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DBA HIGH Electric TSBC License# LEL0013603

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Bruce Fyfe 250-282-3301

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megancentrone.com 250 213 5380





Janet Scotland

250.287.6985





SAYWARD NEWS

April 2023

Special Features inside this issue:

- Indoor Garage Sale April 1
- Easter Egg Hunt April 9
- Cardmaking Class April 11
- Mammogram Van April 11 & 12
- Sayward Clean Up Days April 15 & 16
- Spring is in the Air Block Party April 15





The Strathcona Regional District Regional Board Meetings for the year 2023 will be held at 12:30 PM on the following dates:

January	Wednesday	11, 25
February	Wednesday	8, 22
March	Wednesday	15, 29
April	Wednesday	12, 26
May	Wednesday	10, 24
June	Wednesday	14, 28
July	Wednesday	19
August	Wednesday	16
September	Wednesday	13
October	Wednesday	11, 25
November	Wednesday	8, 22
December	Wednesday	13* @2pm

Strathcona Regional District Board and Committee meetings are livestreamed and can be viewed in real time on the **Strathcona Regional District YouTube** Channel.

Elected Officials of the SRD

Area A Director

Gerald Whalley (250) 282-3787 gwhalley@srd.ca

Board of Directors Chair:

Mark Baker (250) 203-5428 mbaker@srd.ca

Board of Directors Vice-Chair:

Ron Kerr (250-)286-5708 rkerr@srd.ca

Village of Sayward PO Box 29, 652 H'Kusam Way, Sayward B.C. VOP 1R0 CAMPBELL RIVER

Office hours: 9:00am-4:00pm (closed 12-1pm for lunch

and Statutory Holidays)

Phone: 250-282-5512 Email: village@saywardvalley.ca

Website: www.sayward.ca

Strathcona Regional District

990 Cedar Street, Campbell River, B.C. V9W 7Z8 Office Hours: 8:30am-4:30pm (closed Statutory Holidays)

Phone: 250-830-6700 Email: info@srd.ca

Website: www.srd.ca



The Village of Sayward Regular Council Meetings for the year 2023 will held in Council Chambers at **7:00 PM** on the following dates:

January	Tuesday	3, 24
February	Tuesday	7, 21
March	Tuesday	21
April	Tuesday	4, 18
May	Tuesday	2, 16
June	Tuesday	6, 20
July	Tuesday	18
August	Tuesday	15
September	Tuesday	5, 26
October	Tuesday	3, 17
November	Tuesday	7, 21
December	Tuesday	5, 19

Request virtual attendance through a **Teams Meeting** link by emailing the village office at village@saywardvalley.ca

Elected Officials of the Village of Sayward

Mayor:

Mark Baker (250) 203-5428 mark.baker@saywardvalley.ca

Councillor:

Scott Burchett (604) 818-5558 scott.burchett@saywardvalley.ca Kohen Gilkin (250) 201-1301 kohen.gilkin@saywardvalley.ca (250) 282-0184 sue.poulsen@saywardvalley.ca Sue Poulsen (250) 898-7067 tom.tinsley@saywardvalley.ca Tom Tinsley

Trustee:

Shannon Briggs (250) 282-3364 shannon.briggs@sd72.bc.ca



Provincial Government Member of Legislative Assembly:

Michele Babchuk 1-866-387-5100 or (250) 287-5100



Federal Government Member of Parliament:

Rachel Blaney 1-250-287-9388 or

1-800-667-8404

It's time for Spring Cleaning!

If you have extra garbage to dispose of, garbage stickers can help!

Residents in the Village of Sayward who wish to dispose of garbage over and above the allowed 2 receptacles per week can purchase a sticker to place on each additional receptacle or bag up to a maximum of 77 liters/25 kgs.

Stickers are \$5 each and can be purchased at the municipal office during business hours.

For more information on this program, please contact the Village office at 250-250-5512 or village@saywardvalley.ca





Village of Sayward



WorkBC Centre North Island

No matter where you are on the journey to employment

WorkBC Centre-North Island is here to help.



