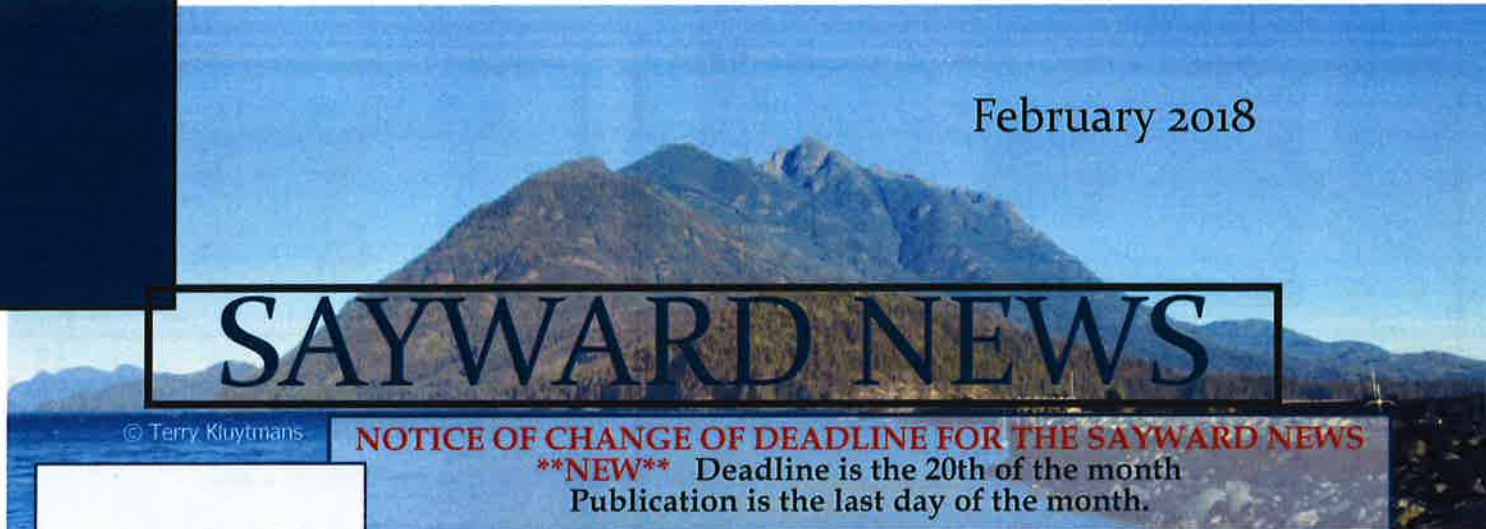


<b>Delivery Mills Ltd.</b> <b>*Custom Cut Lumber*</b> <b>250-282-3208</b> No Call or pick ups after 7 pm Please	<b>MERAKI POWER ELECTRIC LTD.</b> Commercial, Industrial, Residential Electrical Work <b>250-203-5128</b>	 Sayward Christian Fellowship Morning Service 11:00 AM 740 Gentry Rd. Mark Johnson 250-282-3473 Bruce Fyfe 250-282-3301 Bible Study, Wednesday 7:00 pm Contact Beth Johnson 250-282-3473
<b>HANDYMAN FOR HIRE</b>  <b>For all your home repairs &amp; Renovations Inside and out</b> <b>250-282-3361 — Joe</b>	<i>The Original</i> <b>Cable Cookhouse &amp; Co</b> EST. 1970 1471 Sayward Rd. 250.282.3380	 PO Box 573 Stn A, Campbell River, BC V9W 5T9 <b>250-287-4199</b>
 <b>Straits View Café</b> <b>250-282-0118</b> Catering & Crews, Rooms & RV Sites daily, weekly & monthly Boat Launch & Moorage	<i>You're at home here</i>  Premium, Midgrade & Regular gas, Diesel fuel, Propane Auto & Cylinder Liquor Store & Convenience 6 am - 10 pm <b>250.282.3232</b>	 <b>Susan Mallinson</b> Your Sayward Specialist C: 250-203-3545 O: 250-286-3293 susanmallinson@royallepage.ca <a href="http://www.susanmallinson.com">www.susanmallinson.com</a>
<b>Sayward Valley Resort</b> Camping Resort, Cabin, Rooms Store, Liquor, More! <b>Hosts Frank &amp; Faith Morgan</b> <b>(250) 282-3204</b>	<b>RED CROSS LOAN EQUIPMENT</b> Georgina McLean <b>250-282-3795</b> Angie Hayward <b>250-282-3281</b> Cheryl Lavoie <b>250-282-3379</b>	 <b>Sayward Valley Farms</b> Fall 2017 butchering available Hamburger: 10-lb. box \$ 60.00 Bones \$ 2.00 per/lb Phone Beth <b>250-282-3473</b>
<b>OCEAN VIEW GIFTS ON THE WHARF</b> Tourist information, Artists Gallery Confectionary, Fishing Licenses <b>250-282-0018</b> <a href="http://www.saywardfutures.ca">www.saywardfutures.ca</a>	<b>Rainbow's End Golf Course</b> 9 hole Executive Course Club House open April to Oct. 1608 Rainbow Rd. <b>250-282-3222</b> <a href="http://www.golfsayward.ca">www.golfsayward.ca</a>	 <b>Fox Disposal</b> <b>Hauling from North Island</b> Soil, compost, sand, etc. 2—40 yard containers. <b>Fox's Disposal Services</b>
<b>D.J. Luoma Trucking</b> General Hauling, Gravel & Backhoe Services <b>Phone: 250-282-5525</b>	<b>3D Services Design &amp; Drafting</b> <b>Jens Diron 250-282-3695</b> 915 Island Hwy. Sayward B.C. Personal, Reliable, Fast European Precision and Quality Custom House Designs	<b>Mt H'Kusam View Lodge</b> Hostel and Country Inn 1165 Salmon River Main <b>Julie Olsen &amp; Erik Walsh</b> <b>250-282-5547</b> Accommodation & catering for groups, tourists and family retreats <a href="http://www.mthkusamviewlodge.com">www.mthkusamviewlodge.com</a>
 whitetidesports@gmail.com 574 11 <sup>th</sup> Avenue Campbell River, BC V9W 4G6 <b>250.914.5558</b>	<b>General Welding</b> Red Seal Journeyman Welder General Welding \$60/hr to make an appointment Call 1-250-914-5559	<b>SAYWARD PET GROOMING</b> GROOMING SERVICES FOR ALL BREEDS <b>TEXT:250-418-0494</b> saywardpetgrooming@gmail.com
<b>SAYWARD SEWING &amp; MENDING</b> Contact Charon 250-850-7144 604-210-0466 email: charonrids@hotmail.com	<b>DRY INDOOR SECURE STORAGE</b> FOR RV'S AND BOATS 9' WIDE BY 12' HIGH <b>CONTACT AL 250-282-0098</b>	 CRS Building Maintenance Services Commercial/Residential Celeste Taylor Sage Owner/Operator <a href="mailto:ctsage30@gmail.com">ctsage30@gmail.com</a> Text 1 250 418 0494 Licensed, Bonded & Insured

