

<b>Delivery Mills Ltd.</b> <b>*Custom Cut Lumber*</b>  <b>250-282-3208</b> No Calls or pick ups after 7 pm Please	 <b>Janet Scotland</b> Managing Broker/Owner Serving the North Island from two offices, Campbell River and Gold River <a href="http://www.northislandrealestate.ca">www.northislandrealestate.ca</a> <b>1.888.771.2111</b>	 <b>SAYWARD SEWING &amp; MENDING</b> <b>Contact Charon</b> <b>250-850-7144 604-210-0466</b> email: <a href="mailto:charonrids@hotmail.com">charonrids@hotmail.com</a>
<b>STOWE CREEK AUTO REPAIR</b> 760 Island Hwy. Sayward, B.C. Wayne Ryan <b>250-282-3846</b>  <b>Certified Auto Technician</b> Repairs and Maintenance for your cars, trucks and motorcycles	 <i>Sayward Genealogy Research Group</i> <i>Finding Our Family History</i> <b>2nd Tuesday of the month</b> <b>@ 1pm Kelsey Centre - Age Friendly Room</b>	 <b>Sayward Valley Communications</b> PO Box 573 Stn A, Campbell River, BC V9W 5T9 <b>250-287-4199</b>
 <b>Straits View Café</b> <b>250-282-0118</b> <b>Catering &amp; Crews, Rooms &amp; RV Sites</b> <b>daily, weekly &amp; monthly</b> <b>Boat Launch &amp; Moorage</b>	 You're at home here Premium, Midgrade & Regular gas, Diesel fuel, Propane Auto & Cylinder Liquor & Convenience Store <b>6 am - 10 pm 250.282.3232</b>	 <b>Susan Mallinson</b> Your Sayward Specialist C: <b>250-203-3545</b> O: 250-286-3293 <a href="mailto:susanmallinson@royallepage.ca">susanmallinson@royallepage.ca</a> <a href="http://www.susanmallinson.com">www.susanmallinson.com</a>
 <b>Sayward Valley Resort</b> Full Service Campground Cabins, Motel Rooms Grocery Store, Liquor Slushy's & Soft Ice Cream <b>(250) 282-3204</b>	 <b>Shawn Sinclair</b> (250) 282-3726 Email: <a href="mailto:brh@saywardvalley.net">brh@saywardvalley.net</a> 1004 Sayward Road, Sayward, BC V0P 1R0 We make it beautiful...You make it home	 <b>HANDYMAN FOR HIRE</b> For all your home repairs & renovations, inside and out <b>250-282-3361 — Joe</b>
 <b>OCEAN VIEW GIFTS ON THE WHARF</b> Tourist information, Artists Gallery Confectionary, Fishing Licenses <b>250-282-0018</b> <a href="http://www.saywardfutures.ca">www.saywardfutures.ca</a>	 <b>WILD WINDS FARM</b> <i>Boutique &amp; Gift Shop</i> 832 Island Hwy, Sayward, BC OPEN FROM 11-4 THURSDAY to SATURDAY Give me a Buzz @ 250-282-3262	 <b>Fox's Disposal Services</b> <b>Hauling from North Island</b> Soil, compost, sand, etc. 2—40 yard containers. <b>250-949-6306</b>
 <b>D.J. Luoma Trucking</b> General Hauling, Gravel & Backhoe Services <b>250-282-5525</b>	<b>3D Services Design &amp; Drafting</b> <b>Jens Diron 250-282-3695</b> 915 Island Hwy. Sayward B.C. Personal, Reliable, Fast European Precision and Quality Custom House Designs	 <b>Mt H'Kusam View Lodge</b> Hostel and Country Inn 1165 Salmon River Main <b>Julie Olsen &amp; Erik Walsh</b> <b>250-282-5547</b> Accommodation & catering for groups, tourists and family retreats <a href="http://www.mthkusamviewlodge.com">www.mthkusamviewlodge.com</a>
 <b>WHITE TIDE sports</b> E-BIKES • SCOOTERS • DIRT BIKES • ATVs SALES & SERVICE <a href="mailto:whitetidesports@gmail.com">whitetidesports@gmail.com</a> 674 11 <sup>th</sup> Avenue Campbell River, BC V9W 4G6 <b>250.914.5558</b>	 <b>General Welding</b> <b>Red Seal Journeyman Welder</b> General Welding \$60/hr to make an appointment <b>Call 1-250-914-5559</b>	 <b>OJ Realty &amp; Property Management</b> 962 Shoppers Row, Campbell River, B.C. V9W 2C5 PH: 250-286-0110 Toll-free: 1-888-986-0110
 Drop in for a coffee. Let us know if we can help you with your computer. No charge! <b>At Sayward School</b> <b>Monday and Thursday 10am to 12pm</b> Jan Bakker at <a href="mailto:bokkie.bakker@gmail.com">bokkie.bakker@gmail.com</a> 250-282-3851 Ann Vansnick at <a href="mailto:annv@saywardvalley.net">annv@saywardvalley.net</a> 250-282-3450	 <b>Sayward Christian Fellowship</b> <b>Morning Service 11:00 AM</b> 740 Gentry Rd. Mark Johnson 250-282-3473 Bruce Fyfe 250-282-3301 <b>Bible Study, Wednesday 7:00 pm</b> Contact Beth Johnson 250-282-3473 Everyone Welcome!	 <b>CRS Building Maintenance Services</b> Commercial/Residential Celeste Taylor Sage Owner/Operator <a href="mailto:ctsage30@gmail.com">ctsage30@gmail.com</a> <b>Text 1 250 418 0494</b> Licensed, Bonded & Insured

June 2019



# SAYWARD NEWS

Deadline is the 20th of the month  
Publication is the last day of the month.

