

<b>Delivery Mills Ltd.</b> <b>*Custom Cut Lumber*</b>  <b>250-282-3208</b> No Calls or pick ups after 7 pm Please	 <b>Janet Scotland</b> Managing Broker/Owner Serving the North Island from two offices, Campbell River and Gold River <a href="http://www.northislandrealestate.ca">www.northislandrealestate.ca</a> <b>1.888.771.2111</b>	 <b>SAYWARD SEWING &amp; MENDING</b> <b>Contact Charon</b> <b>250-850-7144 604-210-0466</b> email: <a href="mailto:charonrids@hotmail.com">charonrids@hotmail.com</a>
<b>STOWE CREEK AUTO REPAIR</b> 760 Island Hwy. Sayward, B.C. Wayne Ryan <b>250-282-3846</b>  <b>Certified Auto Technician</b> Repairs and Maintenance for your cars, trucks and motorcycles	 <i>Sayward Genealogy Research Group</i> <i>Finding Our Family History</i> <b>2nd Tuesday of the month</b> <b>@ 1pm Kelsey Centre - Age Friendly Room</b>	 <b>Sayward Valley Communications</b> PO Box 573 Stn A, Campbell River, BC V9W 5T9 <b>250-287-4199</b>
 <b>Straits View Café</b> <b>250-282-0118</b> <b>Catering &amp; Crews, Rooms &amp; RV Sites</b> <b>daily, weekly &amp; monthly</b> <b>Boat Launch &amp; Moorage</b>	 Premium, Midgrade & Regular gas, Diesel fuel, Propane Auto & Cylinder Liquor & Convenience Store <b>6 am - 10 pm 250.282.3232</b>	 <b>Susan Mallinson</b> Your Sayward Specialist C: 250-203-3545 O: 250-286-3293 <a href="mailto:susanmallinson@royallepage.ca">susanmallinson@royallepage.ca</a> <a href="http://www.susanmallinson.com">www.susanmallinson.com</a>
 <b>Sayward Valley Resort</b> Full Service Campground Cabins, Motel Rooms Grocery Store, Liquor Slushy's & Soft Ice Cream <b>(250) 282-3204</b>	 <b>Shawn Sinclair</b> (250) 282-3726 Email: <a href="mailto:brh@saywardvalley.net">brh@saywardvalley.net</a> 1004 Sayward Road, Sayward, BC V0P 1R0 We make it beautiful...You make it home	 <b>HANDYMAN FOR HIRE</b> For all your home repairs & renovations, inside and out <b>250-282-3361 — Joe</b>
 <b>OCEAN VIEW GIFTS ON THE WHARF</b> Tourist information, Artists Gallery Confectionary, Fishing Licenses Thursday—Monday 11am—2 pm <b>250-282-0018</b> <a href="http://www.saywardfutures.ca">www.saywardfutures.ca</a>	 <b>WILD WINDS FARM</b> <i>Boutique &amp; Gift Shop</i> 832 Island Hwy, Sayward, BC OPEN FROM 11-4 THURSDAY to SATURDAY Give me a Buzz @ 250-282-3262	 <b>Fox's Disposal Services</b> <b>Hauling from North Island</b> Soil, compost, sand, etc. 2—40 yard containers. <b>250-949-6306</b>
 <b>D.J. Luoma Trucking</b> General Hauling, Gravel & Backhoe Services <b>250-282-5525</b>	<b>3D Services Design &amp; Drafting</b> <b>Jens Diron 250-282-3695</b> 915 Island Hwy. Sayward B.C. Personal, Reliable, Fast European Precision and Quality Custom House Designs	 <b>Mt H'Kusam View Lodge</b> Hostel and Country Inn 1165 Salmon River Main <b>Julie Olsen &amp; Erik Walsh</b> <b>250-282-5547</b> Accommodation & catering for groups, tourists and family retreats <a href="http://www.mthkusamviewlodge.com">www.mthkusamviewlodge.com</a>
 <b>WHITE TIDE sports</b> E-BIKES • SCOOTERS • DIRT BIKES • ATVs TAOTAO GYRO <a href="mailto:whiteidesports@gmail.com">whiteidesports@gmail.com</a> 674 11 <sup>th</sup> Avenue Campbell River, BC V9W 4G6 <b>250.914.5558</b>	 <b>General Welding</b> <b>Red Seal Journeyman Welder</b> General Welding \$60/hr to make an appointment <b>Call 1-250-914-5559</b>	 <b>Real Estate Professionals</b> <b>OJ Realty &amp; Property Management</b> 962 Shoppers Row, Campbell River, B.C. V9W 2C5 PH: 250-286-0110 Toll-free: 1-888-986-0110
 Drop in for a coffee. Let us know if we can help you with your computer. No charge! <b>At Sayward School</b> <b>Monday and Thursday 10am to 12pm</b> Jan Bakker at <a href="mailto:bokkie.bakker@gmail.com">bokkie.bakker@gmail.com</a> 250-282-3851 Ann Vansnick at <a href="mailto:annv@saywardvalley.net">annv@saywardvalley.net</a> 250-282-3450	 <b>Sayward Christian Fellowship</b> <b>Morning Service 11:00 AM</b> 740 Gentry Rd. Mark Johnson 250-282-3473 Bruce Fyfe 250-282-3301 <b>Bible Study, Wednesday 7:00 pm</b> Contact Beth Johnson 250-282-3473 Everyone Welcome!	 <b>CRS Building Maintenance Services</b> Commercial/Residential Celeste Taylor Sage Owner/Operator <a href="mailto:ctsage30@gmail.com">ctsage30@gmail.com</a> Text 1 250 418 0494 Licensed, Bonded & Insured

