrids@gmail.com](mailto:charonrids@gmail.com)

Meets - 6:30pm - 2<sup>nd</sup> Monday each month

Sayward Fish & Game

Meets - 7:30pm - last Wednesday of each month  
at Heritage Hall

Sayward Valley Folk Music Society: 250-282-0134

Bob Sampson [rsampson@saywardvalley.net](mailto:rsampson@saywardvalley.net)

Sayward Futures Society: 250-282-0018

[info@saywardfutures.ca](mailto:info@saywardfutures.ca)

Sayward Food Centre: 250-282-0018

[info@saywardfutures.ca](mailto:info@saywardfutures.ca)

Sayward Garden Club: 250-282-3799 Alex Turner

Meets - 7:00pm - 2nd Thursday each month at Heritage Hall

Sayward Harbour Authority

250-282-0178 Colin Read Executive Director

250-201-0612 Wharfinger Hans Hoepfner

Meets - 9:30am - Last Sunday each month at Harbour Office

Sayward Health Clinic: 250-282-3815

Sayward Literacy Now

250-282-3851 Jan Bakker: [bokkie.bakker@gmail.com](mailto:bokkie.bakker@gmail.com)

250-282-3450 Ann Vansnick: [annv@saywardvalley.net](mailto:annv@saywardvalley.net)

Sayward Post Office: 250-282-3223

Monday - Friday: 9:00am-5:00pm

Saturday: 8:30am-12:30pm

St. Bernadette's Catholic Church: 963 Despina Road

Sunday Service at 11 am (3<sup>rd</sup> Sunday at 3:00pm)

VI Regional Library: 250-282-5551

Monday: Closed

Tuesday - Wednesday: 10:00am to 8:00pm

Thursday - Saturday: 10:00am to 2:00pm

Sunday: 12:00pm to 4:00pm

## In case of emergency – call 911

Local Emergency Services Contact information for

Non-Emergencies:



Sayward RCMP

250-282-5522



Sayward Volunteer Fire Department

250-282-5505 [svfd@saywardvalley.ca](mailto:svfd@saywardvalley.ca)



Sayward Ambulance Station:

250-282-3600



Sayward Emergency Program  
Emergency Program Coordinator:

Tom Tinsley 250-898-7067

[epc@saywardvalley.ca](mailto:epc@saywardvalley.ca)



SRD Emergency Preparedness Program  
Protective Services Coordinator:

Shaun Koopman 250-830-6702

[preparedness@srdd.ca](mailto:preparedness@srdd.ca)



## Emergency Phone Notification System

The Village of Sayward in conjunction with the Strathcona Regional District uses **Alertable** as our public emergency mass notification service.

**Alertable** can notify residents, visitors, and businesses of emergencies in a timely manner to people who subscribe to receive these alerts. It can also be used to notify residents of other non-emergency items such as scheduled road closures, power outages, water and sewer alerts, and much more. This service is free.

The system is compatible with mobile phones, tablets, computers or smart speakers. It can also send alerts via text message, voice calls to land lines, and e-mail.

The link to **sign up** for this system is located on the Village website here: <https://www.sayward.ca/municipal-services/emergency-services/alertsnotifications>



Village of Sayward







Village of  
Sayward

## Emergency Preparedness Corner



### Change of Seasons Gives Emergency Preparation All the More Reasons!

We are moving quickly towards our season of wetness and the potential for flooding.

A quick look back at the Summer Season - Wowee Maui! A total wake up call to all Pacific Ocean related communities and islands and so many lessons learned including the following points –

1. Fires can start where you least expect them.
2. Fires and other emergency events can shut down all our familiar connectivity avenues such as cell service, web access and this can even affect receiving electronic text alerts
3. Ham Radio and Walkie Talkie radio can potentially be your only source of communication out.
4. Commercial and Public Broadcast radio can potentially be your only source of emergency guidance coming in.

Looking forward to the Wet Season –

1. Make sure important documents are in sealed plastic and stored up high.
2. Change the clothing in your Grab and Go ( GAG ) Bag to match the season.
3. Clear exterior drains and gutters as applicable.
4. Check and follow any warnings on the DriveBC website.

Emergency Preparation for Farmers – Friendly Reminder - If you are a full or part-time Farmer/Rancher in the Sayward Valley then, just like people who own domestic pets, you'll want to ensure you have a plan for dealing with any of the animals on your farm should an emergency situation arise. Take advantage of farm associations and government information relative to helpful tips to help you build your plan.

More Emergency Social Service ( ESS ) Volunteers still needed and one Director position is now open. – To learn more about this valuable opportunity to help your community, email your Emergency Program Coordinator at [epc@saywardvalley.ca](mailto:epc@saywardvalley.ca) and I will email you a PowerPoint presentation with more information. We are also looking for a new ESS Director as our previous volunteer Director has moved out of the area. Call or text me about this excellent leadership volunteer opportunity.

