



Kelsey Centre
250-282-5500

November 8th- November 30th, 2021

MON.		WED.		FRI.	EVENTS
SENIOR'S CARPET BOWLING 9:15-11:45am		SENIOR'S CARPET BOWLING 9:15-11:45am			November 25 TH PRO-D DAY CAMP 11-3PM LUNCH PROVIDED CALL TO REGISTER \$15.00
WEIGHT ROOM OPEN 12-7PM		WEIGHT ROOM OPEN 12-7PM		WEIGHT ROOM OPEN 12-7PM	
LAND AEROBICS 12-1PM BEGINNER/MODERATE (SHERRI) STRETCH & STRENGTHEN 1:00-1:45PM ALL FITNESS LEVELS (SHERRI)		LAND AEROBICS 12-1PM BEGINNER/MODERATE (SHERRI) STRETCH & STRENGTHEN 1:00-1:45PM ALL FITNESS LEVELS (SHERRI)		LAND AEROBICS 12-1PM BEGINNER/MODERATE (SHERRI) STRETCH & STRENGTHEN 1:00-1:45PM ALL FITNESS LEVELS (SHERRI)	
AFTER SCHOOL PROGRAM MOVING MONDAY'S 230-430pm		AFTER SCHOOL PROGRAM WILD WEDNESDAY'S 230-430pm		AFTER SCHOOL PROGRAM FUNKY FRIDAY'S 230-430pm	
LAND AEROBICS 6-7PM ALL FITNESS LEVELS (SHERRI)		LAND AEROBICS 6-7PM ALL FITNESS LEVELS (SHERRI)		LAND AEROBICS 6-7PM ALL FITNESS LEVELS (SHERRI)	

ALL PATRONS USING THE WEIGHT ROOM OR ATTENDING AEROBICS/GROUP FITNESS PROGRAMS, MUST BE DOUBLE VACCINATED. PLEASE PROVIDE YOUR BC VACCINE CARD, AND ONE PIECE OF BC VALID GOVERNMENT PHOTO ID. WE ARE FOLLOWING UPDATED GUIDELINES BY THE PROVINCIAL HEALTH ORDER AND WILL KEEP UP TO DATE WITH ANY NEW PROTOCOLS MOVING FORWARD.

AFTERSCHOOL PROGRAM PARENTS WILL BE ASKED TO REMAIN OUTDOORS FOR PICK UP. THE INSTRUCTOR WILL BE AT THE DOOR TO MAKE SURE PARENT/GUARDIAN IS THERE TO PICK-UP UNLESS PRIOR ARRANGMENTS ARE MADE.