July 2019

# SAYWARD NEWS

© Joyce Ellis

**Deadline is the 20th of the month**  
**Publication is the last day of the month.**

**SPECIAL POINTS OF INTEREST**

- \*Kelsey Centre Schedule
- \*Organization Meetings
- \*Elected Officials

**Village of Sayward**

**Office Hours**

Starting June 15 - Aug 30

Monday-Thursday  
9:00 am - 4:00 pm

Friday  
9:00 am—12:00 pm

Closed Statutory  
Holidays

Phone: (250) 282-5512  
Fax: (250) 282-5511

**Email Address**  
[village@saywardvalley.ca](mailto:village@saywardvalley.ca)

**Village Web Address**  
[www.sayward.ca](http://www.sayward.ca)

**Sayward News Email**  
[saywardnews@gmail.com](mailto:saywardnews@gmail.com)

## CANADA DAY PARADE & EVENTS



**JULY 1, 2019**

**PARADE: 11 AM**

**OPENING CEREMONY—NOON**  
Presentation of Parade Awards

**FREE SALMON BBQ – H'Kusam Park 12:00 pm**  
Sponsored by Grieg Seafood

**FREE HOT DOGS – H'Kusam Park 12:00 pm**  
Family Activities, Games, Music and Entertainment throughout the afternoon

Hosted by Sayward Futures Society

**FANTASTIC FIREWORKS: Dusk**  
Viewpoint @ "The Triangle"  
(Sayward Road just before Straits View Restaurant)

Cake & Hot Chocolate served by Sayward Futures Society



We hope to see you all there! Let's have some fun celebrating this wonderful country of ours.

*We acknowledge the financial support of the Government of Canada.*  
*Nous reconnaissons l'appui financier du gouvernement du Canada.*



**For more info:**  
**250-282-0018**







## Sayward Recycling Depot

Monday, Wednesday, & Friday 7:30 am to 8:30 pm

Sunday 8:30 am to 5:00 pm

We would like to ask residents to please refrain from putting the following items in the recycling bins:

- Shoes Hoses
- Garbage Plates and Cups
- Mirrors Window glass
- Tin Foil
- Unwashed recycling (plastics, tins etc.)
- Insulating Styrofoam
- Styrofoam meat trays with blood
- Clothing (Material of any kind)

- PLEASE SORT YOUR RECYCLING INTO THE PROPER BINS.  
- **ALL PAPER AND CARDBOARD PRODUCTS GO IN THE BIG RED BIN.**  
- THE METAL BIN IS FOR METAL ONLY, PLEASE DO NOT PUT IN WOOD, FURNITURE ETC.  
THANKS



## Notice of Regular Council Meetings

### PLEASE NOTE TIME CHANGES

The Village of Sayward Regular Council Meetings for the year 2019 will held in the Council Chambers located at 652 H'Kusam Way at 7:00 PM on the following dates:

January	Tuesday	8, 22
February	Tuesday	5, 19
March	Tuesday	5, 19
April	Tuesday	2, 16
May	Tuesday	7, 21
June	Tuesday	4, 18
July	Tuesday	16
August	Tuesday	13
September	Tuesday	3, 17
October	Tuesday	8, 22
November	Tuesday	5, 19
December	Tuesday	3, 17

### Elected Officials of the Village of Sayward

<b>Mayor</b> John MacDonald	(250) 282-0184
<b>Councillor</b> Wes Cragg	(250) 282-5512
<b>Councillor</b> Joyce Ellis	(250) 282-3863
<b>Councillor</b> Bill Ives	(250) 204-4012
<b>Councillor</b> Norm Kirschner	(250) 282-3834



**Area A Director**  
Gerald Whalley (250) 282-3787



**Trustee**  
Shannon Briggs (250) 282-3364

[shannon.briggs@sd72.bc.ca](mailto:shannon.briggs@sd72.bc.ca)

### Provincial Government Member of Legislative Assembly

Claire Trevena 1-866-387-5100  
[www.clairetrevena.ca](http://www.clairetrevena.ca)  
[claire.trevena.mla@leg.bc.ca](mailto:claire.trevena.mla@leg.bc.ca)



### Federal Government Member of Parliament

Rachel Blaney 1-250-287-9388  
1-800-667-8404

### Claire Trevena, MLA

(North Island)  
908 Island Hwy, Campbell River, B.C. V9W 2C3  
Phone: 250-287-5100  
866-387-5100 Fax: 240-287-5100  
Email: [Claire.trevena.mla@leg.bc.ca](mailto:Claire.trevena.mla@leg.bc.ca)



### North Island Survivor's Healing Society

Trauma and Abuse Counseling Centre

Call: 250-287-3325

Professional counseling by appointment

"The society gratefully acknowledges financial assistance from the Province of BC & the United Way"



Please report any extreme change in road conditions to Mainroad's 24 hour hotline  
**1.877.215.7122**

### North Island Pharmacy

In Campbell River would love your business.  
We are pleased to offer **FREE** weekly full prescription delivery service to **Sayward Valley Resort** in Sayward every Wednesday **250-286-4522** (9am-5pm)



### Cathy Luong Insurance Advisor

We provide a broad array of Home, Auto, Commercial, Marine, Travel, and Business Insurance with competitive markets and rates for our local communities

T-250-287-8819 C-604-720-0196  
[cathy.luong@hubinternational.com](mailto:cathy.luong@hubinternational.com)

### Mid Island HEATING SERVICES LTD.

INSTALLATIONS . SERVICE . REPAIR  
GAS & OIL SPECIALISTS . EX BRITISH GAS ENGINEER



**Mitchell Vincent**  
Owner/Operator  
250-282-3283 / 250-850-7005  
[mitchell.vincent07@gmail.com](mailto:mitchell.vincent07@gmail.com)  
**New Builds Renovations Home Repair**  
MOUNTVIEW PACIFIC CONSTRUCTION  
Serving Campbell River & North Island



**NORTH ISLAND ENTERPRISES INC.**  
ELECTRICAL AND WELL SERVICES  
**Paul Garry - 250-864-5441**  
**Sam Stahnke - 250-203-5128**



## Emergency Phone Notification Systems

Our **phone notification service** requires your assistance. We need new residents to provide us with your phone number and street address so we can add you to our phone notification system. If you move within the community, please let us know so we can send our notices to the correct people.