SPECIAL POINTS OF INTEREST

- \*Kelsey Centre Schedule
- \*Organization Meetings
- \*Elected Officials

**Village of Sayward**

**Office Hours**

Starting June 15 - Aug 30

Monday-Thursday  
9:00 am - 4:00 pm

Friday  
9:00 am—12:00 pm

Closed Statutory  
Holidays

Phone: (250) 282-5512  
Fax: (250) 282-5511

Email Address  
[village@saywardvalley.ca](mailto:village@saywardvalley.ca)

Village Web Address  
[www.sayward.ca](http://www.sayward.ca)

Sayward News Email  
[saywardnews@gmail.com](mailto:saywardnews@gmail.com)



## June 22nd 2019

### Are You Tough Enough?

Sure you are! We know you can do it! So come and join us for the 15th  
Annual Kusam Klimb on Saturday, June 22, 2019

Online registration will close at midnight on 19th. June 2019.

Once online registration closes, you can still register and pay (by cash, cheque or e-transfer) at the  
Heritage Hall on:  
 Friday June 21st 2019 from 5:00pm to 10:00pm or  
 Saturday June 22nd 2019 from 6:00am to 6:45am.

The Kusam Klimb is a wild and rugged **23 km Backcountry Endurance Event** heading up and over  
 the back of Mt. H'Kusam then down the Stowe Creek watershed. **It's tough!** Bills Trail Views over  
 famous Johnstone Strait, Creek Crossings, Alpine Lake, Old Growth Forests. Did we mention  
**STEEP?** 1 Mile Elevation Gain!

Run or Hike, the choice is yours.  
**Are YOU tough enough?**

**Start Time:**  
7:00am

**Age Limits:**  
Persons 10 - 15 years must be accompanied  
by a registered adult Klimber.

Animals and persons under age 10 are not  
permitted on the trail during the event





## Comox Strathcona Waste Management



### Sayward Recycling Depot

Monday, Wednesday, & Friday 7:30 am to 8:30 pm  
Sunday 8:30 am to 5:00 pm

We would like to ask residents to please refrain from putting the following items in the recycling bins:

- Shoes Hoses
- Garbage Plates and Cups
- Mirrors Window glass
- Tin Foil
- Unwashed recycling (plastics, tins etc.)
- Insulating Styrofoam
- Styrofoam meat trays with blood
- Clothing (Material of any kind)

- PLEASE SORT YOUR RECYCLING INTO THE PROPER BINS.  
- **ALL PAPER AND CARDBOARD PRODUCTS GO IN THE BIG RED BIN.**  
- **THE METAL BIN IS FOR METAL ONLY, PLEASE DO NOT PUT IN WOOD, FURNITURE ETC.**  
THANKS



### Notice of Regular Council Meetings

#### PLEASE NOTE TIME CHANGES

The Village of Sayward Regular Council Meetings for the year 2019 will held in the Council Chambers located at 652 H'Kusam Way at 7:00 PM on the following dates:

January	Tuesday	8, 22
February	Tuesday	5, 19
March	Tuesday	5, 19
April	Tuesday	2, 16
May	Tuesday	7, 21
June	Tuesday	4, 18
July	Tuesday	16
August	Tuesday	13
September	Tuesday	3, 17
October	Tuesday	8, 22
November	Tuesday	5, 19
December	Tuesday	3, 17

#### Elected Officials of the Village of Sayward

<b>Mayor</b> John MacDonald	(250) 282-0184
<b>Councillor</b> Wes Cragg	(250) 282-5512
<b>Councillor</b> Joyce Ellis	(250) 282-3863
<b>Councillor</b> Bill Ives	(250) 204-4012
<b>Councillor</b> Norm Kirschner	(250) 282-3834



**Area A Director**  
Gerald Whalley (250) 282-3787



**Trustee**  
Shannon Briggs (250) 282-3364  
[shannon.briggs@sd72.bc.ca](mailto:shannon.briggs@sd72.bc.ca)

#### Provincial Government Member of Legislative Assembly

Claire Trevena 1-866-387-5100  
[www.clairetrevena.ca](http://www.clairetrevena.ca)  
[claire.trevena.mla@leg.bc.ca](mailto:claire.trevena.mla@leg.bc.ca)



#### Federal Government Member of Parliament

Rachel Blaney 1-250-287-9388  
1-800-667-8404

### Claire Trevena, MLA

(North Island)  
908 Island Hwy, Campbell River, B.C. V9W 2C3  
Phone: 250-287-5100  
866-387-5100 Fax: 240-287-5100  
Email: [Claire.trevena.mla@leg.bc.ca](mailto:Claire.trevena.mla@leg.bc.ca)



### North Island Survivor's Healing Society

Trauma and Abuse Counseling Centre

Call: 250-287-3325  
Professional counseling by appointment  
"The society gratefully acknowledges financial assistance from the Province of BC & the United Way"



Please report any extreme change in road conditions to  
Mainroad's 24 hour hotline  
**1.877.215.7122**

### North Island Pharmacy

In Campbell River would love your business.  
We are pleased to offer **FREE** weekly full prescription delivery service to  
**Sayward Valley Resort** in Sayward every  
Wednesday **250-286-4522** (9am-5pm)



### Cathy Luong Insurance Advisor

We provide a broad array of Home, Auto, Commercial, Marine, Travel, and Business Insurance with competitive markets and rates for our local communities

T-250-287-8819 C-604-720-0196  
[cathy.luong@hubinternational.com](mailto:cathy.luong@hubinternational.com)



**GREG VINCENT**  
ph. 250.650.4473  
[gregvincent1@gmail.com](mailto:ggregvincent1@gmail.com)

### Mid Island HEATING SERVICES LTD.

INSTALLATIONS . SERVICE . REPAIR  
GAS & OIL SPECIALISTS . EX BRITISH GAS ENGINEER



**Mitchell Vincent**  
Owner/Operator  
250-282-3283 / 250-850-7005  
[mitchell.vincent07@gmail.com](mailto:mitchell.vincent07@gmail.com)  
**New Builds Renovations**