Sayward Walkie Talkie Wednesday – 6:30PM to 7:00PM each Wednesday, continue to test your radio on Channel 4 in that time slot and see who you can connect with.

Here's a list of 10 Basic Emergency Kit Supplies from the Prepared BC Website –

1. First aid kit, prescriptions and other personal items.
2. Emergency plan, copies of important documents and cash.
3. Garbage bags, moist towelettes and plastic ties.
4. Battery powered or hand -crank radio.
5. Phone charger and battery bank.
6. Blanket, seasonal clothing and footwear.
7. Battery powered or hand-crank flashlight.
8. Whistle.
9. Non-perishable food for at least 3 days.
10. Water for at least three days: four litres per person per day.

*Be Prepared – If it's to be, it's up to Thee!*

If you would like to learn more about ESS please contact your Emergency Program Coordinator (EPC), Tom Tinsley, at 250-898-7067



**The Sayward Volunteer Fire  
Department is accepting  
APPLICATIONS FOR RECRUITMENT.**



#### You must be:

Living in the Sayward District Fire protection area, team oriented, healthy/physically fit, and of good character (RCMP security check required).

#### We offer:

Involvement in community activities ranging from fire fighting, rescues, first responder medical service, to public education events. Paid training is provided.

We are flexible to meet your time commitments, we work around our members lives to make it easy as possible for you to be part of our team. Insurance plans available for both on and off duty. New friends and acquaintances guaranteed. **And lots of fun!**

For more information, or to apply please contact the Sayward Volunteer Fire Department @ 250-282-5505 or [svfd@saywardvalley.ca](mailto:svfd@saywardvalley.ca) or come to our weekly meetings every Monday @ Fire Hall #1 - 7:00pm



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**Sayward Literacy Now 2023**

**If in need of help with your  
computer let me know!**

**Books! Check out our book  
houses. If you are in need I have  
books for children 0 to teens.**

Ann Vansnick at

[annvansnick3@gmail.com](mailto:annvansnick3@gmail.com)

250-282-3450



**Hans Hoepfner**

**BC Master Electrician FSR B**

**DBA HIGH Electric**

**TSBC License # LEL0013603**

**Tel: 250 201-0612**

**h.hoepfner84@gmail.com**



**721 Sayward RD**

**Sayward, B.C.**

**V0P1R0**



## Clinic Corner News

Cold and Flu season is upon us. This is a friendly reminder to stay home when you are sick, to reduce the chance of spreading the virus. Teach your kids good hand washing and to cough or sneeze into their elbow. It is recommended, for those who are immunocompromised, to wear a face mask. We would ask that if you have any cold or flu symptoms, to please wear a face mask when entering the clinic. Please also call the clinic for appointments, rather than dropping by.

Also a reminder that the clinic is busier now, so same day appointments are not always possible. Do not call and expect to be seen on the same day. It might take 2-3 days to be seen. Plan ahead with prescription renewals. You should be thinking of renewals 2-3 weeks before you run out. Pharmacies are busy too and quite often need a day or two to fill your prescriptions. Lab days are almost always full now, so again, plan ahead. Do not leave it until the Thursday prior, or even that day to book an appointment. October 2 and 9 are holidays, so the first lab day for October will be October 16 and it will be full quickly.

## October 2023

Public Health Nurse 250-850-2110 press 1

Please call the above provider directly to book an appointment. For NP Tracey please call clinic to book appointments. Thank you.

Clinic Phone (250) 282-3815

Fax (250) 282-0040



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	CLINIC CLOSED Truth and Reconciliation Day	NP Tracey 9-5	NP Tracey 9-5 Seniors Lunch at Kelsey Centre	NP Tracey 9-4	CLINIC CLOSED	
8	9	10	11	12	13	14
	CLINIC CLOSED Thanksgiving	NP Tracey 9-5	NP Tracey 9-5 Public Health Nurse	NP Tracey 9-4	CLINIC CLOSED	
15	16	17	18	19	20	21
	NP Tracey 9-5 Labs 9-11:30	NP Tracey 9-5	NP Tracey 9-5 Seniors Lunch at Kelsey Centre	NP Tracey 9-4	CLINIC CLOSED	
22	23	24	25	26	27	28
	NP Tracey 9-5 Labs 9-11:30	NP Tracey 9-5	NP Tracey 9-5	NP Tracey 9-4	CLINIC CLOSED	
29	30	31	1	2	3	4
	NP Tracey 9-5 Labs 9-11:30	NP Tracey 9-5	NP Tracey 9-5 Seniors Lunch at Kelsey Centre	NP Tracey 9-4	CLINIC CLOSED	

*This Schedule is subject to change...*

*Masks are no longer mandatory in Island Health Facilities, but if you are having  
respiratory symptoms- we ask that you do wear a mask. Thank you*