February 2018



# SAYWARD NEWS

© Terry Kluytmans

**NOTICE OF CHANGE OF DEADLINE FOR THE SAYWARD NEWS**  
**\*\*NEW\*\*** Deadline is the 20th of the month  
 Publication is the last day of the month.

**SPECIAL POINTS OF INTEREST**

- \*Kelsey Centre Schedule
- \*Organization Meetings
- \*Elected Officials

**Village of Sayward**

**Office Hours**

Monday-Friday  
9:00 am - 4:00 pm

Closed Statutory  
Holidays

Phone: (250) 282-5512  
Fax: (250) 282-5511

**Email Address**  
village@saywardvalley.ca

**Village Web Address**  
[www.sayward.ca](http://www.sayward.ca)


**Sayward News Email**  
saywardnews@gmail.com


## Wounded Warriors Run team 2018!

This year our team consists of 15 people, including runners, support staff and 1 service dog. We are getting excited and setting our final preparations to come up and begin our run. We are scheduled to arrive at **The Royal Canadian Legion 147 in Sayward** at approximately **5:00 pm** on **February 20**.

We will have shirts and maybe some pins, coins etc. to sell by donation. We can accept any donations towards the run and the run is part of Wounded Warrior Canada so any cheques are to be made out to Wounded Warrior Canada.

The Wounded Warrior Run **For awareness of PTSD** is a relay style run composed of 7 runners covering the length of Vancouver Island in just 7 days. This year our team includes current serving military members, reservists, veterans, first nations, police officers, fire fighters, medics and civilians.





© Jennifer Brown





## Sayward Recycling Depot

We would like to ask residents to please refrain from putting the following items in the recycling bins:

- Clothing (Material of any kind)
- Tin Foil
- Unwashed recycling (plastics, tins etc.)
- Insulating Styrofoam
- Styrofoam meat trays with blood
- Shoes
- Hoses
- Garbage
- Plates and Cups
- Mirrors
- Window glass

- PLEASE SORT YOUR RECYCLING INTO THE PROPER BINS.

- **ALL PAPER AND CARDBOARD PRODUCTS GO IN THE BIG RED BIN.**

- **THE METAL BIN IS FOR METAL ONLY, PLEASE DO NOT PUT IN WOOD, FURNITURE ETC.**

THANKS



## Notice of Regular Council Meetings

The Village of Sayward Regular Council Meetings for the year 2018 will held in the Council Chambers located at 652 H'Kusam Way at 2:30 PM on the following dates:

January	Tuesday	9, 23
February	Tuesday	6, 20
March	Tuesday	6, 20
April	Tuesday	3, 17
May	Tuesday	8, 22
June	Tuesday	5, 19
July	Tuesday	17
August	Tuesday	14
September	Tuesday	4, 18
October	Tuesday	9, 23
November	Tuesday	6, 20
December	Tuesday	4, 18

## Elected Officials of the Village of Sayward

<b>Mayor</b> John MacDonald	(250) 282-0184
<b>Councillor</b> Norm Kirschner	(250) 282-3834
<b>Councillor</b> Diane Mason	(250) 282-3760
<b>Councillor</b> Joyce Ellis	(250) 282-3863
<b>Councillor</b> Janett Hoare	(250) 282-5516



**Area A Director**  
Gerald Whalley (250) 282-3787



**Trustee**  
Gail Kirschner (250) 282-3834

## Provincial Government Member of Legislative Assembly

Claire Trevena 1-866-387-5100  
[www.clairetrevena.ca](http://www.clairetrevena.ca)  
[claire.trevena.mla@leg.bc.ca](mailto:claire.trevena.mla@leg.bc.ca)



## Federal Government Member of Parliament

Rachel Blaney 1-250-287-9388  
1-800-667-8404

## Claire Trevena, MLA

(North Island)  
908 Island Hwy, Campbell River, B.C. V9W 2C3  
Phone: 250-287-5100  
866-387-5100 Fax: 240-287-5100



## North Island Survivor's Healing Society

Trauma and Abuse Counseling Centre

Call: 250-287-3325  
Professional counseling by appointment

"The society gratefully acknowledges financial assistance from the Province of BC & the United Way"



## Cathy Luong Insurance Advisor

We provide a broad array of Home, Auto, Commercial, Marine, Travel, and Business Insurance with competitive markets and rates for our local communities

T-250-287-8819 C-604-720-0196  
[cathy.luong@hubinternational.com](mailto:cathy.luong@hubinternational.com)

**This space for rent, please  
contact the Village of  
Sayward  
for details at  
250-282-5512 or  
[village@saywardvalley.ca](mailto:village@saywardvalley.ca)**

## North Island Pharmacy

In Campbell River would love your business.