- Career Planning
- Job Search Support
- Training Options
- Work Experience
- Self-Employment Info Sessions
- Employer Services
- North Island Job Bank
- Special Events
- Employment Counselling

Call: 250-286-3441 or Toll-free: 1-866-286-6788 today!





This program is funded by the Government of Canada and the Province of British Columbia

Sayward News Advertising

Contact: savwardnews@gmail.com

Deadline is the 20th of the month Publication is the last day of the month



The MOUHSS is a Mobile Outreach Unit for Health and Support Services.

A mobile unit that provides services like counselling, senior supports, parenting support, financial navigation, mental health practitioner, clothing, snacks/food, harm reduction supplies, access to OAT (Opioid Agonist Therapy), substance use treatment enrollment, victims services, court navigation, & nutrition support



Village (by the Campground) Mondays 9:30am - 11:00 am

Junction (by the Gas Station)

Mondays 11:30am - 1:00pm.

For more information call Leanne McIntee: 250-203-9713

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We make it beautiful... you make it home!

Local Organization Information

AA Meetings: 250-282-0030

Crisis Line: 1-888-494-3888 *Available 24/7*

Heritage Hall: 250-282-0192 heritagehall@saywardvallev.net

Kelsey Centre: 250-282-5500

kelseycentre@saywardvalley.ca

Mainroad Contracting: 1-877-215-7122 Available 24/7

Ocean View Gifts & Gallery: 250-282-0018

info@saywardfutures.ca

Royal Canadian Legion Branch #147: 250-895-4500

President - Debbie Zeiler

Saturday Farmer's Market: 250-282-3242 Barb 10:00am to 1:00pm Saturdays at Heritage Hall

Sayward Burial Park: 250-282-5512

Sayward Bursary: 250-282-3465 Marilyn Barry Sayward Christian Fellowship: 740 Gentry Road

Sunday Service at 11:00am 250-282-3301 Bruce Fyfe 250-282-3473 Mark Johnson Everyone Welcome!

Sayward Community Health Society: 250-850-7144

Charon Risdale: charon Risdale: charonrids@gmail.com
Meets - 6:30pm - 2nd Monday each month

Sayward Fish & Game

Meets - 7:30pm - last Wednesday of each month at Heritage Hall

In case of emergency – call 911

<u>Local Emergency Services Contact information for</u>

<u>Non-Emergencies:</u>



Sayward RCMP 250-282-5522



Sayward Volunteer Fire Department 250-282-5505 svfd@saywardvalley.ca



Sayward Ambulance Station: 250-282-3600



Sayward Emergency Program Emergency Program Coordinator:

Tom Tinsley 250-898-7067 epc@saywardvalley.ca



SRD Emergency Preparedness Program Protective Services Coordinator:

Shaun Koopman 250-830-6702 preparedness@strathconard.ca Sayward Valley Folk Music Society: 250-282-0134

Bob Sampson <u>rsampson@saywardvalley.net</u>

Sayward Futures Society: 250-282-0018

info@saywardfutures.ca

Sayward Food Centre: 250-282-0063

info@saywardfutures.ca

Sayward Garden Club: 250-282-3799 Alex Turner

Meets - 1:00pm - 2nd Tuesday each month at Heritage

Hall

Sayward Harbour Authority

250-282-0178 Colin Read Executive Director 250-201-0612 Wharfinger Hans Hoepfner

Meets - 9:30am - 1st Sunday each month at Harbour Office

Sayward Health Clinic: 250-282-3815

Sayward Literacy Now

250-282-3851 Jan Bakker: bokkie.bakker@gmail.com
250-282-3450 Ann Vansnick: annv@saywardvalley.net

Sayward Post Office: 250-282-3223

Monday - Friday: 9:00am-5:00pm Saturday: 8:30am-12:30pm

St. Bernadette's Catholic Church: 963 Despins Road

Sunday Service at 11 am (3rd Sunday at 3:00pm)

VI Regional Library: 250-282-5551

Monday: Closed

Tuesday - Wednesday: 10:00am to 8:00pm Thursday - Saturday: 10:00am to 2:00pm

Sunday: 12:00pm to 4:00pm



Emergency Phone Notification System

The Village of Sayward in conjunction with the Strathcona Regional District uses **Alertable** as our public emergency mass notification service.