**Join us at the Sayward  
Royal Canadian Legion #147,  
699 Sayward Road for BINGO:**

**1:00 pm Sunday, October 15**

**1:00 pm Sunday, October 29**







## Kyuquot-Nootka / Sayward News

### Strathcona Regional District (Area 'A')

Sept. 18, 2023

#### Strathcona Gardens Service Expansion

Campbell River and Area D (Oyster Bay) own the Strathcona Gardens Complex. It has an operating budget of over \$9 Million. For the average household in those two areas, the portion of property taxes for just that one facility alone is \$381.86 per year. Moreover, they are currently in the process of seeking approval from their own constituents to spend an additional \$73 million to upgrade this facility. To get their hands on that much money, they need to borrow \$64 million. The cost to service this debt will be an additional \$96 of tax requisition per year for their average taxpayer. That adds up to \$457.86 in property taxes per household per year just for the Strathcona Gardens. Casting around to see where they could come up with some more tax revenue, Area D and Campbell River presented the following motion to the Board on June 28, 2023, *"THAT a report be prepared that explores options for additional participation in the Strathcona Gardens recreation service by Electoral Areas A, B and C, and the Village of Sayward"*. (The Sayward Valley is in Area A.) This report will come back to the Board for a final determination, and when it does, if two thirds of the intended participants chose to approve the above motion, then every household in the Sayward Valley, and the Village, would be forced to pay for this service at the same rate Campbell River and Area D will pay. That would be an enormous increase in property taxes to everyone of us for a service that we do not use! And, because it is a "service expansion" and not a "new service", there would be no requirement for our local government to obtain the consent of the electorate. The problem in this for us is that Campbell River together with Area D have six votes. Electoral Areas A, B, C, and the Village of Sayward have one vote each. Areas A, B, and C will most certainly vote against this expansion initiative, and if the Village of Sayward will join with us to vote against this, then this unfair taxation levy can be defeated. Also, I would encourage you all to send an email addressed to the, "To the Chair and Board of Directors of the Strathcona Regional District", asking that your letter be placed on the Board agenda under "Correspondence", and simply stating your opposition to Area A's participation in this service. Their email address is: [administration@srd.ca](mailto:administration@srd.ca)

#### New Regional Housing Service

It appears that the Strathcona Regional District (SRD) Board is determined to go ahead with a new housing service that will tax us so that the SRD can develop land and build low-cost homes. These would then be sold below market value to ease the housing crisis. Although Area A is predominately Agriculture Land Reserve and cannot be subdivided, and as such cannot benefit from this service, nevertheless the provincial government has dictated that every Electoral Area must join this service for the Regional District as a whole to be eligible for current provincial funding. Therefore, it looks like we will be forced into this even though I have voted against it.

#### Email Address Error Correction

In some of my previous Director's Reports, my email address had a typo error in it. This has now been corrected below. If you have any questions on these or any other issues, please do not hesitate to contact me.

Gerald Whalley

Regional Director (Area 'A'), Phone: 250-282-3787

[gwhalley@srd.ca](mailto:gwhalley@srd.ca)



## Driving in winter conditions? Plan ahead.



Know before you go | [DriveBC.ca](http://DriveBC.ca) | [ShiftIntoWinter.ca](http://ShiftIntoWinter.ca)

## See an issue on North Island highways?

Report road hazards and share feedback to  
24HR Public Info Hotline: 1-877-215-7122



# Merville Mennonite Church

*Invites you to join us for a*

*Sing-Along*

*Location: Sayward Heritage Hall*

*1257 Sayward rd.*

*October 8, 2023*

*4:00-5:00 pm.*

*Refreshments served afterwards*

*For inquiries contact : Nevin Zimmerman*

*250-201-1889*

## Sayward Valley Folk Music Society News



Village of  
Sayward

The Sayward Valley Folk Music Society was founded in 2017 by Bob and Karen Sampson. Bob, a musician and Karen, a visual artist had long been active before moving to Sayward 20 years ago. They decided to make Sayward their home and bring with them their idea of sharing their backgrounds with the community. They brought their ideas first to the Heritage Hall and later moved to the Kelsey Centre in 2019.

SVFMS will be entering its seventh year of Sunday night musical gatherings at the Kelsey Centre through the generous support of Sayward Futures and The Sayward Village Council. Over the years, we have been able to stay true to our founding vision of a strictly non-profit, volunteer run, community based organization, committed to providing an accessible, inclusive acoustic venue where people of all ages can come together to enjoy folk music by professional musicians; music defined simply as music that folks play.