**MOUNTVIEW PACIFIC CONSTRUCTION**  
Home Repair  
Mountview Pacific Construction  
Serving Campbell River & North Island



**NORTH ISLAND ENTERPRISES INC.**  
ELECTRICAL AND WELL SERVICES  
**Paul Garry - 250-864-5441**  
**Sam Stahnke - 250-203-5128**

### June 2019 Sayward Children's Health Hub and activities for parents tots.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
For more information please contact Sayward Children's Health Hub.	<a href="mailto:saywardfamilynavigator@gmail.com">saywardfamilynavigator@gmail.com</a> 250-203-8107	Watch for us at July 1st Celebrations!			Closed	
2	3	4	5	6	7	8
	Strong Start 8:45 - 11:45, Hub 10-1	Strong Start 8:45 - 11:45, Hub 10-1	Puss & Boots Parents & Tots Drop in 10-1.	Family Gym 9:30 - 11, Hub open 10-1	Closed	
9	10	11	12	13	12	13
	Strong Start 8:45 - 11:45, Hub 10-1	Strong Start 8:45 - 11:45, Hub 10-1	Puss & Boots Parents & Tots Drop in 10-1. Nutritionist at Hub. Bring your questions!	HUB CLOSED - Hanna Nagtegaal - OT will be seeing clients privately	Closed	
16	17	18	19	20		
	Strong Start 8:45 - 11:45, Hub 10-1	Strong Start 8:45 - 11:45, Hub 10-1	Puss & Boots Parents & Tots Drop in 10-1.	Family Gym 9:30 - 11, Hub 10-1	Closed	
23	24	25	26	27		
	Strong Start 8:45 - 11:45, Hub 10-1	Strong Start 8:45 - 11:45, Hub 10-1	Puss & Boots Parents & Tots Drop in 10-1.	HUB CLOSED - LAST DAY OF SCHOOL	Closed	

### Sayward Children's Health Hub

Family Connections

Proudly Funded by

Children's Health Foundation of Vancouver Island and School District 72



### Emergency Phone Notification Systems

Our **phone notification service** requires your assistance. We need new residents to provide us with your phone number and street address so we can add you to our phone notification system. If you move within the community, please let us know so we can send our notices to the correct people.

This system is used by the Village's Public Works staff to let Village residents know of problems with the water, sewer or other systems. **It can be used to notify the entire community of any emergency situations. It is important that we keep our resident list current.**

The system only allows for 10 digit phone numbers, no long distance can be used.

If you have not been receiving calls that you know have been sent out, please let us know.

To provide us with your information call the Village Office at (250) 282-5512.



**SRD notifications** are delivered by both text message and/or voice call to those who have signed up to receive notifications. These notifications are intended

to inform residents and visitors alike about incidents that could impact them. Working together, we can take proactive steps to build a safer and more resilient community.

Sign up at <https://strathconard.connectrocket.com>



## The Sayward Volunteer Fire Department is now accepting APPLICATIONS FOR RECRUITMENT.

Join our team of dedicated members.

### What we seek:

Community minded and spirited individuals who like to be involved in team efforts and are looking for a challenging, rewarding and life changing experience.

### You must be:

- Living in the Sayward District Fire protection area.
- Team oriented
- 19 years of age or older
- Healthy, Physically fit
- A good driver with a valid drivers licence and good driving record.
- Of good character (RCMP security check required)

### We offer:

- Involvement in community activities ranging from fire fighting, rescues, first responder medical service, to public education events.
- Paid training that is progressive at our inhouse and in the field at various training agencies.
- We are flexible to meet your time commitments, we work around our members lives to make it easy as possible for you to be part of our team.
- Insurance plans both on and off duty.
- New friends and acquaintances.
- And lots of fun

For more information or to apply please contact the Sayward Volunteer Fire Department @ 250-282-5505

Or [svfd@saywardvalley.net](mailto:svfd@saywardvalley.net) or come to our weekly meetings every

Thursday @ Fire Hall #1 - 7 PM



## Help Wanted

The Tourism Visitors Center, at the junction, will be opening for the season on May 21. We are looking for people who would like to volunteer a few hours each month from May to September.

This is a great opportunity to meet people and share information about Sayward.

Skills required: knowledge of the area, and an ability to work with others.

Training provided.

Please contact Bob Sampson 282-0134 for more information.

## Local Organization Information

**AA Meetings** – 250-282-0030

**Carpet Bowling** Contact 282-5589

Tuesdays & Thursdays at Kelsey Rec. Centre

**Crisis Line Available 24/7** 1-888-494-3888

**Helping Hands Sewing Club** - Barb—250-282-3741

Meets every Tuesday 10-2pm – Heritage Hall 1 pm

**Heritage Hall** - 250-282-0192

3<sup>rd</sup> Monday of each month – Heritage Hall 1 pm

**Kelsey Center** 250-282-5500

**Mainroad Contracting** 24hr hotline 1-877-215-7122

**Ocean View Gifts & Gallery** 250-282-0018

**Royal Canadian Legion Branch #147**

Hall Rentals: Rosemary Croteau 250-282-3852

Last Tuesday of each month in Legion 6:00 pm

Except July and August

**Saturday Market at Heritage Hall**—Barb 250-282-3242

Indoor market (Oct-May) 1st Saturday of Month 10-1pm

Outdoor market (May-Oct) Every Saturday 10-1pm

**Sayward Ambulance Service Station**

Contact Non Emergency 250-282-3600

**Sayward Christian Fellowship**

Sunday Service at 11:00 am – 740 Gentry Road

Mark Johnson 250-282-3473 Bruce Fyfe 250-282-3301

**Bible Study**, Wednesday 7:00 pm

Contact Beth Johnson 250-282-3473 Everyone Welcome!