Alertable can notify residents, visitors, and businesses of emergencies in a timely manner to people who subscribe to receive these alerts. It can also be used to notify residents of other non-emergency items such as scheduled road closures, power outages, water and sewer alerts, and much more. This service is free.

The system is compatible with mobile phones, tablets, computers or smart speakers. It can also send alerts via text message, voice calls to land lines, and e-mail.

The link to **sign up** for this system is located on the Village website here: https://www.sayward.ca/municipal-services/emergency-services/alertsnotifications







Emergency Preparedness Corner



Spring is in the air! Here are some Spring Things to get you started on your Spring into Spring for your Emergency Preparedness this Spring.

Note – You will see the word – Spring – many times here to inspire your – Action!

- 1. Spring into checking your back up emergency water supply containers and replenish about once every 12 months.
- 2. Spring into checking around your home for Fire Smart risks such as dry plants or other dry materials or any other fire hazards.
- 3. Spring into checking your electrical devices and back up batteries as electrical outages can occur at any
- 4. Spring into changing your Grab And Go bag(s) to spring and summer weather supplies such as sun screen, extra water, sunglasses etc.
- 5. Spring into considering being an Emergency Social Services (ESS) Volunteer, ready to Spring into action to help your community.
- 6. Spring into the Sayward Village Administration Office for lots of different brochures on various community topics including emergencies.
- Spring into making sure you are signed up for Alertable, the Emergency Phone Notification System. Go to the Village website for the link.
- 8. Spring into checking weather news bulletins at least daily.

All this Springing will help you to not become Un-Sprung if a declared emergency situation should occur.

Reminder – The Sayward Family Radio Services (FRS) net is conducted by the Sayward Emergency Program Coordinator (EPC) from the Village Office area each Wednesday evening from 6:30PM to 7::00PM on FRS Channel 4. You are encouraged to check in with the Net Controller using your FRS radio. Checking in with the net allows you to verify your radio is charged up and transmitting properly. Channel 4 is on frequency 462.6375 but you just need to select Channel 4 on these simple radios that require no license and can transmit up to about 2 kilometers. We have had a number of people check in from Village and Valley areas and more are encouraged.

If you would like to learn more about ESS please contact your Emergency Program Coordinator (EPC), Tom Tinsley, at 250-898-7067



The Sayward Volunteer Fire Department is accepting APPLICATIONS FOR RECRUITMENT.



Living in the Sayward District Fire protection area, team oriented, healthy/physically fit, and of good character (RCMP security check required).

Involvement in community activities ranging from fire fighting, rescues, first responder medical service, to public education events. Paid training is provided.

We are flexible to meet your time commitments, we work around our members lives to make it easy as possible for you to be part of our team. Insurance plans available for both on and off duty. New friends and acquaintances guaranteed. And lots of fun!

For more information, or to apply please contact the Sayward Volunteer Fire Department @ 250-282-5505 or svfd@saywardvalley.ca or come to our weekly meetings every Monday @ Fire Hall #1 - 7:00pm





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Sayward Literacy Now 2023

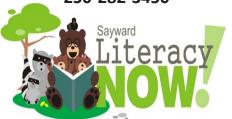
If in need of help with your computer let me know!

Time to grab a book and enjoy!

Books! Check out our book houses. But if you are in need I have books for children 0 to teens.

Watch for us at Spring is in the Air 2023 at the Heritage Hall April 15th free book give away!

Ann Vansnick at annvansnick3@gmail.com 250-282-3450



Sayward Christian



Morning Service 11:00 AM 740 Gentry Rd.

Mark Johnson 250-282-3473 Bruce Fyfe 250-282-3301

Everyone Welcome!

Sayward Harbour Authority Annual General Meeting

May 28, 2023 at 9:30 am Location: Sayward Harbour Office 30 Sayward Road, Sayward, BC





Join us at the Sayward Royal Canadian Legion #147, 699 Sayward Road for BINGO:

> 1:00 pm Sunday, April 16 1:00 pm Sunday, April 30





Clinic Corner News

Lab days are filling quickly. Please plan ahead. Typically, the lab spots are full by the Wednesday, the week prior.