This system is used by the Village's Public Works staff to let Village residents know of problems with the water, sewer or other systems. **It can be used to notify the entire community of any emergency situations. It is important that we keep our resident list current.**

The system only allows for 10 digit phone numbers, no long distance can be used.

If you have not been receiving calls that you know have been sent out, please let us know.

To provide us with your information call the Village Office at **(250) 282-5512**.



**SRD notifications** are delivered by both text message and/or voice call to those who have signed up to receive notifications. These notifications are intended to inform residents and visitors alike about incidents that could impact them. Working together, we can take proactive steps to build a safer and more resilient community.

Sign up at <https://strathconard.connectrocket.com>



## 2019 Watering Restrictions

The Village of Sayward is implementing watering restrictions. Authority to restrict water usage is set out in Water Regulation Bylaw No. 391.

The following water restrictions are effective from June 15, 2019 to September 30, 2019; Watering is only permitted between the following hours on your designated day:

- 6 AM to 10 AM; and
- 6 PM to 10 PM

Even Numbered Homes, Apartment and Condo Buildings, Mobile Homes, etc.

Residences with address numbers ending in an even number (e.g. 110 Dyer Dr.), watering is allowed on even days of the month (June 24, 26, 28, 30, etc.).

Odd Numbered Homes, Apartment and Condo Buildings, Mobile Homes, etc.

Residences with address numbers ending in an odd number (e.g. 111 Dyer Dr.), watering is allowed on odd days of the month (June 23, 25, 27, 29 etc.).

These restrictions are intended to ensure that ALL residents receive an adequate supply of water throughout the summer months and that sufficient reserve supplies are available should they be required for emergency fire fighting purposes.

**PLEASE NOTE:** Parking lot, driveway, and car washing is only permitted between 6 AM to 10 AM and 6 PM to 10 PM on your designated watering days.

Your cooperation is appreciated. Should you have any questions please call:

Lisa Clark  
A/Chief Administrative Officer  
(250) 282-5512



## The Sayward Volunteer Fire Department is now accepting APPLICATIONS FOR RECRUITMENT.

Join our team of dedicated members.

### What we seek:

Community minded and spirited individuals who like to be involved in team efforts and are looking for a challenging, rewarding and life changing experience.

### You must be:

- Living in the Sayward District Fire protection area.
- Team oriented
- Healthy, Physically fit
- Of good character (RCMP security check required)

### We offer:

- Involvement in community activities ranging from fire fighting, rescues, first responder medical service, to public education events.
- Paid training that is progressive at our inhouse and in the field at various training agencies.
- We are flexible to meet your time commitments, we work around our members lives to make it easy as possible for you to be part of our team.
- Insurance plans both on and off duty.
- New friends and acquaintances.
- And lots of fun

For more information or to apply please contact the Sayward Volunteer Fire Department @ 250-282-5505

Or [svfd@saywardvalley.net](mailto:svfd@saywardvalley.net) or come to our weekly meetings every

Thursday @ Fire Hall #1 - 7 PM



There will be no meetings of the Sayward Tourism committee in July and August  
Please contact Bob Sampson 282-0134 for more information.

To all that came out and took part in the 2<sup>nd</sup> Annual Job Fair in June!

To the businesses that came out with jobs to offer. To the people that came out looking for work. For the donation of a pot of Chili from Crossroads!

Thank you each and every one of you! See you next year at our 3<sup>rd</sup> Annual Job Fair

Ann Vansnick

Sayward Literacy Now



Thank you to the friendly "Aquacisers" who were a part of my farewell gift. Your generosity made me feel very special. Wishing you all health and warm water for the future!

Cass



## Local Organization Information

AA Meetings – 250-282-0030

Carpet Bowling Contact 282-5589

Tuesdays & Thursdays at Kelsey Rec. Centre

Crisis Line Available 24/7 1-888-494-3888

Helping Hands Sewing Club - Barb—250-282-3741

Meets every Tuesday 10-2pm – Heritage Hall 1 pm

Heritage Hall - 250-282-0192

3<sup>rd</sup> Monday of each month – Heritage Hall 1 pm

Kelsey Center 250-282-5500 Closed for Summer

Mainroad Contracting 24hr hotline 1-877-215-7122

Ocean View Gifts & Gallery 250-282-0018

Thursday—Monday 11am—2 pm

Royal Canadian Legion Branch #147

Hall Rentals: Rosemary Croteau 250-282-3852

Last Tuesday of each month in Legion 6:00 pm

Except July and August

Saturday Market at Heritage Hall—Barb 250-282-3242

Indoor market (Oct-May) 1st Saturday of Month 10-1pm

Outdoor market (May-Oct) Every Saturday 10-1pm

Sayward Ambulance Service Station

Contact Non Emergency 250-282-3600

Sayward Christian Fellowship

Sunday Service at 11:00 am – 740 Gentry Road

Mark Johnson 250-282-3473 Bruce Fyfe 250-282-3301

Bible Study, Wednesday 7:00 pm

Contact Beth Johnson 250-282-3473 Everyone Welcome!

Sayward Community Potluck Karen—250-282-3667

2nd Saturday of the month, 5pm Heritage Hall

Sayward Emergency Program—[epc@saywardvalley.net](mailto:epc@saywardvalley.net)

Bill Ives –250-204-4012

Sayward Fish & Game

Last Thursday of each month – Heritage Hall 7:30 pm

Sayward Futures Society Contact 250-282-0018

2nd Monday of each month at SFS office at wharf 6:30pm

Sayward Garden Club Meets 2nd Thurs of the month

7:00pm Heritage Hall. Alex—250-282-3799

Sayward Harbour Authority First Sunday of month, Harbour Office,

9:30AM Tom Lavoie Executive Director 250-282-0178 or  
Wharfinger Lyall Linklater 250-282-3431

Sayward Health Clinic-250-282-3815

Sayward Literacy Now At Sayward School, Monday and Thursday

10am to 12pm, Drop in for a coffee. Let us know if we can help  
you with your computer. No charge!