We are pleased to offer **FREE** weekly full prescription delivery service to **Sayward Valley Resort** in Sayward every Wednesday **250-286-4522** ( 9am-5pm)



## Shawn Sinclair (250) 282-3726

Email: [brh@saywardvalley.net](mailto:brh@saywardvalley.net)  
1004 Sayward Road, Sayward, BC V0P 1R0

We make it beautiful...You make it home



## Janet Scotland

Managing Broker/Owner

Serving the North Island from two offices, Campbell River and Gold River  
[www.northislandrealestate.ca](http://www.northislandrealestate.ca)  
**1.888.771.2111**



## Janet Baker

Your Local Travel Specialist

Taking care of all your travel needs, one step at a time!

Cruises, Flights, Hotels, All inclusive land Vacations & Travel Insurance. No extra Fee's.  
P 250.282.3897 P 250.334.3323 TF 1.800.665.2780  
E [janetbaker@cruiseshipcenters.com](mailto:janetbaker@cruiseshipcenters.com)



962 Shoppers Row, Campbell River, B.C. V9W 2C5  
PH: 250-286-0110 Toll-free: 1-888-986-0110

## STOWE CREEK AUTO REPAIR

760 Island Hwy. Sayward, B.C.

Wayne Ryan 250-282-3846

Certified Auto Technician

Repairs and Maintenance for your cars, trucks and motorcycles



## #1 Cell Phone Repair Store

1342 Shoppers Row, Campbell River BC  
blackapplecell (250) 850 7577  
[www.blackapplecellular.com](http://www.blackapplecellular.com)

## Mid Island HEATING SERVICES LTD.

INSTALLATIONS . SERVICE . REPAIR  
GAS & OIL SPECIALISTS . EX BRITISH GAS ENGINEER

Mark Harper

Fully Insured CELL: (250) 201-0075  
30 Years Experience HOME: (250) 337-8165

## IMPORTANT NOTICE

Our phone notification service requires your assistance. We need new residents to provide us with your phone number and street address so we can add you to our phone notification system. If you move within the community, please let us know so we can send our notices to the correct people.

This system is used by the Village's Public Works staff to let Village residents know of problems with the water, sewer or other systems. It can be used to notify the entire community of any emergency situations. **It is important that we keep our resident list current.**

The system only allows for 10 digit phone numbers, no long distance can be used.

If you have not been receiving calls that you know have been sent out, please let us know.

**To provide us with your information call the Village Office at (250) 282-5512.**



## 2018 Dog Licenses

**Please note all dogs living in the Village must have a valid Village of Sayward dog license.**

These licenses can be purchased at the Village Municipal Office. The cost is \$15.

As a courtesy to your fellow Sayward residents please ensure your dog is not running around on the loose and it is always on a leash when it is with you. Finally, please note it takes up valuable resources (i.e. tax dollars) whenever Village staff have to spend time chasing dogs or dealing with dog owners who do not abide by the bylaws.

## New service to be Trialed in Sayward

The Campbell River Food bank supplies one hamper per month to individuals and families registered with the program

We are aware that in Sayward transportation to the food bank can be an issue, as a result residents of Sayward will be able to have the new service pick up and deliver their Campbell River food hamper.

### How to access the service

- One needs to be a registered individual/ family with the CR Food Bank  
Processes to become register involves attending the food bank in person, and complete the intake process. Please remember to bring ID for every person you intended to register (adults and children). For additional information please call the Food Bank directly 250-286-3226
- Choice if you wish to have your hamper picked up and delivered on the first or second Friday of the month
- Contact Darlene 250 282 5500 before 4 pm on the Wednesday prior  
if you are unable to speak directly with Darlene – please leave a message – no details are needed other than your first name and phone number. Darlene will return your call.
- Sign a letter of authorization which states the driver can pick up your monthly hamper

This new community minded initiative is striving to provide a confidential and efficient service to the residences of the Sayward Village and Valley

Any feed back or suggestions would be graciously accepted.

Please spread the news to anyone you feel may wish to access this service

Service is subject to change

## Local Organization Information

**Village of Sayward Office** 250-282-5512

**Village of Sayward Council** Contact at 250-282-5512

1<sup>st</sup> & 3<sup>rd</sup> Tuesday of each month at 2:30 p.m.

**VI Regional Library** Contact 250-282-5551

Open Tuesday 10-12 & 1-5, Wed. 10-2, Thurs 1-4 & 5-8,  
Sat 10-2

**Sayward Volunteer Fire Department**

Contact Non-Emergency 250-282-5505

Email address: svfd@saywardvalley.net

Meeting every Thursday @ Fire Hall #1 at 7 pm

**Sayward Ambulance Service Station**

Contact Non Emergency 250-282-3600

**Crisis Line Available** 24/7 1-888-494-3888

**Sayward RCMP**

Contact Non-Emergency 250-282-5522

**Kelsey Center** 250-282-5500

**Carpet Bowling** Contact 282-5589

Tuesdays & Thursdays at Kelsey Rec. Centre

**Sayward Futures Society** Contact 250-282-0018

2nd Monday of each month at SFS office at wharf 6:30pm

**Sayward Harbour Authority**

Last Sunday of each month Harbour Office 11 AM

**Sayward Fish & Game**

Last Thursday of each month – Heritage Hall 7:30 pm

**Royal Canadian Legion Branch #147**

**Hall Rentals: Norm Kirschner-250-282-5591**

Last Tuesday of each month in Legion 7:00 pm

Except July and August

**Heritage Hall**

3<sup>rd</sup> Monday of each month – Heritage Hall 1 pm

**St. Bernadette's Catholic Church – Despins Road**

Sunday Service at 10:00 am (3<sup>rd</sup> Sunday at 3:00 pm)

