

<b>Delivery Mills Ltd.</b> <b>*Custom Cut Lumber*</b> <b>250-282-3208</b> No Calls or pick ups after 7 pm please	 Megan Controne Parallel 50 REALTY & PROPERTY MANAGEMENT INC. megancentrone.com   cell 250.213.5380	 <b>SAYWARD SEWING &amp; MENDING</b> <b>Contact Charon</b> <b>250-850-7144 604-210-0466</b>
<b>STOWE CREEK AUTO REPAIR</b> 760 Island Hwy. Sayward, B.C. Wayne Ryan <b>250-282-3846</b> <b>Red Seal Certified Auto Mechanic</b> Repairs and Maintenance for your cars, trucks and motorcycles	 Janet Scotland   Managing Broker eXp Realty Office 778-600-0287   Cell 250-287-6965 janet.scotland@exprealty.net www.janetscotland.ca	 <b>Shawn Sinclair</b> (250) 282-3726 Email: brh@saywardvalley.net 1004 Sayward Road, Sayward, BC VOP 1R0 We make it beautiful... you make it home!
<b>North Island Pharmacy</b> In Campbell River would love your business. We are pleased to offer <b>FREE</b> weekly full prescription delivery service to <b>Sayward          Valley Resort</b> in Sayward every Thursday <b>250-286-4522</b> ( 9am-5pm)	 You're at home here Premium, Midgrade & Regular gas, Diesel fuel, Propane Auto & Cylinder Liquor & Convenience Store <b>6 am - 10 pm 250.282.3232</b>	 <b>Susan Mallinson</b> Your Sayward Specialist C: 250-203-3545 O: 250-286-3293 <a href="mailto:susanmallinson@royallepage.ca">susanmallinson@royallepage.ca</a> <a href="http://www.susanmallinson.com">www.susanmallinson.com</a>
 <b>Sayward Valley Resort</b> Full Service Campground Cabins, Motel Rooms Grocery Store, Liquor Slushy's & Soft Ice Cream <b>(250) 282-3204</b>	<b>STORAGE RENTAL</b> Vehicles, Boats and RV's Dry & Secure Call-250-282-3465	 <b>Internet &amp; TV          Service Provider</b> 1-888-832-6020 <a href="mailto:info@mascon.ca">info@mascon.ca</a> <a href="http://www.mascon.ca">www.mascon.ca</a>
 <b>OCEAN VIEW GIFTS          ON THE WHARF</b> Tourist information, Artists Gallery, Confectionary, Fishing Licenses <b>250-282-0018</b> <a href="http://www.saywardfutures.ca">www.saywardfutures.ca</a>	 <b>ADVANCED          BUILDERS &amp;          CONTRACTORS</b> <b>250-895-4157</b> <b>ADVANCED-BUILDERS.CA</b> Local * Planning * Design * Build * Renovate	 <b>Please report any extreme          change in road conditions to          Mainroads 24 hour hotline</b> <b>1.877.215.7122</b>
 <b>D.J. Luoma Trucking</b> Backhoe Services <b>250-282-5525</b>	<b>3D Services Design &amp; Drafting</b> <b>Jens Diron 250-282-3695</b> 915 Island Hwy. Sayward B.C. Personal, Reliable, Fast European Precision and Quality Custom House Designs	 <b>Mt H'Kusam View Lodge</b> Hostel and Country Inn 1165 Salmon River Main <b>Julie Olsen &amp; Erik Walsh</b> <b>250-282-5547</b> Accommodation & catering for groups, tour- ists and family retreats <a href="http://www.mthkusamviewlodge.com">www.mthkusamviewlodge.com</a>
 <b>FLAT CUT</b> EXCAVATION & BOBCAT SERVICES 480 Howes Rd Sayward, B.C. VOP 1R0 Michelle Brickwood (250) 203-6297 <a href="mailto:shellyddavis@hotmail.com">shellyddavis@hotmail.com</a>	 <b>Sayward Christian Fellowship</b> Morning Service 11:00 AM 740 Gentry Rd. Mark Johnson 250-282-3473 Bruce Fyfe 250-282-3301 Bible Study, Wednesday 7:00 pm Contact Beth Johnson 250-282-3473	<b>Parallel 50 Realty and Property          Management Inc.</b> 962 Shoppers Row Campbell River, BC Phone: (250) 286-0110 E-mail: <a href="mailto:info@ojproperties.ca">info@ojproperties.ca</a>
This space for rent Please contact <a href="mailto:saywardnews@gmail.com">saywardnews@gmail.com</a>	This space for rent Please contact <a href="mailto:saywardnews@gmail.com">saywardnews@gmail.com</a>	This space for rent Please contact <a href="mailto:saywardnews@gmail.com">saywardnews@gmail.com</a>