**Sayward Community Potluck** Karen—250-282-3667

2nd Saturday of the month, 5pm Heritage Hall

**Sayward Emergency Program**—[epc@saywardvalley.net](mailto:epc@saywardvalley.net)

Bill Ives –250-204-4012

**Sayward Fish & Game**

Last Thursday of each month – Heritage Hall 7:30 pm

**Sayward Futures Society** Contact 250-282-0018

2nd Monday of each month at SFS office at wharf 6:30pm

**Sayward Garden Club** Meets 2nd Thurs of the month

7:00pm Heritage Hall. Alex—250-282-3799

**Sayward Harbour Authority** First Sunday of month, Harbour Office,

9:30AM Tom Lavoie Executive Director 250-282-0178 or

Wharfinger Lyall Linklater 250-282-3431

**Sayward Health Clinic**-250-282-3815

**Sayward Literacy Now** At Sayward School, Monday and Thursday

10am to 12pm, Drop in for a coffee. Let us know if we can help

you with your computer. No charge!

Jan Bakker [bokkie.bakker@gmail.com](mailto:bokkie.bakker@gmail.com) 250-282-3851

Ann Vansnick [annv@saywardvalley.net](mailto:annv@saywardvalley.net) 250-282-3450

**Sayward RCMP** Contact Non-Emergency 250-282-5522

**Sayward Valley Folk Music Society**-Contact Bob 250-282-0134

Live concerts 2nd Sunday of the Month @ 6:00pm, Heritage Hall

**Sayward Volunteer Fire Department**

Contact Non-Emergency 250-282-5505

Email address: [svfd@saywardvalley.net](mailto:svfd@saywardvalley.net)

Meeting every Thursday @ Fire Hall #1 at 7 pm

**Share Shed** – Bryanne Stacey-250-282-3464

10-12 Mon-Wed-Fri. Closed stat's

**St. Bernadette's Catholic Church – Despins Road**

Sunday Service at 10:00 am (3<sup>rd</sup> Sunday at 3:00 pm)

**Tourism Committee Meetings**— 2nd Wednesday of the month 6:30pm

Council Chambers, all businesses and residents welcome.

**Village of Sayward Council** Contact at 250-282-5512

1<sup>st</sup> & 3<sup>rd</sup> Tuesday of each month @ 7:00 pm

**Village of Sayward Office** 250-282-5512 Mon.—Fri. 9am-4pm

**VI Regional Library** Contact 250-282-5551

Open Tuesday 10-12 & 1-5, Wed. 10-2, Thurs 1-4 & 5-8

Sat 10-2



## 2019 Watering Restrictions

The Village of Sayward will be implementing watering restrictions again this summer.

Authority to restrict water usage is set out in Water Regulation Bylaw No. 391.

**Please watch for up coming notifications.**



# June 2019

Carmen- Public Health Nurse 250-850-2110 press 1  
 Leah – Foot Care Nurse 250 203-3462  
 Jen Fyfe- Physio 250 203-4047



**CLINIC PH 250-282-3815**

PLEASE CALL AHEAD FOR APPOINTMENT  
 TIMES –thank you!

Please call above providers directly to book an appointment. For NPs and Dr McFadden please call clinic to book appointments. Thank you.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7	8
	NP Trace 9-5 Labs 9-12:30	NP Tracey 9-5	NP Tracey 9-5	NP Tracey 9-4	CLINIC CLOSED	
9	10	11	12	13	14	15
	NP Tracey 9-5 Lab Day 9-11:30	NP Tracey 9-5	NP Tracey 9-5 Public Health Nurse	NP Tracey 9-4	CLINIC CLOSED	
16	17	18	19	20	21	22
	NP Tracey 9-5 Dr McFadden 10-3 Lab Day 9-12:30	NP Tracey 9-5	NP Tracey 9-5	NP Tracey 9-4	CLINIC CLOSED	
23	24	25	26	27	28	29
	NP Tracey 9-5 Dr McFadden 10-3 Lab Day 9-11:30	NP Tracey 9-5 Tools To Manage Chronic Pain 5:30 Kelsey Centre	NP Tracey 9-5	NP Tracey 9-4	CLINIC CLOSED	
30	1	2	3	4	5	
	CANADA DAY Clinic Closed	NP Tracey 9-5	NP Tracey 9-5	NP Tracey 9-4	CLINIC CLOSED	

**\*\* Interactive Session with multiple presenters to help you manage chronic pain at the Kelsey Centre  
 Tuesday June 25<sup>th</sup> at 5:30\*\***

# SAYWARD Better Internet is Coming!

Let's Connect  
About the  
Possibilities.

The SRD is  
planning for better  
connectivity in your  
area. Learn about new  
infrastructure projects & share  
ideas on your community's digital  
future over coffee & treats.

**Sayward Heritage Hall**  
**Wed. June 5 | 4:00 - 6:00 pm**



This project made  
possible through  
funding provided  
by Island Coastal  
Economic Trust.

Space is limited, please contact the SRD to RSVP  
 at 1-800-891-0287 ext. 6724 or email [rsvp@srd.ca](mailto:rsvp@srd.ca)





## NEWS RELEASE

May 3, 2019

### **LIFE Kits - provides first responders with vital information, in the event residents are unable to speak for themselves.**

The Strathcona Regional District's (SRD) Emergency Program is rolling out a new program bringing LIFE Kits to residents in the area. This is part of an initiative to provide safety and education throughout the community.

"These kits help those who cannot reliably provide their own medical information. It is ideal for senior citizens, chronically ill persons, and those who live alone. The information is equally as important for young children under the care of a sitter." Paul Juszko British Columbia Emergency Health Services (BCEHS) Unit Chief.

"LIFE Kits are going to help BCEHS provide direct care for the patient in the most appropriate manner", says SRD Chair Michele Babchuk. "We're working to roll this out to the community, and we've had great support from BCEHS who really think that this program is going to help them immensely."