**Sayward Christian Fellowship**

Sunday Service at 11:00 am – 740 Gentry Road

**Red Cross Equipment Loan**

Contact Georgina McLean 250-282-3795, Angie Hayward 250-282-3281, Cheryl Lavoie 250-282-3379

**AA Meetings** – 250-282-0030

**Sayward Emergency Program** – Diane Mason (250) 282-3760/  
epc@saywardvalley.net

**Share Shed – Bryanne Stacey-250-282-3464**

**Sayward Health Clinic-250-282-3815**

**Sayward Emergency Support Services** – Director Diane Mason-  
250-282-3760

## Kelsey Centre Job Posting

**We are accepting resumes for the postion of Life Guard**

**This is a Casual/Part time position**

**NLS Certified**

**Current Criminal check**

**Excellent people skills**

**Enjoy working with others**

**We are willing to assist in some training for the right applicant**

**Please drop off your resume at the Kelsey Centre or**

**email: kelseycentre@saywardvalley.net**

**Telephone: (250) 282-5500 ask for Darlene**



**School District 72**  
Campbell River

### School District 72 Invites Community to Participate in a Survey about Sayward School

School District 72's Board of Education is inviting community members to participate in a survey about Sayward School. The survey will be available on the Sayward School website at [www.sd72.bc.ca/school/Sayward](http://www.sd72.bc.ca/school/Sayward) as of February 1 and will be open for responses until the end of the day on Friday, February 16.

The survey will also be sent directly to Sayward School parents.

The school district and the board would like to hear your suggestions, concerns, interests and questions about the school as part of their review of rural school facility use and 10-year facility plan.

The Board of Education understands how important rural schools are to the communities they serve and is exploring potential partnerships that could maximize the use of the school for the students' and community benefit.

Your participation is greatly appreciated, as results will determine the format of a possible community meeting in the future.



# February 2018

Katie- Public Health Nurse 250-850-2110 press 1

Marion – Massage Therapist 250-203-4549

Jen Fyfe- Physio 250 203-4047

Leah- Foot Care Nurse 250 203-3462

Call above providers directly to book appointment.



**CLINIC PH 250-282-3815**

PLEASE CALL AHEAD FOR APPOINTMENT  
TIMES –thank you!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	29	30	31	1	2	3
	NP Enid 9-5 Labs 9-11:30	NP Enid 9-5	NP Enid 9-5  Micke- Health Con- sultant	No NP	CLINIC CLOSED	
4	5	6	7	8	9	10
	NP Enid 9-5 Labs 9 - 1  Dr McFadden 10-3	NP Enid 9-5	No NP	No NP	CLINIC CLOSED	
11	12	13	14	15	16	17
	FAMILY DAY CLINIC CLOSED	NP Tracey 9-5	NP Tracey 9-5  Public Health Nurse Micke- Health Con- sultant	NP Tracey 9-4	CLINIC CLOSED	
18	19	20	21	22	23	24
	NP Tracey 9-5 Lab Day 9 - 1 Dr McFadden 10 - 3	NP Tracey 9-5	NP Tracey 9-5  Jen- Physio 10:30 Pain Workshop	NP Tracey 9-4	CLINIC CLOSED	
25	26	27	28	1	2	3
	NP Tracey 9-5 Labs 9- 11:30	NP Tracey 9-5	NP Tracey 9-5  Micke- Health Con- sultant	NP Traey 9-4	CLINIC CLOSED	



## Sayward Valley Folk Music Society News

We are pleased to welcome recording artists **Rio Samaya** in concert on **Sunday, February 11** at **7:00 pm** at the **Heritage Hall**.

Vancouver duo Rio Samaya consists of Pancho and Sal, partners in life as well as in music. They play enchanting Latin rhythms and romantic melodies in Spanish, as well as Italian, English and French folk songs. With a style that flows through the folkloric traditions of Central and South America, **Rio Samaya** blends elements of folk, country, reggae, and Gypsy rhythms to the delight of their audiences throughout Canada and the Americas.

Guitar, bombo, cha-chas, accordion, quena, flute, harmonica, piano, charango, and ukulele are just some of the instruments they play to create their gentle and compelling sound.

We are fortunate to have **Rio Samaya** visit Sayward at the start of their 2018 tour.

Memberships to the Sayward Valley Folk Music Society are now available. They are good for a full year. The cost is \$85.00 per person or \$130.00 for a family. **Regular admission price at the door is \$10.00 for non-members.** As always, Children 12 and under are free.

Our feature in March will be Canadian Recording artist Harpdog Brown and His Travelin' Blues Show. The date: Sunday March 11 at 7:00pm

Advanced tickets for the Harpdog Brown Concert go on sale February 12. They are \$15 per person and may be purchased at the Sayward Library, Tanya's Haircutting, the Kelsey Center, the Music Plant in Campbell River, or online at [bit.ly/HarpdogInSayward](http://bit.ly/HarpdogInSayward) Price at the door on the evening of the Harpdog Brown concert will be \$20.00 a person (except members).

The Sayward Valley Folk Music Society continues to promote live acoustic folk music in a family friendly atmosphere, the second Sunday evening of the month, at the Heritage Hall. For more information contact Bob or Karen Sampson 282-0134



Many Thanks to the Community of Sayward for their incredible generosity to the Secret Santa.