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January 2022

# SAYWARD NEWS

Deadline is the 20th of the month  
 Publication is the last day of the month

**SPECIAL POINTS OF INTEREST**

- \*Kelsey Centre Schedule
- \*Organization Meetings
- \*Elected Officials

**Village of Sayward Office Hours**

Monday-Friday  
 9:00 am - 4:00 pm

Closed Statutory  
 Holidays

Phone: (250) 282-5512  
 Fax: (250) 282-5511

**Email Address**  
[village@saywardvalley.ca](mailto:village@saywardvalley.ca)

**Village Web Address**  
[www.sayward.ca](http://www.sayward.ca)

**Sayward News Email**  
[saywardnews@gmail.com](mailto:saywardnews@gmail.com)

Sayward's first annual Christmas light up parade was a huge success! Snow was falling, hot chocolate was brewing, and the Christmas spirit was shining! A huge thank you to all of the sponsors – Sayward Futures Society, Sayward Valley Resort (Faith and Frank), Mid Island CO-OP, Crossroads Restaurant and Pub, Delivery Mills and a very special thanks goes out to the Sayward Volunteer Fire Department .



© Joyce Ellis

Congratulations to the winners of the light up your home event!

**Valley Winners**

1st Place– Glen Moffett

2nd Place-Ralph & Sandy McLean

3rd Place– Ed & Sherri Braun

4th Place– Andi Lawson

**Village Winners**

1st Place– Norm Howell & Linda Newman

2nd Place– Pat and Blaine Redekopp

3rd Place– Dean & Karissa Anderson

4th Place– Dave Gee



## Sayward Recycling Depot

Monday, Wednesday, & Friday 7:30 am to 8:30 pm

Sunday 8:30 am to 5:00 pm

We would like to ask residents to please refrain from putting the following items in the recycling bins:

- Shoes Hoses
- Garbage Plates and Cups
- Mirrors Window glass
- Tin Foil
- Unwashed recycling (plastics, tins etc.)
- Insulating Styrofoam
- Styrofoam meat trays with blood
- Clothing (Material of any kind)

- PLEASE SORT YOUR RECYCLING INTO THE PROPER BINS.
  - **ALL PAPER AND CARDBOARD PRODUCTS GO IN THE BIG RED BIN.**
  - **THE METAL BIN IS FOR METAL ONLY, PLEASE DO NOT PUT IN WOOD, FURNITURE ETC.**
- THANKS FOR YOUR COOPERATION

## Notice of Regular Council Meetings

The Village of Sayward Regular Council Meetings for the year 2022 will held in Council Chambers located at 652 H'Kusam Way at 7:00 PM on the following dates:

January	Tuesday	4
January	Tuesday	18
February	Tuesday	1
February	Tuesday	15
March	Tuesday	1
March	Tuesday	15
April	Tuesday	5
April	Tuesday	19
May	Tuesday	3
May	Tuesday	17
June	Tuesday	14
July	Tuesday	19
August	Tuesday	16
September	Tuesday	6
September	Tuesday	20
October	Tuesday	4
October	Tuesday	18
November	Tuesday	1
November	Tuesday	15
December	Tuesday	6