Jan Bakker [bokkie.bakker@gmail.com](mailto:bokkie.bakker@gmail.com) 250-282-3851

Ann Vansnick [annv@saywardvalley.net](mailto:annv@saywardvalley.net) 250-282-3450

Sayward RCMP Contact Non-Emergency 250-282-5522

Sayward Valley Folk Music Society-Contact Bob 250-282-0134

Live concerts 2nd Sunday of the Month @ 6:00pm, Heritage Hall

Sayward Volunteer Fire Department

Contact Non-Emergency 250-282-5505

Email address: [svfd@saywardvalley.net](mailto:svfd@saywardvalley.net)

Meeting every Thursday @ Fire Hall #1 at 7 pm

Share Shed – Bryanne Stacey-250-282-3464

10-12 Mon-Wed-Fri. Closed stat's

St. Bernadette's Catholic Church – Despina Road

Sunday Service at 10:00 am (3<sup>rd</sup> Sunday at 3:00 pm)

Tourism Committee Meetings—2nd Wednesday of the month 6:30pm

Multi Purpose Room at Kelsey Center, all businesses and residents  
welcome.

Village of Sayward Council Meetings Contact at 250-282-5512

1<sup>st</sup> & 3rd Tuesday of each month @ 7:00 pm

Village of Sayward Office 250-282-5512 Mon.—Fri. 9am-4pm

VI Regional Library Contact 250-282-5551

Open Tuesday 10-12 & 1-5, Wed. 10-2, Thurs 1-4 & 5-8



## Village of Sayward

### Municipal Office Summer Hours

Effective June 10, 2019 to August 30, 2019

Monday 9am – 4pm

Tuesday 9am – 4pm

Wednesday 9am – 4pm

Thursday 9am – 4pm

Friday 9am – 12pm

Closed Statutory Holidays



Thanks for a great school year.  
Watch for us at local events this  
summer!

If you need help give either one of us a call! We can still do home visits  
this summer!

Jan Bakker at [bokkie.bakker@gmail.com](mailto:bokkie.bakker@gmail.com) 250-282-3851  
or Ann Vansnick at [annvansnick3@gmail.com](mailto:annvansnick3@gmail.com) 250-282-3450



# July 2019

Carmen- Public Health Nurse 250-850-2110 press 1  
Leah – Foot Care Nurse 250 203-3462  
Jen Fyfe- Physio 250 203-4047



**CLINIC PH 250-282-3815**

PLEASE CALL AHEAD FOR APPOINTMENT  
TIMES –thank you!

Please call above providers directly to book an appointment. For NPs and Dr McFadden please call clinic to book appointments. Thank you.

Sun-day	Monday	Tuesday	Wednesday	Thursday	Friday	Satur-day
30	1	2	3	4	5	6
	CANADA DAY CLINIC CLOSED	NP Tracey 9-5	NP Tracey 9-5	NP Tracey 9-4	CLINIC CLOSED	
7	8	9	10	11	12	13
	NP Tracey 9-5 Dr McFadden 10-3 Lab Day 9-11:30	NP Tracey 9-5	NP Tracey 9-5 Public Health Nurse	NP Tracey 9-4	CLINIC CLOSED	
14	15	16	17	18	19	20
	NP Tracey 9-5 Lab Day 9-12:30	NP Tracey 9-5	NP Tracey 9-5	NP Tracey 9-4	CLINIC CLOSED	
21	22	23	24	25	26	27
	NP Tracey 9-5 Dr McFadden 10-3 Lab Day 9 – 11:30	NP Tracey 9-5	NP Tracey 9-5	NP Tracey 9-4	CLINIC CLOSED	
28	29	30	31	1	2	
	NP Tracey 9-5 Lab Day 9-12:30	NP Tracey 9-5	NP Tracey 9-5	NP Tracey 9-4	CLINIC CLOSED	



## SAYWARD TOUR DE ROCK 2019

We are still collecting bottles and cans for recycling.

You can drop off recycling at 670 Kelsey Way (at back door) at any time.  
If you need to have your recycling picked up please give us a call at 282-3210.

All our volunteers handling the recycling really appreciate it if you rinse your bottles & cans and remove the caps.



## Level 3 Drought Warning Issued For Vancouver Island, Gulf Islands

The B.C. provincial government has announced a Level 3 drought rating for Vancouver Island and the Gulf Islands, calling on residents to voluntarily conserve water.

The rating comes amid dropping water levels and ahead of an expected period of warm and dry weather, next week. Level 3 drought conditions call for voluntary water-use reductions for all surface water and groundwater users, including industry, farmers and municipalities.

A release from the Ministry of Forests, Lands, Natural Resource Operations and Rural Development calls on Islanders to conserve water with reductions for all surface and groundwater users, including industry, farmers and municipalities.

The province says while some streams have adequate flows, especially those backed by storage reservoirs, several important salmon streams are approaching critical flow thresholds for the ecosystem and fish, including juvenile trout and salmon.

If voluntary water reductions do not help keep flows above critical levels, the ministry says it may consider regulating water usage under the Water Sustainability Act with temporary suspensions of water licences or short-term water approvals.

### At home:

- \* Limit outdoor watering.
- \* Do not water during the heat of the day or when it is windy.
- \* Consider planting drought-tolerant vegetation.
- \* Take shorter showers.
- \* Do not leave the tap running.
- \* Install water-efficient showerheads, taps and toilets.

### On the farm:

- \* Implement an irrigation scheduling program using real-time weather data.
- \* Schedule irrigation to match crop needs and soil storage capacity.
- \* Improve water-system efficiencies and check for leaks.
- \* Focus on high-value crops and livestock.