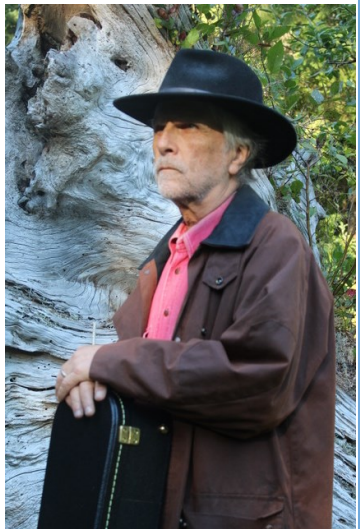
On **Sunday, October 15** we will be presenting a concert featuring Bob simply titled "Songs By Other Writers". A collection of Ballads, Broad sides, Novelty and audience participation. Subtle instrumentation with lyrics that touch the human spirit. The setting is an intimate evening where friends gather. All proceeds from ticket sales will be donated to SVFMS so that we may continue to bring events such as these to the Sayward Community.

**The concert begins at 7:00, Doors open at 6:30.**

**Advance tickets are \$20.00/person (Available at the Village Office and The Fisherboy Store) Admission at the Door is \$25.00. Children 16 and under are free when accompanied by an adult.**

For more information contact Bob at (250)282-0134

*Next Concert: VALDY. Sunday, November 12*



## Senior's Luncheon

**OCT 4TH**

**&**

**OCT 18th**

**12:00pm - 1:00pm**



Come enjoy a social gathering at the Kelsey Centre. Lunch, dessert and refreshments provided. This is a free event. Rides available upon request.

652 H'Kusam Way  
Sayward, BC  
Phone: **250-282-5500**

*Thank you to all volunteers who put  
their time and effort into making  
this event special for our seniors.*

*Cost is by Donation*



## Sayward Age Friendly Van

### October Schedule

Bi-Weekly Trips to Campbell River

**October 12th (Driver Diane)**

**October 26th (Driver Wayne )**

The Age Friendly Van is for anyone over the age of 19 years. The van will pick you up and drop you off at your home. Pick up time after 9am at your location.

The driver will take you to appointments, shopping or any other destination required.

Return time to Sayward may vary from trip to trip, depending on the riders' needs. The Age Friendly Van will arrive back in Sayward no later than 5pm unless arrangements are discussed in advance and approved.

**Suggested Donation of \$25.00**

Please call the **Village Office** the day before by **Noon.**  
**250-282-5512 ext. 0**

Subject to Change due to Weather Conditions





**Music Trivia with Lyle – Saturday, October 21: 6pm door open!**  
Dress up in your Halloween costumes for extra points!

**Deck the Hall for the Holidays- Friday, November 17**  
starts at 10am and finishes when done! We will be decorating hall inside and out for our upcoming events. A light lunch provided

**Winter Fair – Saturday, November 25**  
3pm to 7pm Table rental \$10. There will be a table set up for our **100<sup>th</sup> Birthday of the SCRA!**

**Seniors Dinner Monday, December 4**  
at 3pm – need to register

**Annual Easter Hunt – March 31**  
10am sharp –Need volunteers for this committee!

**Welcome to Spring 2024 Block Party - April 20**  
11:30am– 2:30pm

**Indoor Garage Sale – Feb 3 and March 2**  
9am to 2pm Book your tables

**Annual Community Garage Sale – May 11**  
–register your sale

**Saturday Summer Market** – watch for start up date

## SCRA – Heritage Hall Happenings

1257 Sayward Rd  
250-282-0192  
heritagehallscra@gmail.com  
(NEW EMAIL)

**Monthly Meeting**  
**Tuesday October 10<sup>th</sup>**  
**at 7 pm.**  
(New date and time)

## All Welcome

### Sayward Families and Children Connect

For young children and their parents and caregivers.

This free and fun drop-in program has new dates and times!

Join Ann on Saturdays from 11:00 am to 2:00 pm.

Family activities with a light lunch provided.



#### October Schedule:

Saturday, October 7<sup>th</sup> at the Heritage Hall

Saturday, October 14<sup>th</sup> at the Heritage Hall

Saturday, October 21<sup>st</sup> at the Heritage Hall

Saturday, October 28<sup>th</sup> at the Heritage Hall

Heritage Hall, 1257 Sayward Road



For more information contact Ann Vansnick

[saywardfamilynavigator@gmail.com](mailto:saywardfamilynavigator@gmail.com) or phone/text 250-203-8332

Children must be accompanied by an adult.

Supported by a grant

from United Way British Columbia Central and Northern Vancouver Island



## Music Trivia with Lyle

**October 21st at the  
Heritage Hall 1257 Sayward Rd**

Doors open at 6:00pm

Trivia will start at 6:30pm

\$5 per person

Teams will be made up to 6 per team

Halloween costumes are optional!

**Get extra points for each person in costume!**

Have to be 15 and up to join a team.  
Bring a team or join a team!