## Elected Officials of the Village of Sayward

<b>Mayor</b> Mark Baker	(250) 203-5428
<b>Councillor</b> Norm Kirschner	(250) 282-3834
<b>Councillor</b> Wes Cragg	(250) 201-0604
<b>Councillor</b> Sue Poulsen	(250) 282-0184
<b>Councillor</b> Tom Tinsley	(250) 898-7067

**Strathcona Regional District** Area A Director  
Gerald Whalley (250) 282-3787  
[gwhalley@srdd.ca](mailto:gwhalley@srdd.ca)

**School District 72 Campbell River** Trustee  
Shannon Briggs (250) 282-3364  
[shannon.briggs@sd72.bc.ca](mailto:shannon.briggs@sd72.bc.ca)

**Provincial Government** Member of Legislative Assembly  
Michele Babchuk 1-866-387-5100

**Federal Government** Member of Parliament  
Rachel Blaney 1-250-287-9388  
1-800-667-8404

On December 21st a house fire completely destroyed a local Sayward home. Stephen Houghton has been serving our community as a fire fighter for 14 years, Steve and his spouse Karin have an adult son, a teenaged daughter and a grandson. They lost 2 dogs in the fire. Steve and Karin are both active members in the community, outdoors people and family oriented. Steve is also a member of the fish and game club. This family is always helping people out and volunteering their time.

Anyone wanting to help can do so as follows:

Donations for Steve Houghton and Karin Redekopp can be dropped off at the Village of Sayward office, Sayward Valley Resort or Crossroads. These organizations will ensure your donation is given to Steve and Karin as soon as possible. Cash and gift cards are welcome.



The Sayward Volunteer Fire Department is accepting APPLICATIONS FOR RECRUITMENT.

You must be:  
Living in the Sayward District Fire protection area, team oriented, healthy/physically fit, and of good character (RCMP security check required).

We offer:  
Involvement in community activities ranging from fire fighting, rescues, first responder medical service, to public education events. Paid training is provided.

We are flexible to meet your time commitments, we work around our members lives to make it easy as possible for you to be part of our team. Insurance plans available for both on and off duty. New friends and acquaintances guaranteed. **And lots of fun!** For more information, or to apply please contact the Sayward Volunteer Fire Department @ 250-282-5505 or [svfd@saywardvalley.ca](mailto:svfd@saywardvalley.ca) or come to our weekly meetings every Thursday @ Fire Hall #1 - 7 PM



## SAYWARD SEWING & MENDING

Contact Charon  
250-850-7144 604-210-0466  
email: [charonrds@gmail.com](mailto:charonrds@gmail.com)



## Emergency Phone Notification Systems

Our phone notification service requires

your assistance. We need new residents to provide

us with your phone number and street address so we can add you to our phone

notification system. If you move within the community, please let us know so we can send our notices to the correct people.

This system is used by the Village's Public Works staff to let Village residents know of problems with the water, sewer or other systems. **It**

**can be used to notify the entire community of any emergency situations. It is important that we keep our resident list current.**

The system only allows for 10 digit phone numbers, no long distance can be used.

If you have not been receiving calls that you know have been sent out, please let us know.

To provide us with your information call the Village Office at (250) 282-5512.



**SRD notifications** are delivered by both text message and/or voice call to those who have signed up to receive notifications. These notifications are intended to inform residents and visitors alike about incidents that could impact them. Working together, we can take proactive steps to build a safer and more resilient community.

Sign up at <https://strathconard.connectrocket.com>





# Thank you!



Sayward School PAC would like to extend a huge thank you to all of our local businesses as well as Campbell River businesses that supported our 47th Annual Giant Stocking Christmas Raffle. We really appreciate everyone's efforts in buying and selling tickets, donating funds and items, as well as baking delicious treats for the Winter Fair. All proceeds benefit Sayward students! Thanks again and Happy New Year!