### In industry:

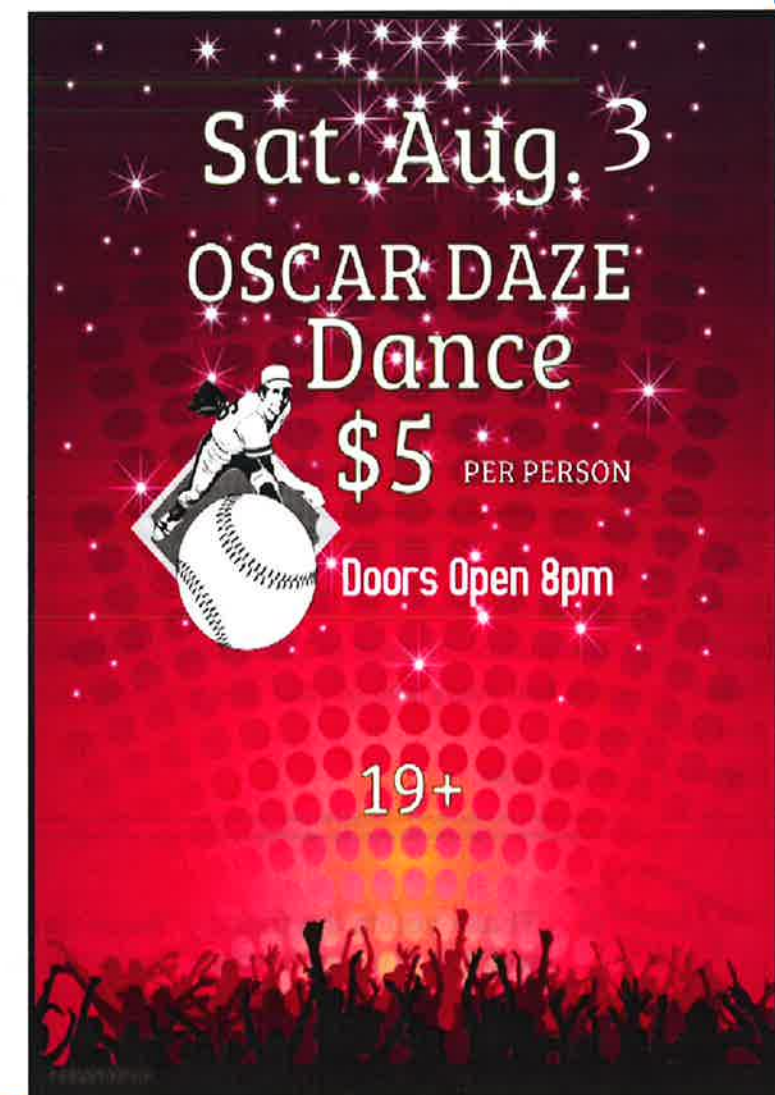
- \* Reduce non-essential water use.
- \* Recycle water used in industrial operations.
- \* Use water-efficient methods and equipment.

Tourism Vancouver Island

[lauren@tourismvi.ca](mailto:lauren@tourismvi.ca)

501 - 65 Front St.

Nanaimo, British Columbia V9R 5H9 Canada







# WANTED



**Active, dynamic and independent person who wants to make a difference and make a bit of money as well.**

**TITLE : SATURDAY DROP-IN FACILITATOR  
(CONTRACT EMPLOYMENT)**

Saywards Park are most often empty. Your role will be to offer families and their children opportunities to play together in a outdoor environment

WHAT!? 50\$  
A WEEK  
FOR 2  
HOURS AND  
A HALF

## WHAT'S EXPECTED FROM YOU?

- 2 hours of PLAY time every Saturday in Saywards green spaces
- Lend out balls and games to participants
- Actively play and explain rules for certain games & sports
- Give out healthy snacks
- Motivate and promote healthy habits
- Standard first aid course provided
- And more!

**\* THIS IS A GREAT  
FIRST JOB  
OPPORTUNITY FOR A  
YOUNG SAYWARD  
LOCAL**

**TO APPLY OR FOR MORE INFORMATION, SEND C.V. AND MOTIVATION LETTER TO  
SAYWARDCOMMUNITYCAPACITY@GMAIL.COM**

## Clinic Corner News

Are you prepared for the unlikely event that you will not be able to make a healthcare decision for yourself? Many people think this is something that can wait until later.... much later. However, this is not true. For example, if you are in an accident and are unconscious, decisions regarding your care will fall on a family member. There is a particular order in which the healthcare team will go through to pick the family member. Does your family know what you would want if you should have a serious illness or injury? Is there a particular person who you would want to make these healthcare decisions for you?

Now is the time to think about this and talk to your family. Regardless of whether you are in your 30s or 80s! There are materials available in the clinic to help you with some of these discussions and decisions.



Telehealth is Here!

The main focus of the Sayward Community Health Society this past year has been on getting the Clinic ready for Telehealth. Thanks to grants from the Campbell River Community Foundation and Comox Strathcona Regional Hospital District, donations from individuals and groups in our community, and some volunteer help, we have upgraded our entire computer system to be compatible with that of Island Health. And Telehealth has just been installed at the Clinic!

For those unfamiliar with Telehealth, let us tell you what it can do for our community. In addition to offering access to health education and programs, it gives us access to out-of-town health care providers and services, saving us time and money. We can now consult with health practitioners across B.C. and Canada without having to travel and pay for out-of-town accommodation. Telehealth appointments with a specialist must be booked through the specialist.

For more information please contact the Clinic either in person or by phone at 250-282-3815, or go to Island Health at [www.viha.ca/Telehealth/](http://www.viha.ca/Telehealth/)

## Congratulations!

Cody Bourne, Alexander Fiddler, Casey Goslin, Zackery Hubbard, Branden Pepau , Merissa Pepau , Jordan Pringle, Former Saywardite: Keegan Milliken

Everyone except for Jordan and Keegan are graduating from Carihi. Those two are graduating from Campbell River Christian

Merissa Pepau is graduating as well. Graduating from Robron.







