

ACCESS TO WEIGHT ROOM AREA

Is by way of advanced registration, reservation or booking by telephone. 250-282-5500
Please leave a message if call is not answered and someone will get back to you. ASAP No
Drop-ins permitted. Our top priority is to health and safety to our staff and patrons.

All patrons **MUST** wear a mask entering the Facility
No water stations will be available. Please bring your own water bottle for use on site.
On arrival everyone must use the hand sanitizer that is available before admittance.
No congregation in any open spaces including clustering outside the facility entrance
At the point of entry, screening for COVID-19 symptoms will be conducted by asking some
questions. E.g. do you have a fever, cough or a runny nose. An Infrared
thermometer may be used.

Non-stationary equipment (free weights, stability balls, mats etc.) may be requested from
the weight room monitor (staff) **Sharing or trading of equipment is strictly prohibited.**
Please ensure all equipment is returned to the weight room used equipment area when
you have finished using it (not at the end of your workout, as others may be waiting)

KELSEY RECREATION CENTRE WEIGHT ROOM SCHEDULE 250-282-5500

SUNDAY

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MONDAY

PRE-REGISTERED
WEIGHT ROOM
(**NEW 1 MAX.**)
1:00-1:45
2:00-2:45
3:00-3:45
4:00-4:45
5:00-5:45
6:00-6:45
7:00-7:45

WEDNESDAY

PRE-REGISTERED
WEIGHT ROOM
(**NEW 1 MAX.**)
1:00-1:45
2:00-2:45
3:00-3:45
4:00-4:45
5:00-5:45
6:00-6:45
7:00-7:45

FRIDAY

NEW
PRE-REGISTERED
WEIGHT ROOM
(**NEW 1 MAX.**)
5:00-5:45
6:00-6:45
7:00-7:45

NOTE: If patrons do not follow the new protocols while on Kelsey Centre's property they will be asked to leave, and their participation privileges will be suspended. No refunds will be awarded.

Reminder: If you have just returned from out of the country or province, you can not enter this facility and you must self-isolate for 14 days.

We will revisit our protocols regularly; closely monitor the guidance of
the Health Authority; make changes as needed and inform our staff and
patrons in a timely fashion.
Updated 2021-01-29