Each LIFE Kit contains an information sheet that when filled out, provides first responders with vital information on the occupants of the home in the event they are unable to speak for themselves. There are spaces for medical history, emergency contacts, medications, vital patient statistics and advanced medical directives. The kits also contain two stickers and one magnet that reads 'LIFE KIT'. Residents are to place one sticker on the entrance to alert First Responders that a LIFE Kit is available, and the second sticker or magnet on the refrigerator, where the actual LIFE Kit is kept.

"The kits are free for residents and available for pickup at various locations throughout the regional district and during outreach events. The program is not limited to the senior population" says Shaun Koopman, SRD Protective Services Coordinator. "Our long-term goal is to have the program available in every household throughout the Regional District".

Residents can pick up their LIFE Kits at the following locations:

- \* Campbell River - Campbell River Community Centre - 401 11 Ave.
- \* Campbell River - Campbell River Sportsplex - 1800 South Alder St.
- \* Campbell River - Strathcona Regional District Office - #103 - 990 Cedar St.
- \* Campbell River - Strathcona Gardens Recreation Centre - 225 South Dogwood St.
- \* Cortes Island - Cortes Island Health Centre - 941 Beasley Rd. (Manson's Landing)
- \* Gold River - Gold River Health Centre - 601 Trumpeter Dr.
- \* Quadra Island - Quadra Circle's Office - 654 Harper Rd. (Quathiaski Cove)
- \* Sayward - Village of Sayward Office 651-A H'Kusam Way
- \* Sayward - Kelsey Recreation Centre - 652-A H'Kusam Way
- \* Tahsis - Village of Tahsis Office - 285 Alpine View
- \* Zeballos - Village of Zeballos Office - 157 Maquinna Ave

The Strathcona Regional District is a partnership of four electoral areas and five municipalities providing services to approximately 43,000 residents.

Contact: Shaun Koopman, SRD Protective Services Coordinator

250-830 6702 / [SKoopman@srd.ca](mailto:SKoopman@srd.ca)



## Clinic Corner News

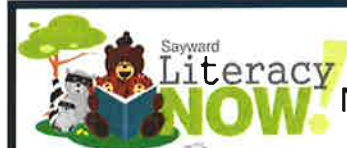
This month, we will be having a special presentation to help you develop tools and resources to manage Chronic Pain. Please see the separate posting for this.

Reminder: we still have our walking group which occurs every Tuesday and Thursday morning at 8:30 am. We meet at the clinic. All levels are welcome.

With the warmer weather and sunnier skies, please remember to be sun smart – wear a hat, sunscreen and drink plenty of water!

### Tools to Manage Chronic Pain Presentation

- Please join us for an interactive session to help you manage chronic pain. This is a FREE event.
- This is designed for anyone who has chronic pain or a family member with chronic pain.
- Presenters currently include Dr. McFadden, Tracey Payne, NP, Pain BC Foundation, North Island Pharmacy, Jen Fyfe – Physiotherapy, and Home Health Monitoring.
- June 25, 2019 starting at 5:30 pm. Location: Kelsey Center



Monday & Thursday  
10 am to 12 noon

At the Sayward School!

Drop in for a coffee and let us know if we can help you with your literacy needs!

**Struggling with your computer, drop in!**  
**Need a book? Lots of free books for all ages!! Come down and check out our selection!**

If you need help give either one of us a call!

Jan Bakker at [bokkie.bakker@gmail.com](mailto:bokkie.bakker@gmail.com)

250-282-3851 or Ann Vansnick at

[annvansnick3@gmail.com](mailto:annvansnick3@gmail.com) 250-282-3450



### Family Caregivers of British Columbia

You are welcome to join us for the Campbell River Caregivers Support group, to share your experiences, concerns and thoughts. You can also get help navigating the healthcare system and get your questions answered. Free resources and information are available. Confidentiality assured.

**LOCATION:** Campbell River Hospice Society  
440 Evergreen Road, Campbell River

**DAYTIME MEETINGS:** 10AM - 12 NOON / Every 2nd Tuesday of each month

**EVENING MEETINGS:** 6:30PM - 8:00PM / Every 2nd Tuesday of each month

RSVP IS APPRECIATED BUT NOT REQUIRED

Contact: [campbellrivercaregivers@gmail.com](mailto:campbellrivercaregivers@gmail.com) or

Toll-Free 1-877-520-3267

More information at [www.crhospice.ca](http://www.crhospice.ca)







## Garden Club News

Well, we were all wishing for rain and we got it ! Everything in the garden takes off and grows, including the weeds. A hot sunny day is best for ensuring that weeds that you knock down will be well cooked by the sun with no chance of reviving. Getting the weeds when they are really small always works out best but don't be disappointed with having to go back several times before they are all finished. On the wet and cloudy days you can plant out the purchased or home grown starter plants with less stress to the plant and yourself. If the days are cool it is possible to help cucumbers by covering them with cloches or milk jugs with the bottom cut out. By the time you read this it should be warm enough to plant beans.

The May meeting of the club featured a lively seed exchange. Then Frank Clark did a great demo on trellis building. He had the parts all ready and assembled them into a beautiful spreading trellis. The process and the result were impressive. Thanks, Frank.

The Garden Club plant sale was a big success thanks to the club members who donated plants. Thanks also to those who tended the booth and the gardeners in the community who got plants.

The June 13 club meeting will start with a pot luck dinner at 5:30. (Always incredible salads !) The feature of the meeting will be a discussion of garden pests all the way from microscopic plant viruses to hungry four-leggeds. We will share our various defenses to bugs, slugs and elk.

Members are reminded that we will be entering our Garden Club float in the July 1<sup>st</sup> parade and will need a supply of larger plants in pots. Happy gardening.



### A New Library for Sayward

**Stop by the Sayward Library  
in the Kelsey Recreation Centre  
to see the designs  
and fill out a survey  
about the new branch hours  
for your new library.**

**Visit your library today!**

## Sayward Christian Fellowship



*"God answers knee-mail"*

Morning Service 11:00 AM  
740 Gentry Rd.  
Mark Johnson 250-282-3473  
Bruce Fyfe 250-282-3301

Bible Study, Wednesday 7:00 pm  
Contact Beth Johnson 250-282-3473  
Everyone Welcome!