- \*WinFal Enterprises Ltd. - Brodie and Ann Gilkin
- \*Holmes Falling Ltd. - Adam Holmes
- \*Flat Out Welding - Clayton and Michelle Brickwood
- \*Susan Mallinson
- \*Valerie Skogan
- \*Shannon Briggs
- \*Rachel Boulton
- \*Winter Wren Farm - Miv Valralta
- \*Sayward Valley Resort - Frank and Faith Morgan
- \*Stacey Allcroft
- \*Norwex - Caitlyn Vincent Schmidt
- \*Advanced Builders & Contractors - Mitchell Vincent
- \*Delivery Mills - Mike Zapp
- \*Fern Fond Apparel- Molly Woodward
- \*Island Girl Organics- Tammy Dingwall
- \*Fran Hoolsema
- \*Sweet And Savory Baking - Nina Newman
- \*Crossroads Restaurant and Pub - Laura Thiessen
- \*Barb Clark
- \*Sandra McLain
- \*Young Living - Catherine Clinton
- \*Epicure - Audrey Ordano
- \*Mid Island Co-op
- \*Great Canadian Oil Change
- \*West Coast Tees
- \*Hyundai
- \*RidgeRider
- \*Steiner's Bakery
- \*Quest Shoes
- \*Spinners Sports
- \*White Spot
- \*McDonalds
- \*Royal Bank of Canada (RBC)
- \*Adventure Hobby Craft
- \*Riptide Marine Pub
- \*Save On Foods
- \*Gowlland Towing
- \*Steve Marshall Ford
- \*Ricky's All Day Grill



## Local Organization Information

**AA Meetings** – 250-282-0030

**Crisis Line Available 24/7** 1-888-494-3888

**Helping Hands Sewing Club** - Barb—250-282-3741

*Canceled until further notice*

**Heritage Hall**—Call for rentals 250-282-0192

heritagehall@saywardvalley.net

**Kelsey Center** 250-282-5500

kelseycentre@saywardvalley.ca

**Mainroad Contracting** 24hr hotline 1-877-215-7122

**Ocean View Gifts & Gallery** 250-282-0018

**Royal Canadian Legion Branch #147**

President— Bill Ives 250-204-4012

**Saturday Market at Heritage Hall**—Barb 250-282-3242

**Sayward Ambulance Service Station**

Contact Non Emergency 250-282-3600

**Sayward Bursary**

Contact Marilyn Barry @ 250-282-3465

**Sayward Christian Fellowship**

Sunday Service at 11 am – 740 Gentry Road

Mark Johnson 250-282-3473 Bruce Fyfe 250-282-3301

**Bible Study,**

Contact Beth Johnson 250-282-3473 Everyone Welcome!

**Sayward Community Health Society**

Meets 2nd Monday of the month at Clinic at 6:30 pm

Contact 250-850-7144/[charonrids@gmail.com](mailto:charonrids@gmail.com)

**Sayward Community Potluck** Karen—250-282-3667

2nd Saturday of the month, 5 pm Heritage Hall

*Canceled until further notice*

**Sayward Emergency Program**— [epc@saywardvalley.ca](mailto:epc@saywardvalley.ca)

**Sayward Fish & Game**

Last Wednesday of each month – Heritage Hall 7:30 pm

**Sayward Futures Society** Contact 250-282-0018

2nd Monday of each month at SFS office at wharf 6:30pm

**Sayward Garden Club** Meets 2nd Thursday of the month  
6:30 pm Heritage Hall. Alex—250-282-3799

**Sayward Harbour Authority** First Sunday of month, Harbour Office,  
9:30 am Colin Read Executive Director 250-282-0178 or  
Wharfinger Lyall Linklater 250-282-3431