## Garden Club News

Gardeners are relaxing a bit and watering as water supplies allow. Mulching has the benefits of suppressing weeds and conserving moisture in the soil. Grass clippings also provide nitrogen to the soil as they break down. If you run over leaves a few times with the lawn mower they shred to make good mulch without clumping. Leaf mold from the forest is natural mulch.

When growing garlic it is important to cut off the curly tops before flowering to avoid diverting growth from the bulbs. These "scapes" are delicious and garlicky in cooking and salads if got young enough. Chives can be cut off at six inches at some point to invite new tender growth.

Successive plantings at this time of cabbage, broccoli, kale, arugula, cilantro, and lettuce will start a winter garden outdoors or in the greenhouse. Heat resistant varieties of peas like Wando can be planted for fall crops.

The June meeting of the Garden Club featured a discussion of garden pests of many kinds, particularly slugs. Among the strategies suggested were cloches, remay cloth, copper collars, beer traps, slug bait, pepper spray and late evening slug patrols. Members also went away with a good supply of garden start plants from the opportunity table.

You can help out our club members by adding a bit of water to the flower planters at the mail boxes. Even small amounts help. The Garden Club does not meet in the summer but you probably saw us in the Canada Day parade. Plans for the movable garden party are afoot for August. Meanwhile, slap on the sunscreen and enjoy the garden.



## Vacation Bible Camp

Sayward Christian Fellowship  
740 Gentry Rd.

**August 14, 15 & 16**  
**Ages 5-12 9am-Noon**



**Day Camp for Kids**

**Singing, Crafts, Stories & Games**

**Family BBQ Aug. 16 @ noon**

For more information contact

Ellen—282-3301 Bonnie—282-5566 Eve—282-3269

## Sayward Christian Fellowship



*"God's Garden: Lettuce be kind,  
squash gossip, and turnip for  
church"*

Morning Service 11:00 AM

740 Gentry Rd.

Mark Johnson 250-282-3473

Bruce Fyfe 250-282-3301

Bible Study, Wednesday 7:00 pm

Contact Beth Johnson 250-282-3473

Everyone Welcome!



## Sayward Age Friendly Van

Schedule July & August 2019

19+

**Wednesday July 17**

**Wednesday July 31**

**Wednesday August 14**

**Friday August 30**

**Shopping in Campbell River**  
**We leave for town approximately 9 am**

Please phone the day before by noon  
Clinic days the Friday before noon

For more Info:

Contact: Darlene 250-282-5500 or

Diane 250-282-3760

email: [kelseycentre@saywardvalley.ca](mailto:kelseycentre@saywardvalley.ca)



## Kelsey Centre Job Posting

We are accepting resumes for the position of Life Guard

This is a Casual/Part time position

NLS Certified

Current Criminal check

Excellent people skills

Enjoy working with others

We are willing to assist in some training for the right applicant

Please drop off your resume at the Kelsey Centre or

email: [kelseycentre@saywardvalley.ca](mailto:kelseycentre@saywardvalley.ca)

Telephone: (250) 282-5500 ask for Darlene



## Kelsey Centre Job Posting

We are accepting resumes for the position of

Front Desk/Clerk Reception

This is a Casual/Part time position

Qualifications: Experience Clerk/Reception,

Excellent people skills

Enjoy working with the public and small children.

Standard first aid/CPR-C/AED and WHMIS

We are willing to assist in some training for the right applicant

Please drop off your resume at the Kelsey Centre or email

[kelseycentre@saywardvalley.ca](mailto:kelseycentre@saywardvalley.ca)

Telephone: 250-282-5500 Ask for Darlene



## Kelsey Centre Job Posting

We are accepting resumes for the position of Custodian

This is a Casual/Part time position

Qualifications: Custodian experience

Excellent people skills

Enjoy working with others

WHMIS

We are willing to assist in some training for the right applicant

Please drop off your resume at the Kelsey Centre or email

[kelseycentre@saywardvalley.ca](mailto:kelseycentre@saywardvalley.ca)



## RCMP BIKE RODEO 2019

Many thanks to all the sponsors and volunteers who made this event so successful!

### SPONSERS:

STRATHCONA REGIONAL DISTRICT	CANADIAN TIRE
TROPHY WEST	SAYWARD LEGION
SAYWARD VALLEY COMMUNICATIONS	WINDY POINT LTD
BC AMBULANCE SERVICE	SAYWARD CHRISTIAN FELLOWSHIP
SALMON RIVER INN	DELIVERY MILLS
CROSSROADS PUB AND RESTAURANT	WHITE RIVER RESORT
SAYWARD VALLEY RESORT	KELSEY BAY CAMPGROUND
PEDAL YOUR WORLD	SPORTS EXPERTS
GREIG SEAFOOD	JEFF SOPP

### VOLUNTEERS:

SHARON BATCH	JOYCE ELLIS
RANDY AND LINDA	ANN VANSNICK
COLLEEN HOLBROOK	MANDY DALHMAN
MILO RAMSEY	BC PARAMEDIC MORGAN
TOUR DE ROCK RIDERS:	TIM WHITEHEAD AND CASSIE LOVELESS

Thanks to everyone else that may have been missed!!  
Ride safe, wear your helmet and we will see you next year!!



Kyuquot-Nootka / Sayward News  
Strathcona Regional District (Area 'A')

June 20, 2019

### Property Tax Notice:

In my previous newsletter I told you that we (Area 'A') do not have a recreation service, and this is true. Some of you therefore may have been a little puzzled when you looked at your Property Tax Notice and saw a line item that reads "Recreation Service". The explanation is that this mislabelled item is really the Heritage Hall Service. How it ever got to be called a recreation service I do not know, but I have instructed staff to correct this error so that next year it will be corrected to read as the Heritage Hall Service.