### Sayward Age Friendly Van

Schedule June 2019

19+

MONDAY	TUESDAY	THURSDAY
3, 10, 17, 24	4, 11, 18, 25	6, 13, 20, 27
Sayward Clinic 9am-12pm	Kelsey Centre 9am-12pm	Kelsey Centre 9am-12pm

**Wednesday June 12 & 18**

**Weather Permitting**

**Shopping in Campbell River  
We leave for town approximately 9 am**

Please phone the day before by noon  
Clinic days the Friday before noon

For more Info:

Contact: Darlene 250-282-5500 or  
Diane 250-282-3760

email: [kelseycentre@saywardvalley.ca](mailto:kelseycentre@saywardvalley.ca)



### Kelsey Centre Job Posting

We are accepting resumes for the position of Life Guard

This is a Casual/Part time position  
NLS Certified  
Current Criminal check  
Excellent people skills  
Enjoy working with others

We are willing to assist in some training for the right applicant

Please drop off your resume at the Kelsey Centre or  
email: [kelseycentre@saywardvalley.ca](mailto:kelseycentre@saywardvalley.ca)

Telephone: (250) 282-5500 ask for Darlene



### Kelsey Centre Job Posting

We are accepting resumes for the position of  
Front Desk/Clerk Reception

This is a Casual/Part time position

Qualifications: Experience Clerk/Reception,  
Excellent people skills  
Enjoy working with the public and small children.  
Standard first aid/CPR-C/AED and WHMIS

We are willing to assist in some training for the right applicant

Please drop off your resume at the Kelsey Centre or email

[kelseycentre@saywardvalley.ca](mailto:kelseycentre@saywardvalley.ca)

Telephone: 250-282-5500 Ask for Darlene



### Kelsey Centre Job Posting

We are accepting resumes for the position of Custodian

This is a Casual/Part time position  
Qualifications: Custodian experience  
Excellent people skills  
Enjoy working with others  
WHMIS

We are willing to assist in some training for the right applicant

Please drop off your resume at the Kelsey Centre or email

[kelseycentre@saywardvalley.ca](mailto:kelseycentre@saywardvalley.ca)



# R.C.M.P. ANNUAL BIKE RODEO

JUNE 14<sup>th</sup>, 2019 10:30

SAYWARD KIDS IN KINDERGARTEN TO GRADE 5.

TEST YOUR RIDING SKILLS, DO THE OBSTACLE COURSES

DRAWS WILL BE MADE FOR NEW BIKES, BUT NO BIKES REQUIRED TO  
ATTEND!!



This year's theme "BE VISIBLE"

PRIZES WILL BE A SURPRISE

Pre-registration Forms will sent home with children from the school. Home schoolers can pick up at the RCMP office.

HOT DOG/BURGER LUNCH PROVIDED !

\*\*\*PROPERLY FITTED HELMETS ARE MANDATORY \*\*\*

## SAYWARD TOUR DE ROCK 2019

We are still collecting bottles and cans for recycling.

You can drop off recycling at 670 Kelsey Way (at back door) at any time.  
If you need to have your recycling picked up please give us a call at 282-3210.

All our volunteers handling the recycling really appreciate it if you rinse your bottles & cans and remove the caps.



Sayward Community Recreation Association  
1257 Sayward Rd. Sayward  
250-282-0192 or [heritagehall@saywardvalley.net](mailto:heritagehall@saywardvalley.net)

## Heritage Hall Happenings

### June 2019 Happenings

**Saturday Market:** June 1, 8, 15, 29 from 10:00- 1:00

**No Market** on the 22nd due to Kusam Klimb

**Job Fair & Meet and Greet:** Friday June 7 11am-2pm

**Community Potluck:** Saturday June 8 @ 5:00

**Sayward Valley Folk Music Society presents:**

**John McLachlan in concert: Sunday June 9 @ 7:00**

**Doors open @6:30 Admission \$10 per person. Members \$5.00 Children 12 and under are free**

**Sayward Garden Club:** Thurs. June 13 @ 7:00

**SCRA meeting:** Monday June 17 @ 1:00

**Kusam Klimb:** Saturday June 22. Klimb starts @ 7:00am

**Fish & Game Meeting:** Thursday June 27 @ 7:30

## Legion Events

Strawberry Luncheon

June 20 11:30-1.00

Cake walk, silent auction fun for all ages.

Please come and support your Legion.

We distributed \$2100 at our last meeting to PAC, Fire Rescue and the clinic.

Not to mention our \$1000 bursary donation.

Thank-you for a successful Bake Sale.





## *Sayward Valley Folk Music Society News*

*Promoting music and the arts in Sayward*

First, a big thank you to all who made our concert with Don Alder a success.

Our next live concert at the Heritage Hall will be **Sunday June 9** featuring BC singer/songwriter **John McLachlan**.

John began writing and performing in folk clubs in Vancouver in 1979.

Since that time, his extensive travels have led from the many corners of BC, across Canada, down to Bogota, Columbia and back. He has presented original songs about his own experiences and historical events in hundreds of theatres, festivals, clubs, and developed several music programs for schools featuring BC or Canadian History.

**John McLachlan** presents a new perspective on older songs and introduces a fresh ear and eye to writing and performing, allowing the spirit of his songs to merge with the wisdom that comes with age.

He has recorded several fine albums including *Call In Home* (2016),

*Wind & Bones* (2017), *Time Broke* (2018), and his most recent recording *McLachlan Sings Lightfoot: A Tribute*.

The **concert begins at 7:00** and is open to everyone. General admission is \$10 per person, \$5.00 for members, children 12 and under are free when accompanied by an adult. Doors open @ 6:30

For more information call Bob or Karen @ 282-0134 or visit John's website @ John McLachlan on Hornby.