Mammogram van will be here April 11 and 12. Please book a spot with the Cancer Agency. The Sayward Health Clinic does not book the appointments.

250-850-2110 press 1

Please call the above provider directly to book an appointment. For NP Tracey please call clinic to book appointments. Thank you.

Clinic Phone (250) 282-3815 Fax (250) 282-0040



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Masks	26	27 NP Tracey 9-5 Labs 9-11:30	NP Tracey 9-5	NP Tracey 9-5	30 NP Tracey 9-4	31 CLINIC CLOSED	1
remain mandatory at all Island	2	3 NP Tracey 9-5 <u>Labs 9</u> -11:30	NP <u>Tracey 9</u> -5	5 NP Tracey 9-5 Seniors Lunch at Kelsey Centre	6 NP Tracey 9-4	GOOD FRIDAY CLINIC CLOSED	8
Health sites. Thank you	9	EASTER MONDAY CLINIC CLOSED	NP Tracey 9-5 Mammogram Van	NP Tracey 9-5 Mammogram Van Public Health Nurse	NP Tracey 9-4	CLINIC CLOSED	15
	16	Tracey Off Labs 9-11:30	18 NP Tracey 9-5	NP Tracey 9-5 Seniors Lunch at Kelsey Centre	NP Tracey 9-4	CLINIC CLOSED	22
	23	24 NP Tracey 9-5 Labs 9-11:30	NP Tracey 9-5	26 NP Tracey 9-5	NP Tracey 9-4	28 CLINIC CLOSED	29

This Calendar is subject to change.

Mammogram Van will be here April 11-12 2023. Call 1 800 663-9203 to book an appointment.



PUBLIC NOTICE

NOTICE TO AMEND COUNCIL PROCEDURE BYLAW NO. 416, 2015

Notice is hereby given that the Council for the Village of Sayward is proposing to amend its current *Procedures Bylaw,* known as COUNCIL PROCEDURE BYLAW NO. 416, 2015. This notice is provided in accordance with the requirement in Sections 94 and 124 of the *Community Charter*.

The Procedure Bylaw establishes the rules and regulations under which all proceedings of Council and its committees and other bodies established by Council are to be governed and how meetings are to be conducted.

Generally, the purpose of the amendment is to update meeting procedures as follows:

Add a public input section to the beginning of meetings.

Council will consider adoption of the amendment to Council Procedure Bylaw 416, 2015 at its meeting scheduled for Tuesday April 18th, 2022 at 7:00 pm.

A copy of both the amending bylaw (Bylaw No. 496) and Council Procedure Bylaw 416, 2015 is available at the Village of Sayward office, 652 H'Kusam Way, Sayward, BC from 9:00 am to 4:00 pm Monday to Friday. Copies will also be posted to the Village website. Persons who wish to comment on the proposed changes may submit comments in writing to the CAO, 652 H'Kusam Way, Sayward, BC, VOP 1RO, or to cao@saywardvalley.ca before noon on Tuesday, April 18th, 2023.





Sayward Recycling Depot

Monday, Wednesday, & Friday 7:30 am to 8:30 pm Sunday 8:30 am to 5:00 pm

We would like to ask residents to please refrain from putting the following items in the recycling bins:

- Shoes Hoses
- Garbage Plates and Cups
- Mirrors Window glass
- Tin Foil
- Unwashed recycling (plastics, tins etc.)
- Insulating Styrofoam
- Styrofoam meat trays with blood
- Clothing (Material of any kind)
- PLEASE SORT YOUR RECYCLING INTO THE PROPER BINS.
- ALL PAPER AND CARDBOARD PRODUCTS GO IN THE BIG GREEN BIN.
- THE METAL BIN IS FOR METAL ONLY, PLEASE DO NOT PUT IN WOOD, FURNITURE ETC.

Keep up the great work recycling!