Kusam Klimb  
Sayward Valley Resort  
Mid Island Coop  
The Legion  
Home Hardware  
Heritage Hall  
Trophy West Guide Outfitters

Sayward Valley Communication  
Bekins  
North Island Kayak  
Sayward Fire & Rescue  
Sayward Futures  
Jim's Clothes Closet

Margaret K, Rachel N, Kim, Diane M, Michelle & Paul, Monika, Shirley & Doug, Irene, Morley & Sharon, Berna F and Ron Y.

Special thank you to

Ann, Terry & Nancy, Garth & Irene, Sue & John





Sayward Community Recreation Association  
1257 Sayward Rd, Sayward  
250-282-0192 or [Heritagehall.2012@gmail.com](mailto:Heritagehall.2012@gmail.com)

### New Tuesday Weekly Sewing Program starting Feb 6, 10 am to 2 pm

Bring your lunch and come down and sew, knit, crochet and chat. Get a change of scenery, bring a friend or make a new friend. The cost will be a toonie each Tuesday. Quilting classes may be offered if there is enough interest. Contact Barb Bowbrick at 250-282-3741 for more information or other learning interests.

### Heritage Hall Happenings

Indoor Market @ Saturday February 3, 10 am to 1 pm

Weekly Sewing Program @ Tuesday Feb 6, 13, 20 and 27 10 am to 2 pm

Sayward Tourism Workshop @ Wednesday February 7, 10 am to 3 pm

Garden Club Meeting @ Thursday February 8 at 7 pm

Community Potluck @ Saturday February 10 at 5 pm

5 pm sharp. All welcome. Bring your favourite dish!

Sayward Valley Folk Music Society @ Sunday February 11 at 7:00 pm

Presenting Rio Samaya in Concert at 7:00 pm Open Mic at 6:00 pm

Admission to this event is \$10.00 at the door

SCRA General Meeting @ Monday February 19 at 1 pm

Thank you to all the new members who joined the SCRA in January!

1pm at the Heritage Hall. New ideas for events or programs are welcome. Meetings are open to all. Volunteers are encouraged.

Sayward Fish and Game Meeting @ Thursday February 22 at 7:30 pm



## SAYWARD VALLEY FARMS

Fall 2017 butchering available now:

Hamburger: 10-pound box \$ 60.00

Small quarters of beef still available (cut/wrapped/frozen)

Bones \$ 2.00 per pound

Phone Beth 250-282-3473

## Clinic Corner News

Chronic Pain Workshop facilitated by Jen Fyfe, Physiotherapist

Chronic Pain is not just a result of injury. It is a change in the entire nervous system, at the site of injury/ illness as well as within the brain itself. Pain is a protective mechanism your body uses to alert or respond to a problem. But what about when that problem is chronic and unchanging? What about the pain that lasts for decades? Please join us as we explore the system and strategies to respond to pain that has refused to go away.

The Sayward Primary Healthcare Clinic welcomes Micke Harris, a Health Consultant who will work with Tracey Payne, NP and Dr. McFadden to address the needs of individuals with chronic, complex mental health and substance use issues in combination with other social determinants of health. In order to be referred to Micke, you must first see either Tracey Payne, NP or Dr. McFadden.

Cold and flu season is definitely here. We are seeing an increased number of patients in the clinic, suffering from these viruses. This is a good time to remind your family - especially your children, how to stop the spread of viruses.

The most effective way to stop the spread of infection and disease is hand washing. Invisible germs are always present on surfaces. Some harmful, others are not. Hands should be washed

- After visiting the toilet
- Before eating or handling food
- When hands are visibly soiled
- After coughing or sneezing into the hands

Alcohol based hand sanitizers are recommended when soap and water is not available however, these may not be as effective against some infections.

It is that time of year when we think about New Years Resolutions! Whether you want to lose weight, quit smoking, increase exercise or improve your overall health, the staff at the Sayward Primary Healthcare Clinic are here to support you. The first step starts with you and the desire or thought to improve your health.

Do you suffer from Osteoarthritis?? Jen Fyfe, physiotherapist, is offering a workshop at the clinic on Wednesday, January 17, 2018 at 11:00 to help with those suffering with osteoarthritis and how to keep moving. Cost \$30. Please register directly with Jen by calling 250 203-4047.



## Calling ALL Family & Friend Caregivers!

Join us for the CR Caregiver Support Group. Come share your experiences, concerns and thoughts. Get help navigating the healthcare system & get your questions answered. Lots of free information and resources available. Confidentiality assured.

*All caregivers are welcome*

Facilitated by several retired Campbell River Nurses.  
Supported by Family Caregivers of British Columbia.  
Venue graciously donated by Ironwood Place.

**When:** 2nd Monday of each month (*note: some date changes due to stat holidays*)  
January 8, February 19 (due to BC Day), March 12, April 9, May 14 and June 11

**Time:** 2:00 pm to 4:00 pm

**Where:** Ironwood Place – 1351 Ironwood Street, (across from Campbell River Common Mall)

RSVP appreciated but not required. Contact - [campbellrivercaregivers@gmail.com](mailto:campbellrivercaregivers@gmail.com)