The Sayward Valley Folk Music Society continues to promote live acoustic music in a family friendly atmosphere, two Sunday evenings each month, at the Heritage Hall.

Next Concerts: **July 14 Sugar Brown Blues Band (Toronto ON.)**  
**July 28 Simon Kempston (Edinburgh, UK)**



Continued...

**How does the BCWS (BC Wildfire Service) predict a fire season?**

This forecast was assessed by meteorologists and fire behavior specialists who considered a range of broad fire environment factors and observed weather data. This includes accounting for conditions that affect soil moisture, fine fuel dryness and vegetation growth, which in turn influence the amount of fuel available for wildfires.

**What factors influence this prediction?**

The severity of a fire season is highly dependent on local weather patterns such as timing and amount of precipitation, length of dry periods, thunderstorms, and wind events. Long term weather models are useful to indicate trends and patterns over time, however daily weather cannot reliably forecast much beyond a few days in advance. The BC Wildfire Service maintains its levels of preparedness by studying forecasts, using experience from previous seasons and analyzing trends to give us a good indication of what to expect in the upcoming season. We will produce monthly updates of our season forecast, as we continue to collect data and utilize forecasting models.

**What can we do to prepare for an upcoming fire season?**

Much of the fire starts at this time of year are human-caused and therefore preventable. This is a good time to review how we can all prevent wildfires heading into the 2019 season. For more information including resources on wildfire resiliency within our forests and communities, visit:

[www2.gov.bc.ca/gov/content/safety/wildfire-status/prevention](http://www2.gov.bc.ca/gov/content/safety/wildfire-status/prevention) or



**Welcome Kusam Klimber's**

# **Pool & Shower Schedule**

## **Saturday June 22, 2019**

### **1 - 4**

### **Kusam Klimber's**

### **Free**

Starts with 10:00am shower  
ends with 10:00pm shower



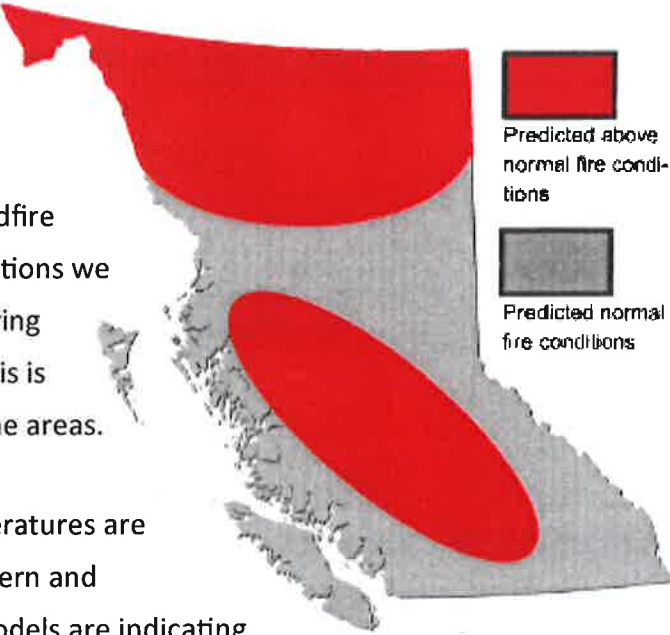


**May 08, 2019 Early Summer Outlook (May-July)** A dry start to Spring this March was tempered by normal April weather patterns with average precipitation across most of the province. The landscape is still in a drying trend, however, and we can expect to see grasses curing and vegetation becoming more available for fires. Above seasonal temperatures are still expected for early summer, however, precipitation forecasts are indicating average levels of rainfall.

May and June weather in particular will be important for our fire season as June is traditionally our wetter month. Lack of rainfall during these months could lead to above average wildfire starts and area burnt later in the season. These are the conditions we experienced in 2017/ 2018. The lack of and quickly disappearing snowpack is also a concern in many areas of the province. This is observed in recorded lower than normal stream flows in some areas.

**Extended Outlook (August-October)** Above seasonal temperatures are expected to continue into the summer, particularly for southern and southwestern areas of the province. Current precipitation models are indicating normal amounts of precipitation for this time of year.

Precipitation, lightning storms and wind events are difficult to predict more than a few days out and are by far the most influential weather events on our fire season.



Continued on next page....

**The Kelsey Centre**  
will be Closed

**June 1- Sept. 8, 2019**

Thank you for your patience .  
We are sorry for any inconvenience this may cause.

For more information  
Contact  
**Kelsey Centre**  
**250-282-5500**

**SAYWARD ELEMENTARY SCHOOL**  
**PAC ELECTIONS**  
For upcoming 2019/2020 school year

**ANNUAL GENERAL MEETING TO ELECT EXECUTIVE MEMBERS, FOLLOWED BY OUR MONTHLY MEETING.**

PLEASE COME OUT AND JOIN THE SAYWARD PAC WE ARE ALWAYS LOOKING FOR NEW AND FRESH IDEAS AND PARENTS TO JOIN!

**JUNE 4TH,  
9:00AM  
SAYWARD SCHOOL LIBRARY**

BYLAW STATES: ALL PARENTS AND GUARDIANS OF STUDENTS REGISTERED AT SAYWARD ELEMENTARY SCHOOL MAY BE A VOTING MEMBERS OF THE GROUP.

**Sayward Elementary PAC**

will be selling **Chocolate Almonds**  
& **Gourmet Jelly Beans**

**\$3 per package (80g per pack).**

This is a direct sales fundraiser, so there is no end date.  
**Starting up first week in April.**

**JUNE 30TH 2019**

**Pre Canada Day Fun In The Park**

**Celebration**  
(WEATHER PERMITTING)

**GAMES POPCORN & A POP \$5**

**9PM  
MOVIE IN THE PARK**

BRING YOUR OWN CHAIR OR BLANKET

**WHERE: H'KUSAM PARK**



**Press Release:**

**Seasonal Canadian Coast Guard Station Opens**

The Canadian Coast Guard (CCG) Inshore Rescue Boat Service (IRB) in Sayward, British Columbia (Kelsey Bay) is once again operational. This marks the second season Coast Guard 504 will be operating in this previously underserved region of Vancouver Island.