COMMUNITY SHARE SHED

Monday, Wednesday, Friday, & Sunday 8:00am-11:00am located beside the Sayward Recycling Depot

Donations accepted during opening hours only. No electronics, books, or clothing please





Sayward Valley Folk Music Society News







These past few years, since Covid, have been difficult for everyone. The arts were hit especially hard. Artists and organizations alike are working hard to regain their audiences.

Fortunately, with the support of Sayward Futures and the Village of Sayward, SVFMS has been able to return to the Kelsey Centre - to a community ready, willing, and thrilled to show up for our concert series. It has been absolutely amazing to gather together again with friends and family.

Our thanks goes out to all those who have continued to support our dream of bringing live music by gifted artists to the people of Sayward; to our volunteers, through ticket sales, memberships and admission at the door. There is no music without musicians, but there is no venue without an audience. So, please do keep coming out and do spread the word SVFMS is back in action and there is no better place to be on a Sunday night. We look forward to another year of great music and fine community.

Please join us for an evening of great folk rock from the 60's and 70's and sweet original songs as we welcome Canadian singer/songwriter **John Michael Lind** in concert on **Sunday, April 16,** at **7:00 PM**, at the **Kelsey Centre.**

John's rich tenor voice, driving rhythm guitar and heart to heart audience connection has made him a popular feature in concert venues and folk festivals throughout Canada.

Advance tickets are \$20, available at the **Fisherboy Store**, at the **Kelsey Centre**, and the **Music Plant** in Campbell River. **Admission at the door is \$25.00/person**. Children under 16 are free when accompanied and supervised by an adult. Annual memberships are available. For more information phone Bob at 250 282-0134 or go to **Jmlmusic.***com*

Our next concert features Mark Wonneck and Peter Paul VanCamp on Sunday May 14, 2023



Early Spring has been with us for a few weeks and it has been a good time to weed the perennial flower beds. The weeds are generally small and easy to dig out. Once the bulbs have come up it is safer to dig around.

Spraying fruit trees with lime sulphur/dormant oil spray (organically acceptable) will reduce pests such as scab on apples. It's also a good time to prune for direction before the Spring growth takes place.

Our March club meeting was a great success. Many of us are starting to plant flowers, berries and vegetables mixed in the same bed. Our speaker, Lucretia Sharnfarber was an inspiration, showing us how she gardens in plant guilds of varying heights in permiculture beds. It was great to see so many new faces including many younger gardeners. Our local library is part of a VIRL presentation of a Virtual Gardening Series. The next episode is "Growing Vegetables For Winter Storage" on April 3. Ask at the library or visit virl.bc.ca/tag/VGS.

The next meeting of the club will feature our continuing Opportunity Table and a round table discussion of what we are up to and questions and answers. Please join us at the Heritage Hall at 7:00, Thursday April 13.





Sayward Age Friendly Van

April Schedule

Weekly Trips to Campbell River

April 6th (Driver Wayne)
April 13th (Driver Diane)
April 20th (Driver Michelle)
April 27th (Driver Wayne)

The Age Friendly Van is for anyone over the age of 19 years.

The van will pick you up and drop you off at your home. Pick up
time after 9am at your location.

The driver will take you to appointments, shopping or any other destinations required. Return time to Sayward may vary from trip to trip, depending on the riders needs. Sayward Van will

arrive back in Sayward no later then 5pm unless arrangements are discussed in advanced and approved.

Please call the Kelsey Centre the day before by Noon For More Info Contact the Kelsey Centre 250-282-5500

Subject to Change due to Weather Conditions





Indoor Garage Sale

April 1st from 9am to 2pm

at the Heritage Hall 1257 Sayward Rd

Kitchen will be serving grilled hotdogs! Come on down and check out all the treasures!

Senior's Luncheon

April 5th 8 April 19th





12:00 pm - 1:00pm

Come enjoy a social gathering at the Kelsey Centre. Lunch, dessert and refreshments provided. This is a free event. Rides available upon request.

> 652 H'Kusam Way Sayward, BC

Phone: **250-282-5500**

Volunteers needed!
Please contact Tracy @ Sayward Health Clinic
250-282-3815

SPRING IS IN THE AIR 2023



Celebrating Spring arriving in Sayward! April 15, 2023 from 11:30am to 2:30pm at the Heritage Hall 1257 Sayward Rd

Communities block party! Bring your neighbour, family, and friends or just come yourself. All welcome! Having a fire with free hot dogs, marshmallows, chips, water and hot chocolate. Bring your own cups!