## Sayward Volunteer Fire Department Annual Halloween Treat Night

*Tuesday, October 31, 2023 at  
Hall #1 5:00pm – 7:30pm*

Come down to Hall #1 either before  
or after going Trick-or-Treating, and  
have a hot dog & hot chocolate!  
This is a free event for everyone.  
You never know who you  
might see there...



### Looking for volunteers for our Regional Emergency Support Services Teams

At the heart of emergency management is the ESS program and its volunteers.

Emergency Support Services (ESS) is a community-based emergency response program designed to preserve the physical, emotional and mental well-being of those affected by an emergency or disaster. ESS provides the temporary (generally up to 72 hours) delivery of resources and services to provide the support needed to help evacuees re-establish themselves as quickly as possible.

Whether the scope of an emergency is a small scale event (ie. house fire) or a large disaster (ie. earthquake), the goal of ESS remains the same:

- To assist people meet their basic survival needs including food, clothing, accommodation and emotional support;
- To help evacuees remain independent and self-sufficient;
- To provide people affected by the disaster with accurate, relevant and up-to-date information;
- To reunite families separated by the disaster;
- To assist with recovery and the help people re-establish themselves as quickly possible after a disaster.

If you are interested in volunteering 20-hours (or more) per year to help out, please contact [preparedness@srd.ca](mailto:preparedness@srd.ca) or 250-914-9230.

For those who are interested in "behind the scenes" initiatives there are positions needed to help ensure resources are ready and plans are prepared.

Questions or comments, please contact:  
Casey Longhurst,  
SRD Protective Services Assistant



250-914-9230  
[preparedness@srd.ca](mailto:preparedness@srd.ca)  
[www.srd.ca/emergency-management](http://www.srd.ca/emergency-management)



## Fire Prevention Week 2023



The Sayward Volunteer Fire Department is participating in Fire Prevention Week (FPW) October 8-14, 2023. This year's FPW campaign is "Cooking safety starts with you. Pay attention to fire prevention" which works to educate everyone about simple but important actions they can take to keep themselves and those around them safer when cooking.

"Cooking fires are the leading cause of home fires and home fire injuries. Unattended cooking is the leading cause of cooking fires and deaths. The good news is you can prevent most cooking fires and burns and help keep your family safer with some simple but effective tips" said Fire Chief Frank Morgan.

The Sayward Fire Department encourages all residents to embrace the 2023 Fire Prevention Week theme.

Sayward Volunteer Fire Department wants to share these cooking safety tips:

*Cook with caution...*

- Be on alert! If you are sleepy or have consumed alcohol don't use the stove or stovetop.
- Stay in the kitchen while you are frying, boiling, grilling, or broiling food. If you leave the kitchen for even a short period of time, turn off the stove.
- If you are simmering, baking, or roasting food, check it regularly, remain in the home while food is cooking, and use a timer to remind you that you are cooking.
- Keep anything that can catch fire— oven mitts, wooden utensils, food packaging, towels or curtains— away from your stovetop.

*If you have a small (grease) cooking fire and decide to fight the fire...*

- On the stovetop, smother the flames by sliding a lid over the pan and turning off the burner. Leave the pan covered until it is completely cooled.
- For an oven fire, turn off the heat and keep the door closed.

*If you have any doubt about fighting a small fire...*

- Just get out! When you leave, close the door behind you to help contain the fire.
- Call 9-1-1 or the local emergency number from outside the home.





## SAYWARD FUTURES SOCIETY

### *Our Community, Our Future*

#### SAYWARD FOOD PROGRAM

The astronomical rise in the cost of living is having a terrible impact. If you or someone you know is experiencing food insecurity, please register for our monthly food program with the Sayward Health Clinic ~ 250.282.3815 or the Sayward Ambulance ~ 250.230.4501.

*In addition, we would like to gratefully acknowledge the Heritage Hall board of directors as they have graciously opened their doors to the Sayward Futures Society volunteers in order to accommodate the sorting and distribution of our monthly food boxes — thank you!*

# OCEANVIEW

# GALLERY & CAFE

**OPEN 8:00am to 4:00pm Friday, Saturday & Sunday until & including Thanksgiving Monday**

### What is... *The Sayward Community Food Table??*

We are a group of citizens interested in *Food Sovereignty* and long term *Food Security* here in the Sayward Region. The Sayward Community Food Table Society is looking for new members interested in supporting food security initiatives such as the development of community gardens, workshops for food literacy, food gardening, food processing and food preservation.

Whether you're a farmer, a jam maker, a chef, a business owner, or simply an individual trying to feed your family, please join us and help us build food resources that will benefit our whole community!

**For More Information Call Sheri Braun: 250.282.5503**

**or Email: [scfts2023@gmail.com](mailto:scfts2023@gmail.com)**

## *Garden Club News*

Thanks to the kindness of the Village Council this column is returning to the Sayward News.