**Sayward Health Clinic** - 250-282-3815

**Sayward Literacy Now**

Jan Bakker [bokkie.bakker@gmail.com](mailto:bokkie.bakker@gmail.com) 250-282-3851

Ann Vansnick [annv@saywardvalley.net](mailto:annv@saywardvalley.net) 250-282-3450

**Sayward RCMP** Contact Non-Emergency 250-282-5522

**Sayward Post Office** 250-282-3223 Monday-Friday 9am-5pm  
Saturdays 830am-1230pm

**Sayward Volunteer Fire Department**

Contact Non-Emergency 250-282-5505

Email address: [svfd@saywardvalley.ca](mailto:svfd@saywardvalley.ca)

Meeting every Thursday @ Fire Hall #1 at 7 pm

**Share Shed** – Bryanne Stacey - 250-282-3464

10 - 12 Mon/Wed/Fri Closed stat's

**St. Bernadette's Catholic Church – Despina Road**

Sunday Service at 11 am (3<sup>rd</sup> Sunday at 3 pm)

**Tourism Committee Meetings**—

2nd Wednesday of the month 7 pm

Multi Purpose Room at Kelsey Center, all businesses and  
residents welcome.

**Village of Sayward Council Meetings** Contact at 250-282-5512

1st & 3rd Tuesday of each month @ 7 pm.

**Village of Sayward Office** 250-282-5512 Mon—Fri 9am-4 pm

**VI Regional Library** Contact 250-282-5551

For Sit Down Service: Mon/Thurs/Fri/Sat 10am-2pm

Tues/Wed 10am-8pm

**Sayward Burial Park** Contact the Village of Sayward office at  
250-282-5512 for info



Village of  
Sayward

## 2022 DOG LICENSES

Please note all dogs living in the Village must have a valid Village of Sayward dog license.

These licenses can be purchased at the Village Municipal Office. The cost is \$15 for neutered/spayed dogs, and \$30 for non-neutered/non-spayed dogs. The Village keeps a dog tag register on file with your contact info, this helps if your dog goes missing and someone finds it—a quick call to the office will indicate the dog's home.

As a courtesy to your fellow Sayward residents please ensure your dog is not running around on the loose and it is always on a leash when it is with you.

Finally, please note it takes up valuable resources (i.e. tax dollars) whenever Village staff have to spend time chasing dogs or dealing with dog owners who do not abide by the bylaws.





## Sayward Children's Health Hub

Thanks to all that came out and took part in our December Mini Resource Fair.

Booking another for mid February 2022

Happy New Year to you and yours!

Need to reach out email Ann at [saywardfamilynavigator@gmail.com](mailto:saywardfamilynavigator@gmail.com) or text 250-203-8332



## Delivery Mills Ltd.

Custom Cut Lumber



250-282-3208

No Calls or pick ups after 7 pm Please



**Susan  
Mallinson**

**Your  
Sayward  
Specialist**



**C: 250-203-3545**

**O: 250-286-3293**

[susanmallinson@royallepage.ca](mailto:susanmallinson@royallepage.ca)

## Sayward Literacy Now

Thank you to all that came out to the Heritage Hall for the Sayward Hub on the

Go - Christmas Family Fun and Mini Resource Fair 2021

Watch for upcoming events!

Ann Vansnick at  
[annvansnick3@gmail.com](mailto:annvansnick3@gmail.com) 250-282-3450



*Empties! Empties! We will take your Empties!!*

## SAYWARD SCHOOL PAC BOTTLE DRIVE FUNDRAISER

**DROP OFF EMPTIES @ Sayward School**

Call 282-3314 before 2:30pm mon-fri to schedule drop off

We will be sorting at the beginning of every month. All your empties are greatly appreciated!



## Sayward Christian



## Fellowship

*No Christ, no Christmas. Know  
Christ, know Christmas!*

Morning Service 11:00 AM  
740 Gentry Rd.