Live music by Marshall!

Bring your extra starters to share or your gardening tips! A time for families and community members to get together to welcome are warmer weather! We have a covered area to stay dry need be.

So this is rain or shine!

Sponsored by SCRA-Heritage Hall, Sayward Literacy Now, Campbell River Community Foundation and the Neighbourhood Small Grants!







Annual Easter Egg Hunt 2023

Easter egg hunt 2023 at the Heritage Hall (age 12 and under)

1257 Sayward Rd at 10 am sharp! Free chips and hot chocolate and water!

The Easter egg hunt is a free FAMILY event at the Heritage Hall. All welcome, donations are also accepted to help with this event. Contact the Hall 250-282-0192

or heritagehall@saywardvalley.net or the coordinator Ann Vansnick.



From the coordinator Ann Vansnick: Ever wonder what inspired the annual Easter egg hunt? We have lots of new members in our community; I will do my best to explain. When I first got involved it was the owner of the Cable House Lorna Duncan who hosted a free Easter Egg Hunt at The Original Cable Cookhouse. This event was free for the community. There was a bonnet contest, and a colouring

contest. When the Cable closed we didn't want to see the hunt end. So Laura Thiessen (from The Crossroads) and I, Ann Vansnick went to the SCRA-Heritage Hall and asked if the hall could host the annual Easter egg hunt and keep the tradition going.

SCRA – Heritage Hall Happenings

1257 Sayward Rd

250-282-0192 heritagehall@saywardvalley.net



Annual Multi Location Community Garage Sale!

When - May 13, 2022

To register and get on map and

your package of balloons and garage sale sign for \$10 contact Hall at 250-282-0192 or Karen at 250-282-3667

Maps will be out at local businesses or can be picked up at the Heritage Hall.

Tables will be available to rent at hall inside or outside. \$5 per table!

Concession will be open with coffee, tea, hot dogs and chili and a bun! Please register by May 7th.

Upcoming Events

Indoor Garage Sale April 1st, 9am to 2pm

Annual Easter Hunt April 9th, 10am sharp

Welcome to Spring 2023 Block Party -

April 15th 11:30 am- 2:30pm

SCRA Monthly Meeting - April 17th, 6pm, all welcome

Music Trivia with Lyle
May 6th, doors open 6pm

Annual Community Garage

Sale - May 13th

SCRA 100th Birthday Celebration - May 31st



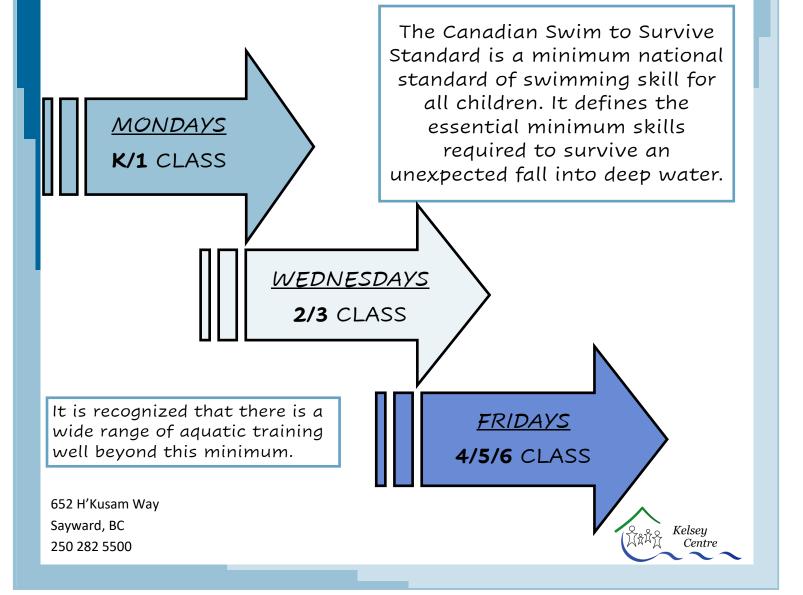


Proudly provided by Sayward School PAC & SRD Grant

April 17th - May 29th

The Kelsey Centre will be hosting the Sayward School kids for the Swim To Survive program!