Currently there are no other issues of significance at the SRD Board table that affect the Sayward Valley.

If you have any questions on any Regional District issue, please don't hesitate to contact me.

Gerald Whalley  
Regional Director (Area 'A')  
(250) 282-3787  
[gwhalley@srd.ca](mailto:gwhalley@srd.ca)



Sayward Community Recreation Association  
1257 Sayward Rd, Sayward  
250-282-0192 or [heritagehall@saywardvalley.net](mailto:heritagehall@saywardvalley.net)

## Heritage Hall Happenings

### July 2019 Happenings

Saturday Market: July 6, 13, 20, 27 from 10:00- 1:00

Community Potluck: Saturday July 13 @ 5:00

Sayward Valley Folk Music Society presents:

**Sugar Brown in concert: Sunday July 14 @ 7:00**

Doors open @ 6:30 Admission \$20 per person. Advance Tickets \$15. SVFMS members (this concert only), volunteers and Children 12 and under are free.

Summer Family Fun Day: July 23 and 30. 1:00- 3:00

Sayward Valley Folk Music Society presents:

**Simon Kempston in concert: Sunday July 28 @ 7:00**

Doors Open @ 6:30. Admission \$10, SVFMS members \$5.00.  
Children 12 and under are free

There will be no SCRA, Garden Club or Fish and Game Meetings in the months of July and August.



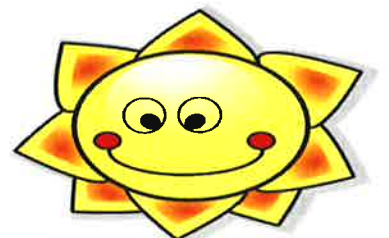
### "Summertime Family Fun" at the Heritage Hall 2019

Where - Heritage Hall - 1257 Sayward Rd  
When- July 23 and 30<sup>th</sup> from 1 pm to 3 pm  
August 13 and 27<sup>th</sup> 1 pm to 3 pm

Come **hang out**, do activities and play with your kids (For ages 0 to 12)  
**Free** snacks. Bring your water bottles, we will have cold water to refill!  
Play fun games, free books, resources etc.

Children must be accompanied by an adult.  
For more info contact Ann at 250-203-8107,  
[saywardfamilynavigator@gmail.com](mailto:saywardfamilynavigator@gmail.com)

Watch for us July 1<sup>st</sup> down at the parade!  
Aug 3 and 4<sup>th</sup> at Oscar Daze!  
Aug 31 at the Salmon festival!







## *Sayward Valley Folk Music Society News*

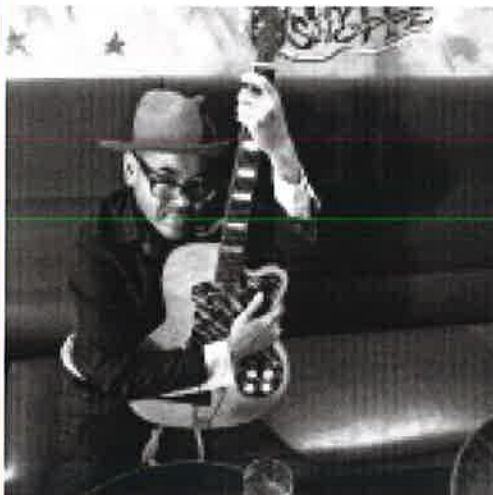
*Promoting music and the arts in Sayward*

A special thank you to all those who contributed their time and energy to making our John McLachlan concert a success. Becky Sinclair's desserts are a welcome addition to our food table.

This month is the official beginning of our new **2 concerts a month** format. With few exceptions, our concerts **at the Heritage Hall** continue with live performances of acoustic music on the **2nd and last Sunday** evenings of the month- except December. That is 22 concerts per year plus 4 classical concerts featuring a variety of musical styles and genres by professional Canadian and International musicians.

Our membership fees are very reasonable @ \$85/person or \$130/family annually. You do not have to be a member to attend the concerts but members receive discounted prices at the door plus a few additional perks. All concerts are family friendly.

**Sunday July 14 @ 7pm** we will be featuring **Sugar Brown** (aka Ken Kawashima). His album *it's A Blues World* was released just last year and it has gotten a lot of attention from blues fans and industry folk.



Joining him is **Jordie Edmonds** on guitar and **Damian Graham** on drums. Jordie has been here a few times while touring with Harpdog Brown. Sugar Brown plays classic blues and has made a concerted effort to record and preserve the unmistakable Chicago blues sound.

Together, this group has been turning heads on their very limited tours. We in Sayward are fortunate to be able to see this show live.

Advance Tickets are \$15 and are available at the Music Plant in Campbell River, The Fisherboy Store in Sayward, and online at [eventbrite.com](https://www.eventbrite.com). Admission at the door is \$20. As a bonus to members, this concert is covered in your membership fee. Children 12 and under are free.

**Sunday July 28 @ 7pm** will feature **Simon Kempston**. Simon is one of Scotland's best songwriters and fingerstyle guitarists. His talent is frequently compared to John Martyn, Nick Drake and Bert Jansch. His picking style reveals his classical training yet is steeped in the history of the folk, blues, and Celtic traditions which compliment his rich, powerful, and compelling clipped vocal style. This is a concert that is sure to please.

Admission is \$10 at the door. \$5 for members. Free for children 12 and under.

For more information contact Bob or Karen Sampson @ 250 282-0134



Western Forest Products Inc.

## NOTICE OF INTENT TO TREAT

Western Forest Products Inc. (WFP), Mid Island Forest Operations, under Pest Management Plan (PMP) #111-0227-15/20, is planning to treat approx. 50 ha of TFL 39 Block 2, between July 22<sup>nd</sup> and October 31<sup>st</sup>, 2019.