or call toll free 1.877.520.3267



KELSEY RECREATION CENTRE					
FEBRUARY SCHEDULE					
250-282-5500					
	SUNDAY	MONDAY	WEDNESDAY		FRIDAY
7:30	Free Swim Friday  February 2, 2018  Sponcered by 1 <sup>st</sup> Sayward Scouts	EARLY BIRD SWIM 7:30-9:00	EARLY BIRD SWIM 7:30-9:00		EARLY BIRD SWIM 7:30-9:00
8:00					
8:30		WEIGHT ROOM 7:30-11:30	WEIGHT ROOM 7:30-11:30		WEIGHT ROOM 7:30-11:30
9:00					
9:30		AQUACISE 9:00-10:00	AQUACISE 9:00-10:00		AQUACISE 9:00-10:00
10:00					
10:30		OPEN SWIM 10:30-11:30	PARENT & TOT SWIM 10:15-11:00 OPEN SWIM 11:00 - 11:45		OPEN SWIM 10:30-11:30
11:00					
11:30					
12:00	AQUACISE 11:45-12:45				
12:30					
1:00	TOONIE SWIM  1-4				
1:30					
2:00		AFTER SCHOOL PRO- GRAM 2:30-4:30 MOVING WET MONDAY (In the pool)	AFTER SCHOOL PROGRAM 2:30-4:30 WET WEDNESDAY (In the pool)		AFTER SCHOOL PROGRAM 2:30-4:30 FUNKY FRIDAY (weather permitting outdoors)
2:30					
3:00					
3:30	CLOSURE: MON. FEB. 12 <sup>TH</sup> , 2018  CLOSED				
4:00					
4:30					
5:00		AQUACISE 6:00-6:45 ZUMBA 7:00	AQUACISE 6:00-6:45 ZUMBA 7:00		AQUACISE 6:00-6:45 ZUMBA 7:00
6:00					
6:30					
7:00		WEIGHT ROOM 6:00-8:30	WEIGHT ROOM 6:00-8:30		WEIGHT ROOM 6:00-8:30
7:30					
8:00	PUBLIC SWIM 7:00-8:30	PUBLIC SWIM 7:00-8:30		PUBLIC SWIM 7:00-8:30	
8:30					
			SINGLE	10-PACK	MONTHLY
AFTER SCHOOL PROGRAM			4.00	40.00	NA
CHILD/YOUTH			2.75	24.75	33.00
ADULT			4.50	40.50	54.00
SENIOR			3.50	31.50	42.00
FAMILY (Immediate)			11.90	107.10	142.80
Note: Monday, Wednesday and Friday's The Kelsey Centre front doors will be locked during the AFTER SCHOOL PROGRAM. Only Parents or Guardians are permitted to enter. Reminder: No School No AFTER SCHOOL PROGRAM.					
CLOSURE: MONDAY FEBRUARY 12 <sup>TH</sup> , 2018 CLOSED FAMILY DAY					
The facility schedule is subject to change. For daily schedule please call 250-282-5500					



## Garden Club News

Pity the poor addicted gardener, trapped inside by the endless pelting rain. But when the rain stops it's warm outside in the sun and February can be a really fine month, an early beginning of spring.

During one of the warm spells it is still possible to plant winter cover crops like fall rye with no Stellar Jays around to steal the seed. Thinning out and tying up the raspberry canes is timely. When they are all thinned, tied up, weeded, dressed with compost and mulched, they are ready to produce a tasty crop in the summer. Some of our members are busy tapping their maple trees to make syrup. In the evening we keep our growing dreams alive by drawing garden plans that make sure that there are spaces for all our favorite vegies.

The January meeting of the club featured a discussion of winter gardening led by Michelle. We learned that by planting in the late summer in an unheated greenhouse it is possible to harvest even in the coldest months. Lettuce, corn salad and other greens, bok choy, chard and kale can all survive the winter with this protection and even start to grow again at this time of year. New plantings of spinach can happen now if we keep our eye on watering.

We will be completing our group seed order at the February meeting. We order larger amounts of seed and split them up at substantial savings to our members. There is still time to get in on this process at the meeting.

With all the rain it is hard to remember how dry our summers can be. Xeriscaping (pronounce the X like a Z) is the name given for the science and art of growing in dry conditions and that is the subject of the talk to be presented by our guest at the February 8<sup>th</sup> meeting. North Island College instructor Zac Kregosky will fill us in on this increasingly topical subject. Please join us at the Heritage Hall at 7:00 on Thursday, February 8<sup>th</sup>.

## SAYWARD TOURISM COMMITTEE UPDATE

As part of the Sayward Tourism Committee ongoing efforts to encourage and develop tourism we are organizing another all-day planning session. We would like to invite all Sayward Village and Valley residents and stakeholders to attend and participate.

**WHEN:** Wednesday, February 7, 2018 10am to 3pm.

**WHERE:** Heritage Hall

### AGENDA:

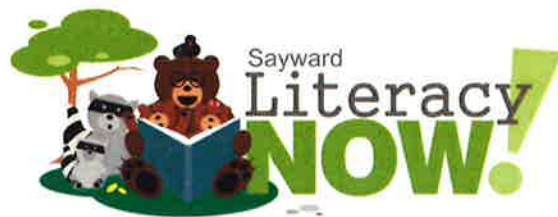
1. Introduction
2. Review any items from our last planning session held November 29, 2017
3. Facilitator will conduct exercises to pinpoint ideas that need to be put into action this year
4. Develop the next steps for success.

There will be a light lunch and coffee supplied. To help us chairs, please send an email to [saward.tourism@gmail.com](mailto:saward.tourism@gmail.com) to let us know you will be coming or for more Information. You can call Joyce Ellis at 250-282-3863 to give your RSVP.

Everyone is welcome to attend. Please come and help us develop the next steps.







Drop in for a coffee and let us know if we can help you with your computer!

Open to all and no cost every

**Monday and Thursday 10am to 12pm**

If you need help give either one of us a call!