Mondays, Wednesdays, and Fridays from 1:00pm - 2:00pm





April 2023

250-282-5500



KELSEY CENTRE GYM & WEIGHT ROOM SCHEDULE

MONDAY 10:30am - 5:30pm	WEDNESDAY 12:00pm - 7:00pm	FRIDAY 1:00pm - 8:00pm
WEIGHT ROOM OPEN 10:30am - 5:30pm	WEIGHT ROOM OPEN 12:00pm - 7:00pm	WEIGHT ROOM OPEN 1:00pm - 8:00pm
AEROBICS ALL FITNESS LEVELS 10:30am - 11:30am DROP IN	SENIORS CARPET BOWLING 12:00pm - 2:00pm	SENIORS SOCIAL GROUP 12:00pm - 2:00pm Cost \$ 4.00
PARENT & TOT GYM TIME 11:30am - 2:00pm SNACK PROVIDED	AFTER SCHOOL PROGRAM 5-10 years 2:30pm - 4:30pm	AFTER SCHOOL PROGRAM 5-10 years 2:30pm - 4:30pm
AFTER SCHOOL PROGRAM 5-10 years 2:30pm - 4:30pm	YOGA 6:00pm - 7:00pm VINYASA BEGINNER LEVEL COST \$12.00	AEROBICS ALL FITNESS LEVELS 5:00pm - 6:00pm DROP IN
		TEEN NIGHT 11 YEARS & UP 6:00pm - 8:00pm

APRIL SPECIAL EVENTS:

TEEN NIGHTS: Friday Nights 6:00pm - 8:00pm (FREE)

SPRING BREAK: March 27th - April 10th

APRIL 7 & 10 CLOSED FOR EASTER BREAK

DROP-IN BEGINNER YOGA: Wednesdays 6pm - 7pm (\$12.00)

SENIOR'S LUNCH: April 5th& 19th 12:00 - 2:00PM (FREE)

FOLK MUSIC CONCERT: APRIL 16th (JOHN LIND)

Themed Birthday
Party Rentals
available, contact
the Kelsey Centre for more
information!
250-282-5500





April 2023

250-282-5500



KELSEY CENTRE POOL SCHEDULE

MONDAY	WEDNESDAY	FRIDAY
10:30am - 5:30pm	12:00pm - 7:00pm	1:00pm - 8:00pm
LANE & LEISURE SWIM	PARENT & TOT SWIM	SWIM TO SURVIVE SCHOOL
10:30am - 12:00pm	12:00pm - 1:00pm	April 21st - May 26th
ALL FITNESS LEVELS	DROP IN	1:00pm - 2:00pm GRADE 4-6
PARENT & TOT SWIM LESSON	SWIM TO SURVIVE SCHOOL	LANE & LEISURE SWIM
March 6th - April 24th	April 19th - May 24th	2:00pm – 3:00pm
12:00pm - 12:30pm	1:00pm - 2:00pm GRADE 2-3	ALL FITNESS LEVELS
SWIM TO SURVIVE SCHOOL	LANE & LEISURE SWIM	PRE SCHOOL SWIM LESSONS
April 17th – May 29th	2:00pm – 3:00pm	3:00pm - 4:30pm
1:00pm - 2:00pm GRADE K-1	ALL FITNESS LEVELS	May 3rd - May 26th
LANE & LEISURE SWIM	LEVEL 1-6 SWIM LESSONS	EVERYONE WELCOME
2:00pm – 3:00pm	6-12yrs	4:30pm - 7:00pm
ALL FITNESS LEVELS	3:00pm - 5:15pm	Under 7 years of age MUST be
	April 12th – May 24th	accompanied by an
		Adult (16 years+)
LEVEL 1-6 SWIM LESSONS	EVERYONE WELCOME	AQUA FIT
6-12yrs	5:00pm - 7:00pm	DEEP WATER CLASS
3:00pm - 5:15pm	Under 7 years of age MUST be	7:00pm-8:00pm
April 12th - May 24th	accompanied by an	ONE LANE OPEN FOR LEISURE
	Adult (16 years+)	SWIM 7:00pm - 8:00pm
		HOT TUB AVAILABLE

Thank you!