Mark Johnson 250-282-3473

Bruce Fyfe 250-282-3301

Bible Study, Wednesday 7:00 pm

Contact Beth Johnson 250-282-3473

**Everyone Welcome!**

## Mid Island

## HEATING SERVICES

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**REPAIR**

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The Village of Sayward

And Kelsey Centre staff would like to  
send out a Thank You to  
Jackie Lyons, for decorating our  
windows with a lovely winter  
scene.

THANK YOU JACKIE,  
it looks  
fabulous.



*A big heartfelt thank you  
to the ladies who come in  
every month to fold the  
Sayward News letter.*



## Garden Club News

### Winter Gardening

When the snow is covering the ground there is not much for a gardener to do but plan for the spring. A scale diagram set out on graph paper can be used to ensure enough space for each vegetable. A line through the centre of the plan can be duplicated with a string in the garden to aid in layout.

This year's seed catalogs are arriving and can be a fun source of inspiration. Some interesting hybrids can be found there but the price of seeds is going up. Open pollinated (non-hybrid) varieties can be collected and can often be sourced from local seed savers. Locally adapted strains seem to have some extra vigor. Some of these seeds will be available at the garden club's spring plant and seed sale.

Snow protects the soil from deep freezing. When the snow is gone, and we get low temperatures some of the more tender perennials may get killed. Protective layers of mulch like leaves will retain the warmth deeper in the soil and protect the plants. When we get a warmer spell there is still time to plant spring bulbs.

Let's hope for an early spring!



## Clinic Corner News

The Sayward Health Clinic would like to send a Thank You to Jackie Lyons for once again providing us with a beautiful winter scene in our windows.

*Thank you*

Happy New Year from the staff at the Clinic. We would like to send out a friendly reminder that all appointments are by appointment only, including labs.

We are also excited to announce that Crystal, our administrative assistant, is now full time. As the clinic is getting busier, Crystal will be in the office during the regular operating hours of the clinic. We are open Mondays-Thursdays, except for Statutory Holidays.



## January 2022

Public Health Nurse 250-850-2110 press 1

Please call above provider directly to book an appointment. For NP Tracey please call clinic to book appointments. Thank you.



CLINIC PH (250) 282-3815

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7	8
	CLINIC CLOSED	NP Tracey 9-5	NP Tracey 9-5	NP Tracey 9-4	CLINIC CLOSED	
9	10	11	12	13	14	15
	NP Tracey 9-5 Labs 9-11:30	NP Tracey 9-5	NP Tracey 9-5	NP Tracey 9-4	CLINIC CLOSED	
16	17	18	19	20	21	22
	NP Tracey 9-5 Labs 9-11:30	NP Tracey 9-5	NP Tracey 9-5	NP Tracey 9-4	CLINIC CLOSED	
23	24	25	26	27	28	29
	NP Tracey 9-5 Labs 9-11:30	NP Tracey 9-5	NP Tracey 9-5 COVID VACCINES at Kelsey Centre 1 833 838-2323 to book	NP Tracey 9-4	CLINIC CLOSED	
30	31	1	2	3	4	5
	NP Tracey 9-5 Labs 9-11:30	NP Tracey 9-5	NP Tracey 9-5	NP Tracey 9-4	CLINIC CLOSED	

*Please Note that Covid vaccines will be available at the Kelsey Center Wednesday January 26, 2022.  
You can book your appointment at 1 833 838-2323*