Recent rains have rescued our gardens and now is the busy time of harvesting and preserving. Our October 12<sup>th</sup> meeting will feature discussions of different methods of food preservation. Please come and share your experiences of success or failure with freezing, canning, drying, pickling, making jam and freeze drying. You can bring samples of your efforts for showing and sharing. We are inviting experienced preservers in our community to serve as resources.



In the Fall gardeners are busy with various timely tasks. There is still time to do summer pruning of fruit trees. You can remove dead or damaged limbs where you do not want regrowth. Mulching around plants to be overwintered will improve chances of survival. As growth dies back or is cut back it is easier to get at the weeds, especially the grasses that spring up on their own.

The club is planning to sponsor a series of speakers over the next months. If you have suggestions for topics and/or speakers please let us know.

(Alex 250-282-3799). We meet at 7:00pm on the second Thursday of each month at the Heritage Hall. Please join us.



The Sayward Community Health Society is looking for a back up cleaner for the Clinic to cover for occasional absences, which may be at relatively short notice.

The main cleaner works 1.5 to 2hrs, 3 times a week, and 30 minutes on a lunchtime, Monday to Thursday, so could be cover for any of those times

Must be reliable, trustworthy, and preferably with experience in a non residential environment, but training will be given. Must be able to adhere to VIHA written protocols.

\$20 per hour, we supply the materials. Police check required and will be expected to sign VIHA confidentiality agreement.

This is a self employed contract position with the Society, not an Island Health Position. Ours is a Community Clinic, run by the Society.

**HELP  
WANTED**

Please apply with CV or relevant experience by email to [schs.clinic@gmail.com](mailto:schs.clinic@gmail.com) or drop your details into the Clinic, attention Charon Ridsdale



### **Was your garbage not picked up?**

Waste Management services both Sayward Village and Sayward Valley on Thursdays. Check out their service alerts link below anytime for up-to-date information:

**[https://  
servicealerts.wmnorthwest.com/  
bcweatherboard/](https://servicealerts.wmnorthwest.com/bcweatherboard/)**







# 21/22

## October

9 am - 4 pm

Main Road Yard  
797 Island Hwy  
Sayward, BC

# Sayward Clean-Up Days

We accept: household waste that is too large for curbside collection as well as small and large appliances, electronics and tires.

We will not accept: drywall and hazardous waste.

Reminder: motor oil, filters, antifreeze and single use packaging such as: cardboard, tin, foam, hard and soft plastics can be brought to the Sayward Recycling Depot. This material is prohibited from going into the garbage. For more information please visit: [www.cswm.ca/hours](http://www.cswm.ca/hours)

You must be able to unload and sort your own items. Habitat for Humanity ReStore will be on-site to collect gently used household items for donation. This event is sponsored by the Major Appliance Recycling Roundtable. Have questions? Call: 250-792-0026 or email: [svaldal@comoxvalleyrd.ca](mailto:svaldal@comoxvalleyrd.ca)

SPONSORED BY



For more information, visit: [www.cswm.ca/saywardcleanupdays](http://www.cswm.ca/saywardcleanupdays)

# OCTOBER 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 HI OCTOBER!	2 NO SCHOOL Stat Holiday for National Truth and Reconciliation day	3	4	5	6 BAKE SALE	7
8	9 Happy Thanksgiving	10	11	12 PAC MEETING 5pm	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31 TRICK TREAT				

**NOTES**

2nd- NO School, stat holiday in lieu of National day for Truth and Reconciliation

4th- Retake day + First weekly swim for EA group, 1-2pm.

5th- Hot lunch! Turkey dinner with all the fixins!

6th- Bake Sale! 12-2pm Center court!

9th- Thanksgiving day, No School

10th- Field trip to Holly Hills Farm!

11th- EA group swim 1-2pm

12th- Hot lunch Shephards pie + PAC meeting, school library 5pm

16th- Field trip to Quinsam Fish Hatchery!

18th- EA group swim 1-2pm

20th- Pro D day! No classes!

25th- EA group swim 1-2pm

26th- Hot lunch is breakfast! + Halloween Dance! + BINGO 4-7pm

31st- Halloween day!

*\*\*Hot lunch menus are subject to change based on availability\*\**

## PAC Meetings 2023-2024 Schedule

October 12th at 5:00pm
November 9th at 2:45pm
December 14th at 2:45pm
January 18th at 2:45pm
February 15th at 2:45pm
March 14th at 2:45pm
April 18th at 5:00pm
May 16th at 2:45pm
June 13th at 5:00pm AGM
Held in the Sayward School Library



SAYWARD SCHOOL PAC  
ONGOING BOTTLE COLLECTION

# DROP OFF REFUNDABLE PRODUCTS AT THE SCHOOL

PROCEEDS HELP FUND STUDENTS HOT LUNCH, FIELD TRIPS & SPECIAL EVENTS.  
THANKS FOR YOUR SUPPORT!  
DONATIONS CAN ALSO BE MADE AT CAMPBELL RIVER ISLAND RETURN IT DEPOT TO THE SAYWARD SCHOOL PAC ACCOUNT