Jan Bakker at [bokkie.bakker@gmail.com](mailto:bokkie.bakker@gmail.com)

250-282-3851 or

Ann Vansnick [annv@saywardvalley.net](mailto:annv@saywardvalley.net)

250-282-3450

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*Sayward Genealogy*

*Research Group*

*Finding Our Family History*



**Second Tuesday of the month**

**Time: 1 PM**

**Place: Kelsey Centre,**

age friendly room



**Media Release**

New Year Programs at the Sayward Library

**eHelp 1- 2:30pm**

Befuddled by browsers? Weirder out by Word? Book a librarian for one-on-one help with your technology-related questions. Call 250.282.5551 to arrange an appointment

**Family Playtime 2:45-3:15pm**

Families are invited to the temporary library location to join in some fun! Join us for stories and songs, or LEGO®, puppets and puzzles! We'll change it up and make it fun for the entire family.

Suitable for all ages.

**Both Programs will run on the following dates; Feb. 13, 27 Mar. 13, 27**

**Age  
Friendly  
Presents  
Crib Night**



**Thursday Evenings**

**7pm**

**Kelsey Centre Age Friendly Room**







## NDP STATEMENT ON AUTOMATIC GIS

NDP Seniors Critic, Rachel Blaney, and NDP Families, Children and Social Development Critic, Brigitte Sansoucy, made the following statement on the Liberal government not retroactively enrolling eligible seniors for the Guaranteed Income Supplement (GIS):

"Canadian seniors should not have to struggle to make ends meet, it's imperative that our seniors get all the benefits they are entitled to from this government.

While the Liberal government has finally announced that they will start the process to automatically enroll seniors for the GIS when they turn 65, this automatic enrollment will only apply to new registrations. This means seniors who are already eligible for the benefit won't be automatically enrolled.

Too many low-income seniors are still not aware of their eligibility to the GIS program, which is why the NDP has long called for the automatic enrollment of GIS for all eligible seniors.

The government has all the information needed to automatically enroll all eligible seniors for the GIS, since they are already enrolled in Old Age Security (OAS). There is no reason not to do this automation retroactively, and this lack of vision by the Liberal government leaves eligible seniors out in the cold.

According to the Fédération de l'âge d'or du Québec (FADOQ), more than 444,000 low-income seniors are currently eligible for the GIS, but are not enrolled.

The Liberal government must change course and automatically enroll all eligible seniors for the GIS. The NDP will continue to work with seniors and stakeholders to ensure our seniors get the support they need to retire with dignity."

**Lucas Schuller**

Constituency Assistant | Adjoint de Circonscription



## SINGH UPDATES SHADOW CABINET, TAKES AIM AT GROWING INEQUALITY

OTTAWA – Thursday, NDP Leader Jagmeet Singh made some key changes to his senior team as the party targets growing economic inequality for the upcoming Parliamentary session.

"I hear from Canadians in every community I visit that while things are booming for the wealthy and well-connected, the majority of people are feeling squeezed and anxious about their future," Singh said. "My dynamic caucus and passionate senior team will be offering tangible proposals to tackle this growing inequality and make a real difference in people's lives."

Ruth Ellen Brosseau will be the NDP's new House Leader supported by Murray Rankin as Deputy House Leader. Marjolaine Boutin-Sweet who will continue in her role as Whip and will be joined by Rachel Blaney as Deputy Whip. Guy Caron will continue in his role as Parliamentary Leader.

Singh also announced that Peter Julian will become the party's Finance Critic. Alexandre Boulerice will continue his excellent work as the NDP's Quebec Lieutenant.

"I am incredibly honoured to be appointed as an Officer of the House," said Blaney of the announcement. "The trust that Jagmeet has put in me is a compliment."

"I am proud to serve the people of North Island - Powell River in this new role and in my continued role as Seniors Spokesperson."

Rachel Blaney, MP | Députée – North Island-Powell River

250-287-9388 | 1-800-667-8404

[rachelblaney.ca](http://rachelblaney.ca) | [ndp.ca](http://ndp.ca)

Coast Salish, Kwakwaka'wakw and Nuuchah-nulth Territory  
UFCW Local 232

**P.A.C**

# VALENTINES DAY DANCE

**15<sup>th</sup>**

**\$4.00 children 5-10 years old**

**\$5.00 youth 11-16 years old**

**Toddlers 4 & under are free with parent's supervision**

**AT THE  
KELSEY CENTRE GYM  
5:30-9:00pm**

**Bake Sale of  
Various items**

**There will be a draw at 830pm of One lucky boy and one luck girl who will be crowned,**

- Lil miss Valentine
- Lil Mr Valentine

February 15<sup>th</sup> 2018





## Sayward Age Friendly Van

Please phone the day before by noon (Clinic days the Friday before)  
For more Info contact: Darlene 250-282-5500 or  
email: kelseycentre@saywardvalley.ca

### Schedule February 2018

#### Age 55 and older

MONDAY 5, 19, 26	TUESDAY 6, 13, 20, 27	THURSDAY 1, 8, 15, 22
Sayward Clinic 9am-12pm	Kelsey Centre 9am-12pm	Kelsey Centre 9am-12pm

Wednesdays February 14

Friday February 26

#### **Weather Permitting**

Shopping in Campbell River  
We leave for town approximately 9 am

Please phone the day before by noon (Clinic days the Friday before)

For more Info contact: **Darlene** 250-282-5500 or **Diane Mason** 250-282-3760

email: kelseycentre@saywardvalley.net



## TOUR DE ROCK COMMITTEE



The current Tour de Rock committee of 3 is informing you that they will be retiring their positions as of January 1, 2018. The Tour de Rock is in need of new volunteers who would like to keep the Tour de Rock going in Sayward and do fundraising for the kids with cancer. The job is not difficult but will be busy in September. The retiring committee is willing to help the new volunteers get started and show them the ropes.

**PLEASE WE NEED VOLUNTEERS.** For more information please contact:

Joyce Ellis 250-282-3863.