**January 2022**



MON.		WED.		FRI.	EVENTS
SENIOR'S CARPET BOWLING 9:15- 11:45AM		SENIOR'S CARPET BOWLING 9:15- 11:45		Adult & Toddler PLAY GYM 9:15 – 11:15am DROP IN	
SENIOR'S DOMINO'S 9:15-11:45AM		SENIOR'S DOMINO'S 9:15-11:45AM		(NEW) OPEN SENIOR'S LOUNGE 12-2:00PM	
WEIGHT ROOM OPEN 12-7PM		WEIGHT ROOM OPEN 12-7PM		WEIGHT ROOM OPEN 12-7PM	
LAND AEROBIC'S 12-1PM BEG/MODERATE STRETCH & STRENGTHEN 1-1:45PM ALL FITNESS LEVELS		LAND AEROBIC'S 12-1PM BEG/MODERATE STRETCH & STRENGTHEN 1-1:45PM ALL FITNESS LEVELS (SHERI)		LAND AEROBIC'S 12-1PM BEG/MODERATE STRETCH & STRENGTHEN 1-1:45PM ALL FITNESS LEVELS (SHERI)	Kelsey Centre Closed Wednesday Jan 19 <sup>th</sup> due to Staff Training Sorry for the inconvenience
AFTER SCHOOL PROGRAM MOVING MONDAY'S 230-430PM		AFTER SCHOOL PROGRAM WILD WEDNESDAY'S 230-430PM		AFTER SCHOOL PROGRAM FUNKY FRIDAY'S 230-430PM	3 <sup>rd</sup> Booster/Child Immunization COVID-19 Clinic January 26th 9-4pm
(NEW) OPEN GYM COME ENJOY OUR GYMNASIUM 445-545PM		(NEW) OPEN GYM COME ENJOY OUR GYMNASIUM 445-545PM		(NEW) OPEN GYM COME ENJOY OUR GYMNASIUM 445-545PM	
LAND AREOBIC'S ALL FITNESS LEVELS 6-7PM		LAND AREOBIC'S ALL FITNESS LEVELS 6-7PM		LAND AREOBIC'S ALL FITNESS LEVELS 6-7PM	

January 2022 All Patrons using the facility will be required to pay a drop-in fee for all programs.



*The Village of Sayward &  
The Kelsey Center  
wish you  
Happy Holidays &  
Best Wishes for 2022*

*Mayor, Council, and Staff*



## Public health orders in effect Dec 23



Gatherings limited to your household plus one other household or 10 guests, all vaccinated



No indoor organized gatherings of any size, incl. parties, celebrations



All indoor venues reduced to 50% capacity, incl. concerts, movies, sports



Adult gyms, fitness centres, dance studios closed



Bars and nightclubs closed



Maximum 6 people per table and no mingling at restaurants & pubs



All events and venues required to scan the BC Vaccine Card QR code



No sports tournaments

COVID-19 IN BC

## Sayward Recycling Depot Update

The Sayward recycling depot is once again accepting glass bottles, jars, and foam packaging.

Thank you for your patience and understanding during the period of suspension.



Village of Sayward





## Heritage Hall Happenings January 2022

Next meeting will be January 17<sup>th</sup> at 7 pm

Position of Treasurer is in need of being filled.

If interested please come to our January meeting.

Volunteers needed to make events happen at the hall.

All welcome. Memberships are \$5 a year

Happy New Year to you and yours!

The Directors of the SCRA-Heritage Hall

Email hall at [heritagehall@saywardvalley.net](mailto:heritagehall@saywardvalley.net)

250-282-0192



# THANK YOU!

Thank you to all!

Seniors Christmas Dinner 2021

A very big thank you to ALL the helpers from set up to clean up and the in between to make the 2021 Seniors Christmas Dinner a go! Nancy Critchley, Irene Ingalls, and Tracey Skogan that did all the cooking. Then to all the rest from peeling to clean up Elsie Lidgate, De Hardgraves, Miss Trish, Michelle Smith, Anne Davis, Aggie Pringle, Eric Stapleton, Linda Stapleton, Leigh Broadbent, Danielle Pennel, Garnet Underwood, Emmit Underwood and Bruce Fyfe . I am sure I have forgotten someone sorry but thank you too.

Door prize donations and money donated towards dinner! Thank you

Jersey, Lily, Zack and AJ for stepping up to help volunteer. Great to see our younger generation out!