KELSEY CENTRE & COMMUNITY YOGA  
INVITE YOU TO  
**VINYASA YOGA**

WE WELCOME ALL YOGIS  
- BEGINNERS TO ADVANCE -  
TO A REGISTERED 5 WEEK SET  
OF VINYASA YOGA WITH CASSIE SCHMIDT  
IN THE KELSEY CENTRE GYM

STARTS WEDNESDAY OCTOBER 4TH  
TILL WEDNESDAY NOVEMBER 1ST

FIRST 5 WEEK SET FREE TO SENIORS 55+  
THANKS TO OUR PLAN H GRANT

5:00PM - 6:00PM  
\$55



652 HRUSAM WAY  
SAYWARD BC  
250 282 5500



# October Special!

## 3 Month Pass!

Senior & Teens  
**\$90.00**

Reg \$135!

Reg \$185!

Adults  
**\$120.00**

For the month of October, come down and grab yourself a 3 month  
pass! Pay for October and November, get December for FREE!

**Everything included!**

(not valid for specialty programs and events)

652 H'Kusam Way  
Sayward, BC  
Phone: 250-282-5500



*Lavish Beauty Bar has added some exciting new services to the menu!!*

**The Full List of Services now includes:**

- |                    |                        |                              |
|--------------------|------------------------|------------------------------|
| Eyelash Extensions | Eyebrow Tinting        | Hard Wax & Soft Wax Services |
| - Classics         | Eyebrow Lamination     | - Brazilian Waxing           |
| - Hybrids          | Eyelash Lift & Tinting | - Full Body Waxing           |
| - Volumes          | Spray Tanning          | - Facial Waxing              |

**Call Caitlyn for any questions or for booking @ 250-850-9931**

**Email: [lavish.beauty9931@gmail.com](mailto:lavish.beauty9931@gmail.com)**

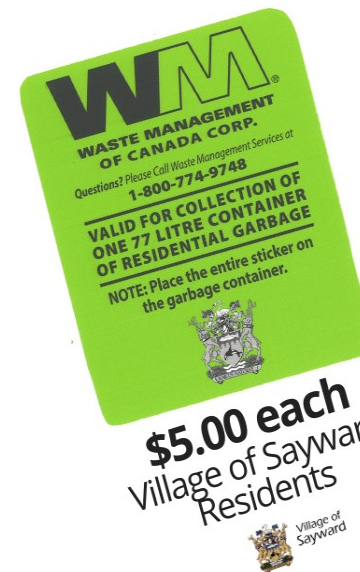
**FB: Lavish Beauty Bar**

**Instagram: [lavish.beauty.bar.9931](https://www.instagram.com/lavish.beauty.bar.9931)**



## Got Extra Garbage?

# GARBAGE STICKERS FOR SALE



Each household is allowed  
two garbage receptacles  
(cans/bags) per week.

**Additional receptacles**  
(up to 77 liters/25 kgs)  
must have a garbage  
sticker on it for  
pick-up.



### WHERE TO PURCHASE GARBAGE STICKERS?

**Village of Sayward - \$5.00 each**

- Municipal office
- During business hours

**SRD (Sayward Valley) - \$3.50 each**

- SRD Corporate Office - Campbell River
- Sayward Municipal Office
- During business hours

**Village of Sayward**

250-282-5512 • [village@saywardvalley.ca](mailto:village@saywardvalley.ca)

**Strathcona Regional District**

250-830-6700 • [engineering@srd.ca](mailto:engineering@srd.ca)