The CCG IRB is a seasonal marine search and rescue (SAR) service designed to meet the peak demand of on-water emergencies during the spring and summer. The operational season for 2019 spans from the Canadian May Long Weekend (May 17, 2019) to the last day of Labor Day Weekend (September 3, 2019).

CCG IRB stations are operated 24/7 by two crews on two week shift rotations. Crews consist of one CCG Rescue Specialist and two crew members. If you see Coast Guard 504 Kelsey Bay crew members at the dock or in the local community, don't hesitate to say hello. To report a marine emergency, you can contact the Canadian Coast Guard on VHF channel 16 or via cell phone by dialing #SAR.



**Mt H'Kusam View Lodge**

Hostel and Country Inn  
1165 Salmon River Main

**Julie Olsen & Erik Walsh**  
**250-282-5547**

**Accommodation & catering for groups,  
tourists and family retreats**

[www.mthkusamviewlodge.com](http://www.mthkusamviewlodge.com)

**CANADA DAY PARADE & EVENTS**



**JULY 1, 2019**

**PARADE: 11AM**

**OPENING CEREMONY—NOON**  
Presentation of Parade Awards

**FREE SALMON BBQ – H'Kusam Park 12:00 pm**  
Sponsored by Grieg Seafood

**FREE HOT DOGS – H'Kusam Park 12:00 pm**  
Family Activities, Games, Music and Entertainment throughout the afternoon  
Hosted by Sayward Futures Society

**FANTASTIC FIREWORKS: Dusk**  
Viewpoint @ "The Triangle"  
(Sayward Road just before Straits View Restaurant)

**Cake & Hot Chocolate served by Sayward Futures Society**

**We hope to see you all there! Let's have some fun celebrating this  
wonderful country of ours.**

*We acknowledge the financial support of the Government of Canada.  
Nous reconnaissons l'appui financier du gouvernement du Canada.*



**For more info:  
250-282-0018**



**Fox's Disposal Services**  
**Hauling from North Island**

**Soil, compost, sand, etc.  
2—40 yard containers.**

**250-949-6306**





**Sayward Futures Society**  
Our Community Our Future

NORTH ISLAND



**COMING SOON: HEAR THE WHALES IN THE WATER AT KELSEY BAY**

Sayward Futures has received a generous grant from NIMMSA, (North Island Marine Mammal Stewardship Association), to restore our hydrophone so that whales in the area of the Kelsey Bay Wharf can be heard over speakers mounted outside Ocean View Gifts.

The underwater hydrophone will be cleaned off and reset in a cage to protect it from seaweed and other debris. The radio transmitter will be wired into the electrical system and have a battery back-up. A connection to the internet means that the live-stream audio will be broadcast from the Sayward Futures web-site and heard around the world by anyone who goes on to our web-site.

At Sayward Futures we are excited about this great opportunity and look forward to sharing the sounds of marine life with residents, tourists and visitors from around the world!

Our grateful thanks and appreciation are extended to NIMMSA for considering Kelsey Bay Wharf a suitable site for a hydrophone. We pledge continued support to protect and preserve the marine population.

## **3D Services Design & Drafting**

**Jens Diron 250-282-3695**

915 Island Hwy. Sayward B.C.

Personal, Reliable, Fast

European Precision and Quality

Custom House Designs



**Sayward Futures Society**  
Our Community Our Future

## **OCEAN VIEW GIFT SHOP**

**AT THE WHARF**

**16 Sayward Road, Sayward BC**

**Open for the 2019 Season**  
**Thursday, June 6th!**

**Opening Hours for the month of June:**  
**Thursday-Monday 11AM - 2 PM**

**Closed Tuesdays and Wednesdays**

**Come down to the wharf and see what's new for 2019!**

**Enjoy the view, watch the water (in the shelter of Al's Room if its too windy or rainy) and browse through the store**

**We have a great selection of gift items, souvenirs, books,**

**local art, fishing tackle, new tourism info,**

**snacks, chocolate bars, ice cream, and beverages**

**We are here to welcome you to the wharf**





## VILLAGE OF SAYWARD

**Council is beginning the process for considering Permissive Tax Exemptions for the 2020 taxation year.**

A permissive tax exemption is a means for Council to support organizations within the community which further Council's objectives of enhancing quality of life (economic, social, cultural) and delivering services economically. A policy guide is available to help identify organizations that meet Council's objectives.

The Policy and application forms are available at the Village office or on our website. Applications must be received at the Village by August 1<sup>st</sup> to be considered for 2020.

If you have any questions, please contact:

Lisa Clark, CFO at [village@saywardvalley.ca](mailto:village@saywardvalley.ca) or by calling 250-282-5512



**Sayward Futures Society**  
Our Community Our Future

### 2019 ANNUAL GENERAL MEETING

7:00 PM Monday June 10, 2019

Kelsey Centre Multi-Purpose Room

2019 Membership forms will be available prior to the meeting  
All current members and renewing members are asked to attend  
Refreshments will be served following the meeting



**WorkBC** Employment  
Services

## SAYWARD JOB FAIR \* MEET AND GREET

**FRIDAY, JUNE 7 at 11 am – 2 pm**

**Sayward Heritage Hall \* Free \* Snacks \* Refreshments**

**Co-hosted by NIEFS and Sayward Literacy Now**

**To book a table - E-mail [annvansnick3@gmail.com](mailto:annvansnick3@gmail.com) or call (250) 203-8332**

**Need help getting your resume ready?**

**Contact NIEFS staff for help online or In-person - 250-286-3441 or [info@niefs.net](mailto:info@niefs.net)**

Canada



This program is funded by the Government of Canada  
and the Province of British Columbia.