The Kelsey Centre would like to thank all who have donated to our Teen Program over the last few months. Your generous donations have allowed us to provide fun and exciting activities for our Sayward youth at no cost to them. We are still accepting donations towards our youth programs, if this interests you please contact the Recreation Manager at 250-282-5500.

March Donations - Special Thanks To:

- Mid Island Co-op
- Western Forest Products
- Mark Fisher





15/16 April

9 am - 4 pm

Main Road Yard 797 Island Hwy Sayward, BC

Sayward Clean-Up Days

We accept: household waste that is too large for curbside collection as well as small and large appliances, electronics and tires.

We will not accept: drywall and hazardous waste.

Reminder: motor oil, filters, antifreeze and single use packaging such as: cardboard, tin, foam, hard and soft plastics can be brought to the Sayward Recycling Depot. This material is prohibited from going into the garbage. For more information please visit: www.cswm.ca/hours

You must be able to unload and sort your own items. Habitat for Humanity ReStore will be on-site to collect gently used household items for donation. This event is sponsored by the Major Appliance Recycling Roundtable. Have questions? Call: 250-792-0026 or email: svaldal@comoxvalleyrd.ca





For more information, visit: www.cswm.ca/saywardcleanupdays

Cardmaking Classes

Come on out and learn how to make some beautiful greeting cards.

In each class, you will make 2 cards.

Everything is provided. All skill levels.

Cost: \$10 per class

Time: 6:00pm-8:00pm

Location: Sayward Library

Pre-registration is required.

Sign up for either the Tuesday or Wednesday night class.

New projects each month.

Pick the nights that work for you.

Tuesday night classes: April 11, May 9, June 13

Wednesday night classes: April 12, May 10, June 14

To register contact papercraftingwithtracey@gmail.com



SAYWARD TOUR DE ROCK IS STILL TAKING EMPTY CANS AND BOTTLES

THE EMPTYS CAN BE DROP OFF AT THE RCMP DETACHMENT AT THE ENCLOSED WIRED COMPOUND. THERE WILL BE A SIGN.

Music Trivia with Lyle





May 6th at the Heritage Hall

1257 Sayward Rd - Doors open at 6 pm

Trivia will start at 6:30 pm. \$5 per person. Maximum 6 per team

Have to be 15 yrs and up to join. Bring a team or ioin a team!

Prizes F

Prizes

Prizes !!!!

OPTIONAL for extra points! Dress up as your favourite Musician or wear your favorite band t-shirt and earn extra points!

FREE ALL YOU CAN EAT SUNDAE BAR!!



SNACKS AND BEVERAGES!!



Bring your knowledge! Challenge yourself - Challenge others!!

Laugh and have a fun night out!!!

For more information call Hall 250-282-0192 (*Treats may not be as shown*)

Help Wanted:



Custodian Position

Sayward Towers is seeking to hire a
Custodian to clean our building. This
position is 24 hrs. per month. All
interested parties please send your
resume to saywardstrata3321@gmail.com

Maintenance

Person

Sayward Towers is seeking to hire a maintenance person for odd jobs on our building. This position is on an "as needed" basis. All interested parties please send your resume to saywardstrata3321@gmail.com

Sayward School PAC Bottle Sorting

We are accepting donations at the school How does it work?

Call the school 282-3314 to let us know that you'll be dropping them off at the front door and we will take it from there!

All funds collected go towards field trips.

Thank you for your generous donations!

"Do you have a student in our school? To stay in the loop, we encourage and welcome you to Like our Sayward School Page and join our Sayward School PAC group on Facebook!"

Sayward School PAC Meetings 2023

Thursday, March 9th at 2:45pm Tuesday, April 11th at 5pm Thursday, May 11th at 2:45pm