Many stayed after and helped out in so many ways like putting away tables, chairs, food, dishes and I want to thank all them also.

And thank you to the SCRA-Heritage Hall for providing this free dinner to our Sayward seniors!



## Age Friendly Drop-In Programs @ the Kelsey Centre



MONDAY

Domínos  
9:15 -  
11:45am

Carpet  
Bowling  
9:15-  
11:45am

WEDNESDAY

Domínos  
9:15-11:45

Carpet Bowling  
9:15-11:45am

FRIDAY

Drop In  
Lounge  
Open 12-  
2pm



**Sayward Age Friendly Van  
December & January 2022  
Winter Schedule**

**Age 19+**

Shopping in Campbell River  
We leave for town approximately **9 am**  
**SUBJECT TO CHANGE DUE TO WEATHER  
CONDITIONS**

Thursday, December 9, 2021

Thursday, December 23, 2021

Thursday, January 13, 2022,

Thursday, January 27, 2022

Please phone the day before by **noon**

For more Info:

Contact: Kelsey Centre 250-282-5500



## Kelsey Centre Closures

### New Provincial Wide Restrictions

**The Kelsey Centre will not be  
offering Fitness classes or  
Access to our Weight Room  
until a New Public Health  
Order is released January 18,  
2022**

**Sorry for the inconvenience,  
We will continue to monitor  
BC Covid Restrictions  
guidelines**



# GET READY FOR YOUR COVID-19 VACCINE



Immunizers are returning to your  
community in January, 2022

**APPOINTMENTS ARE REQUIRED FOR EVERYONE AGE 5+**

Register today at [www.getvaccinated.gov.bc.ca](http://www.getvaccinated.gov.bc.ca)  
or 1-833-838-2323.

**Learn more at [islandhealth.ca](http://islandhealth.ca)**

## EMERGENCY SUPPORT SERVICES

We are still looking for more people to join the ESS team of volunteers. What are we looking for? People 19 years or older to volunteer to help out doing various activities during a disaster or local emergency. We will meet together once per month to do scenarios and upgrades. Most training for now, due to COVID is done on computer, at your pace and not cost to you. Of course as in everything the needs of your family will come first prior to doing anything for others in an emergency. Also this commitment does not require you to 'stay home' just in case something may happen. We have a call out system, to check if you are available. Please we need many more people thru out Sayward to volunteer, step up today, contact Pat Rusch at 250-282-3238 for more information.

## IDEAS TO HELP YOURSELF BE PREPARED IN ANY POWER OUTAGE

- If you have cell or internet coverage check out the BC Hydro Power outage site. This will give details about where outage is, if crew is paged out/on scene/and estimated time it will come back on.
- If you have a generator make sure to know how to use it, have gas for it and it is always outside when running. You can kill yourself with carbon monoxide poisoning, an odorless gas, if put inside or near an open window.
- Make sure windows and doors are airtight to reduce drafts.
- Have battery operated light(s) rather than candles, plus some spare batteries
- Have a source to heat food- eg propane stove, BBQ that you will use outside. Plus matches/lighter to start it.
- Have a stock of canned food with a manual can opener eg stew, chunky soup, filling meal in a time.
- Water or source of safe water for drinking/food prep. Boil water for 6 mins if unsure if safe to use.
- Don't open fridge/freezer unless necessary to keep coldness in.
- In cold weather or when it starts to get dark, close all blinds/ curtains on windows to conserve heat.
- Have extra blankets and warm clothes to put on. Cover your head as it will keep you warm longer.
- Leave 1 light on in home so you will know when power comes back on.

### Websites to check out:

**Prepared BC** <https://www2.gov.bc.ca/gov/content/safety/emergency-management/preparedbc>

**Get Prepared** <https://www.getprepared.gc.ca/index-en.aspx>

These are only a few ideas to get you started on Being Prepared!