## Kelsey Centre Job Posting

**We are accepting resumes for the position of Front Desk/Clerk Reception**  
**This is a Casual/Part time position**  
**Qualifications: Experience Clerk/Reception, Excellent people skills**  
**Enjoy working with the public and small children.**  
**Standard first aid/CPR-C/AED and WHMIS**

**We are willing to assist in some training for the right applicant**  
**Please drop off your resume at the Kelsey Centre or email**  
**kelseycentre@saywardvalley.net**

PosterMyWall.com



## Job Summary

The Village of Sayward is seeking a passionate individual to fulfil the position of Emergency Coordinator. The Coordinator provides leadership in the development and delivery of operational, and community preparedness efforts, as well as delivering emergency response coordination for the Village as needed. Local governments in BC are legislatively required to have an Emergency Program and Plan in place under BC's *Emergency Program Act*, and the Coordinator fulfills this responsibility by managing the program on behalf of the Village of Sayward. The Coordinator works with other local governments, emergency response agencies and volunteer organizations across the region on planning for efficient and effective emergency services delivery.

## Typical Duties

Manages the Village's emergency preparedness program in collaboration with the Strathcona Regional District's Emergency Program Coordinator. This includes the development of all program materials, emergency preparedness plans, presentations and training.

Represents the Regional District with regard to outreach and communication with Emergency Management BC, Wildfire Branch of Forests, Lands and Natural Resource Operations and other key agencies involved in emergency management and/or response.

Provides long term planning and program development for the Emergency Social Service volunteer team.

Ensures the opening of a Village Emergency Operations Centre.

### Knowledge, Skills and Abilities

Good knowledge of MS Windows and MS Office software.

Good knowledge of current social media software, radio protocols and services and GIS mapping.

Ability to keep accurate and complete records.

Good knowledge of provincial legislation relating to the work, including the British Columbia *Emergency Program Act* and the *Local Authority Emergency Management Regulation* (can be obtained after job commences)

### Required Experience

Moderate knowledge of emergency management protocols, Emergency Support Services or Ground Search and Rescue is considered an asset.

### Required Licenses

Possession of valid BC Class 5 drivers license  
Driver's Abstract  
Criminal Records Check

**This is a volunteer position. All training and travel expenses for meetings reimbursed and a small stipend is provided. To apply or for more information contact [epc@saywardvalley.net](mailto:epc@saywardvalley.net).**

If you are interested in trying this position, the current EPC is willing to work with you until you are ready to take over the position.

## Tourism Committee Meetings

Meetings are held on the second Wednesday of the month at 7:00 pm in the Council Chambers. We would like to invite community businesses and residents so we can open up new possibilities for tourism in our community.



Kyuquot-Nootka / Sayward News

Strathcona Regional District (Area 'A')

Jan. 19, 2018

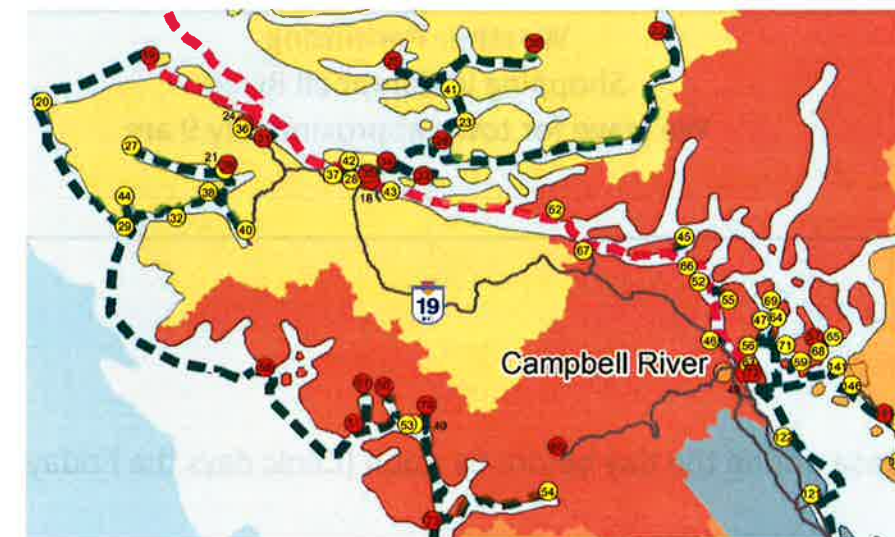
### High-Speed Internet Connectivity for Coastal Communities

For several years the Strathcona Regional District has made the need for reliable and affordable cellular and broadband service in our communities a strategic priority. We have now achieved our first major breakthrough. Jointly the SRD with Citywest (a northern service provider) developed the "Connected Coast" project and submitted an application for funding to the federal government's \$500M Connect to Innovate program. On January 17, 2018, it was announced that we will receive \$45.4M to implement this project which will deliver high-speed internet via a subsea fibre optic cable. This cable will run underwater between Vancouver and Prince Rupert, as well as completely around Vancouver Island. The network has the potential to service up to 154 rural and remote coastal communities including 44 First Nations in 56 locations. The network is expected to be delivered in a phased approach over the next three years.

Improved connectivity in the region will significantly enhance the ability of residents to access important services and programs such as telehealth, distance education and access to online programs and services. This will result in improved social and economic opportunities for thousands of Vancouver Island residents and First Nations. This is going to be a great development for the SRD.

The map below shows the subsea cables as dashed lines. Green is SRD and pink is Citywest.

Note that one of the Landing Sites is Sayward.



Please let me know if you have any questions or concerns regarding any Regional District business.

Gerald Whalley

Regional Director (Area 'A')

(250) 282-3787

[gdwhalley@saywardvalley.net](mailto:gdwhalley@saywardvalley.net)