Treatments may include cut stump and/or basal bark applications to Big Leaf Maple, Cottonwood, and Red Alder.

A copy of the PMP and an overview map of the planned 2019 treatment areas are available for viewing until July 22<sup>nd</sup>, 2019 at the WFP Menzies Bay office between 7:00 am and 4:30 pm weekdays, located at 8010 Island Highway Campbell River, V9W 5E1.

Contact: Taisa Brown, RPF. T: (250) 287-5063.



## A Big Heartfelt THANK YOU!

To all the volunteers and businesses who gave their time or supported the 15<sup>th</sup> Anniversary Klimb.

Full write up in the next Sayward News.



## Thank you to all that made the Free Seniors Luncheon happen!

Many contributed in so many ways and a big thank you to all that helped chop, cook, served, set up, flowers and take down. What an amazing lunch.

Not only did it taste wonderful all looked wonderful!



## How to Prepare for the Wildfire Smoke Season

Wildfires and smoke are a normal part of summer in British Columbia, but our seasons seem to be getting longer and more extreme. We cannot predict when big wildfires will occur, so it is best to prepare for a smoky summer before the season starts.



Reducing exposure to wildfire smoke is the best way to protect your health.

- Most people spend up to 90% of their time indoors, so clean indoor air is important.
- Purchase a portable air cleaner that uses HEPA filtration to remove smoke from the indoor air. Do your research to find something suitable for your needs.
- If you have forced air heating, talk to your service provider about what filters and settings to use during smoky conditions.
- Know where to find cleaner air in your community. Libraries, community centres, and shopping malls often have cooler, filtered air.

### THOSE MOST AFFECTED



Be aware of people who should take extra care.

Some people may be more sensitive to smoke, including those with chronic conditions such as asthma, heart disease, or diabetes, as well as pregnant women, infants, young children, and the elderly.

- If you or members of your family have a chronic disease, work with your doctor to create a management plan for smoky periods.
- If you use rescue medications, make sure you have a supply at home and always carry them with you during wildfire season. Have a clear plan to follow if your rescue medications cannot bring your condition under control.
- If you are pregnant or caring for an infant through the summer months, make a plan for minimizing smoke exposures.



BC Centre for Disease Control  
Prevent Health Risks. Advance Health.

FOR MORE INFORMATION

[bccdc.ca/health-info/health-your-environment/air-quality](http://bccdc.ca/health-info/health-your-environment/air-quality)



The Kelsey Centre

will be Closed



June 1- Sept. 8, 2019

Thank you for your patience.



We are sorry for any inconvenience this may cause.

For more information  
Contact  
Kelsey Centre  
250-282-5500



## SAYWARD FISH & GAME

We wish to remind everyone that all fish from the Salmon River are **CATCH and RELEASE**.

There is **NO FISHING** allowed from the mouth of Salmon River up to the first bridge from June 1st to December 31st.

Please respect the fishing regulations and let's all protect our wild fish stocks.

## Sayward Elementary PAC

will be selling **Chocolate Almonds** & **Gourmet Jelly Beans**



\$3 per package  
(80g per pack).

This is a direct sales fundraiser, so there is no end date.  
Starting up first week in April.

## Sat. Aug. 3 OSCAR DAZE Dance



\$5 PER PERSON

Doors Open 8pm

19+





## Media Release

FOR IMMEDIATE RELEASE

### A summer of reading adventures for everyone at VIRL

Wednesday, June 19, 2019, Vancouver Island, BC: Summer's here and that means libraries across the Vancouver Island Regional Library (VIRL) system are coming alive with reading clubs and challenges for readers of every age!

#### Summer Reading Club



Summer Reading Club (SRC) is an annual system-wide initiative that encourages children, aged 0 – 12, to visit their local library to help build and maintain their reading skills during the summer months.

This year's SRC theme, *Imagine the*

*Possibilities*, invites kids aged 0 – 12 to let their minds run wild as they read all summer long.

Registration opened on June 18 online and at the library. SRC 2019 starts on **Tuesday, July 2** and runs until **Tuesday, August 20**.

When they register for SRC, each reader receives an SRC registration package, which includes an information sheet, a reading record, a bookmark, a tattoo, stickers, and a Tales Book Muncher. Every time a reader fills in seven lines of their reading record, they can enter their name into a weekly prize draw. Readers who finish their reading record are eligible to receive a special Summer Reading Club medal.

SRC is a province-wide summer reading club sponsored by the British Columbia Library Association (BCLA) and local public libraries, with support from the Libraries Branch, Ministry of Education, and CUPE BC. In 2018, over 6,000 children at VIRL participated in SRC.

#### Teen Summer Challenge

The Teen Summer Challenge is back! Teens aged 12 – 18 can connect with VIRL in fun and engaging ways in this system-wide program that encourages teens to critically think through a series of tasks while learning new skills, reading, and experimenting.



Teens who participate in the Summer Challenge have an opportunity to win some fantastic

prizes:

- **Grand Prize:** Skullcandy Earbuds
- Chapters Gift Cards
- Book Prizes

Teen Summer Challenge Task Booklets will be available for pick up at all VIRL branches or on the [Teen](#) page of the website, starting **Tuesday, July 2**. The challenge runs from **Tuesday, July 2** until **Tuesday, August 20**.

#### Adult Summer Reading Challenge



Adults can also get in on the summer reading fun again this year with the tic-tac-toe-themed Adult Summer Reading Challenge (ASRC).

To get involved, visit any VIRL branch to pick up the reading package,

which includes instructions, challenges to complete, and everything else participants will need.

The ASRC runs **Tuesday, July 2** until **Tuesday, August 20**.

#####

#### For more information

David Carson  
Director, Corporate Communications and Strategic Initiatives  
250.753.1154 ex 248  
Cell: 250.327.3651  
[dcarson@virl.bc.ca](mailto:dcarson@virl.bc.ca)