October 2023

250-282-5500



## KELSEY CENTRE GYM & WEIGHT ROOM SCHEDULE

MONDAY 9:30am - 6:00pm	WEDNESDAY 9:30am - 6:00pm	FRIDAY 12:00pm - 8:00pm
WEIGHT ROOM 9:30AM - 6:00PM	WEIGHT ROOM 9:30AM - 6:00PM	WEIGHT ROOM 12:00PM - 8:00PM
<b>AEROBICS</b> ALL FITNESS LEVELS 9:30AM - 10:30AM <u>DROP IN</u>	<b>SENIORS</b> CARPET BOWLING 9:30AM - 11:45AM <u>FREE PROGRAM</u>	<b>SENIORS SOICAL</b> 12:00PM - 2:00PM <b>CARDS &amp; CRAFTS</b> <u>FREE PROGRAM</u>
<b>PARENT &amp; TOT GYM TIME</b> 10:45AM - 1:45PM <u>SNACK PROVIDED</u> <u>DROP IN</u>	<b>AEROBICS</b> ALL FITNESS LEVELS 1:00PM - 2:00PM	<b>AFTER SCHOOL PROGRAM</b> 5-11 years 2:30PM - 4:30PM <u>SNACK PROVIDED</u>
<b>AFTER SCHOOL PROGRAM</b> 5-11 years 2:30PM - 4:30PM <u>SNACK PROVIDED</u>	<b>AFTER SCHOOL PROGRAM</b> 5-11 YEARS 2:30PM - 4:30PM <u>SNACK PROVIDED</u>	<b>AEROBICS</b> ALL FITNESS LEVELS 5:30PM - 6:30PM <u>DROP IN</u>
<b>AEROBICS</b> ALL FITNESS LEVELS 5:00PM - 6:00PM <u>DROP IN</u>	<b>VINYASA YOGA</b> REGISTERED 5WK SET 5:00PM - 6:00PM OCT 4 - NOV 1ST <u>CALL TO REGISTER</u> <u>FREE FOR SENIORS 55+</u> THIS LESSON SET <u>ONLY</u>	<b>TEEN NIGHT</b> 11 YEARS & UP 6:00PM - 8:00PM

### OCTOBER SPECIAL EVENTS:

SENIORS LUNCHEON: OCT 4TH & OCT 18TH 12:00PM - 1:00PM

KELSEY CENTRE CLOSED: OCT 2ND - TRUTH & RECONCILIATION DAY- OCTOBER 9TH THANKSGIVING

VINYASA YOGA: WITH CASSIE SCHMDIT OCT 4TH - NOV 1ST

REGISTERED 5 WEEK SET (CALL TO REGISTER) COST \$ 55.00 SENIORS 55+ FREE FOR THIS SET ONLY

FOLK MUSIC CONCERT: OCT 15TH ( BOB SAMPSON)

SPOOKY GLOW SWIM: OCT 20TH 4:45PM - 7:00PM

TEENS ONLY GLOW SWIM: OCT 20TH 7:00PM - 8:00PM

PRO - D DAY CAMP: OCT 20TH ( HALLOWEEN CAMP ) 1:30PM - 4:30PM



**Themed Birthday Party Rentals**  
contact the Kelsey Centre for more information!



October 2023

250-282-5500



## KELSEY CENTRE POOL SCHEDULE

MONDAY 9:30am - 6:00pm	WEDNESDAY 9:30am - 6:00pm	FRIDAY 12:00pm - 8:00pm
LANE & LEISURE SWIM 9:30AM - 11:00AM <u>ALL FITNESS LEVELS</u>	LANE & LEISURE SWIM 9:30AM - 11:00AM <u>ALL FITNESS LEVELS</u>	<b>PARENT &amp; TOT SWIM</b> 12:00PM - 1:00PM <u>DROP IN</u>
<b>AQUA FIT (Sheri)</b> <b>DEEP WATER CLASS</b> 11:00AM - 11:45AM <u>ONE LANE OPEN FOR LEISURE</u> <u>HOT TUB AVAILABLE</u>	<b>PARENT &amp; TOT SWIM LESSON</b> Oct 4th - Nov 1st Monday & Wednesday 12:00PM - 12:30PM	<b>LANE &amp; LEISURE SWIM</b> 1:00PM - 3:00PM <u>ALL FITNESS LEVELS</u>
<b>PARENT &amp; TOT SWIM LESSON</b> Oct 4th - Nov 1st Monday & Wednesday 12:00PM - 12:30PM <u>No Lesson October 9th</u>	<b>SAYWARD SCHOOL PROGRAM</b> 1:00PM - 2:00PM <u>FULL POOL</u>	<b>PRE SCHOOL SWIM LESSONS</b> 3:00PM - 4:30PM October 6th - November 17th
<b>LEVEL 1-6 SWIM LESSONS</b> 6-12yrs 2:45PM - 4:45PM Oct 4th - Nov 1st Monday & Wednesday <u>No Lesson October 9th</u>	<b>LEVEL 1-6 SWIM LESSONS</b> 6-12yrs 2:45PM - 4:45PM Oct 4th - Nov 1st Monday & Wednesday	<b>EVERYONE WELCOME</b> 4:45PM - 7:00PM <u>Under 7 years of age MUST be accompanied by an Adult (16 years+)</u>
<b>EVERYONE WELCOME</b> 4:45PM - 6:00PM <u>Under 7 years of age MUST be accompanied by an Adult (16 years+)</u>	<b>EVERYONE WELCOME</b> 4:45PM - 6:00PM <u>Under 7 years of age MUST be accompanied by an Adult (16 years+)</u>	<b>AQUA FIT (Michelle &amp; Sheri)</b> <b>DEEP WATER MODERATE</b> 7:00PM - 8:00PM <u>ONE LANE OPEN FOR LEISURE</u> <u>HOT TUB AVAILABLE</u> <u>NO CLASS OCTOBER 20th</u>