Sayward News

November 2026

Village of Sayward

The Village of Sayward is pleased to announce that the **Weight Room** in the Kelsey Recreation Centre is set to re-open to the public on **December 1, 2026**

Fees will be as follows:

Village of Sayward resident (and First Responders) monthly pass: $40.00
Village of Sayward resident (and First Responders) drop-in pass: $10.00
Non-Village of Sayward resident monthly pass: $60.00
Non-Village of Sayward resident drop-in pass: $20.00

Hours of Operation for monthly pass holders will be:

	Sunday	*Monday*	*Tuesday*	*Wednesday*	*Thursday*	*Friday*	*Saturday*
open	*8:00am*	*6:00am*	*10:00am*	*6:00am*	*6:00am*	*10:00am*	*8:00am*
close	*4:00pm*	*8:00pm*	*4:00pm*	*8:00pm*	*8:00pm*	*4:00pm*	*4:00pm*

Drop-in passes will only be available during Village Office Hours

Monthly Passes will be available for purchase starting Monday, November 9th.

Village of Sayward

Village of Sayward November Council Meetings:

Tuesday, November 10, 2026 – Inaugural Ceremony and Regular Meeting 7pm
Saturday, November 14, 2026 – Committee of the Whole Meeting - closed (Council Orientation)
Saturday, November 21, 2026 – Committee of the Whole Meeting - closed (Strategic Planning)
Please note: the November 24,2026 - Regular Council Meeting has been cancelled.

Village of Sayward

Village of Sayward
Office Hours
November 2026

Regular Opening hours:
9:00am - 12:00pm & 1:00pm - 4:00pm

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 *closed*	2	3	4 *closed*	5	6	7 *closed*
8 *closed*	9	10	11 *closed*	12	13	14 *closed*
15 *closed*	16	17	18	19	20	21 *closed*
22 *closed*	23 *closed*	24	25	26	27	28 *closed*
29 *closed*	30					

Sayward Community Food Table Society and Our Partners are Moving to a Market System for the Community Food Sort

To Be PICKED UP between 10:00 & 11:30 am Each Month at the Kelsey Centre

2026 FOOD SORT DATES: August 21 September 18 October 16 November 13 December 11

If Someone You Know is Experiencing Food Insecurity and Would Like to Participate in this Valuable Local Market Style Food Pick Up Program PLEASE NOT WAYS TO REGISTER BELOW .

MARKET: PLEASE SHOW UP IN PERSON to SHOP and PICK OUT YOUR OWN FOOD

REGISTER for this PROGRAM by Contacting:
BC Ambulance Station: (250) 282-3600
Sayward Health Clinic: (250) 282-3815
EMAIL: Executive@saywardfoodtable.ca

SCFTS Market Style Food Sort:

- Show up with ID – Register – Take a Number and Disc Provided
- Relax in a Social Setting as you wait to be Called in order of Arrival to Shop
- Shop for Your Own Food – Please Bring Reusable Bags to Shop

- If Unable to show up in Person PLEASE have a Designated Alternate with a Copy of Your ID to Register for You – and be Able to Pick Out Your Groceries for You * Please be Advised We MAY not be able to provide Specialty foods; Such as Gluten Free ETC

Thank you for your Patience while we grow, evolve, and adapt the SCFTS Donated and Rescued Food Program.

We are Grateful to have these Dedicated Individuals and Partners Helping Provide Nutritional Support in these challenging times.

Thank You All from SCFTS Board and Members.

Garden Club News

Building Christmas Decorations

The Fall harvests are mostly completed but garden maintenance continues. This is a good time to build compost for next Spring and as a bonus, the last of the weeds can go on the pile.

Adding dolomite lime to the garden neutralizes the naturally acidic condition of our soils. There is no need to dig it in as it can simply be spread evenly on the surface.

Garlic can be planted now to get a good head start for next year. Adding some good compost and bone meal when planting will ensure good sized bulbs next Summer.

The October meeting of the club had a good turnout to hear our guest speaker Helena Gazdik's illustrated talk on spiders. At that meeting members were able to purchase high-quality fish compost for a fraction of the regular price. More of this special opportunity will be available at our next meeting.

The November meeting will feature our yearly Christmas decoration activity. Each year we make centrepieces, wreaths, gnomes, and swags from local greenery. Please bring wreath frames, wire, pliers, ribbons and a variety of natural foliage to build with. Everyone is welcome to this fun evening starting at 7:00 on Thursday, November 12 at the Heritage Hall.

It's that time of year again!

Each year Secret Santa with the help of many volunteers in our community, provides Christmas hampers and gifts to families in the Village and Valley who could use a little help to make Christmas a joy-filled holiday.

Last year we were able to provide 34 hampers to local families, and we expect that number to increase this year.

If you know of members in our community who could use a little help this year, please forward the NAMES and AGES of all family members, ADDRESS information, and any special DIETARY NEEDS to dbgrill@gmail.com BEFORE December 10, 2026. This program would not exist without the generous donations from our community. All donations of cash, toys and food are all gratefully accepted.

Donations can also be dropped off at the Village of Sayward office.

All information is kept strictly confidential

Santa and the Elves appreciate your help in working towards a Merry Christmas for all.

Legion
BRITISH COLUMBIA/YUKON COMMAND

Join us at the Sayward Royal Canadian Legion #147 699 Sayward Road at 1:00pm for BINGO:

Sunday, November 1st
Sunday, November 15th

TURKEY BINGO is back on Sunday, November 29th

OPERATION CHRISTMAS CHILD
A PROJECT of SAMARITAN'S PURSE

Samaritans Purse - Shoeboxes

Help bring Christmas cheer through the Operation Christmas Child program.

Please contact Eve at
250-282-3269

Village of Sayward

Village of Sayward 2027 Dog Licences have arrived!

Neutered/Spayed $20.00
Unneutered/unspayed $30.00

A dog licence is required in the Village of Sayward under Bylaw No. 418 Animal Control

Purchase from the Village Office

Stay ahead of respiratory illness this season

Flu and COVID-19 vaccine clinic coming to Sayward

Once you receive your email or text invite, book your appointment online at **getvaccinated.gov.bc.ca** or call 1-833-838-2323.

Clinic at Heritage Hall - 1257 Sayward Road
November 18

Vaccine may also be available at your doctor or pharmacy

GET YOUR VACCINATION
Scan the QR code and visit:
www.getvaccinated.gov.bc.ca

Island Health

Seniors Luncheon at the Kelsey Centre

Wednesday, November 18, 12pm-1pm

Join us for a delightful afternoon of connection and community. This is a **free event** open to all seniors, so come ready to relax, mingle, and make new memories.
We look forward to seeing you there!

Please note that lunches may be cancelled on short notice. Watch Facebook for updates!

Hosted by the Sayward Community Health Society and its amazing volunteers!

ISLAND HEALTH

Sayward Primary Care Clinic

Registered Nurse with Remote Certified Practice Coverage

Island Health is pleased to announce the addition of Registered Nurses with Remote Certified Practice coverage at the Sayward Primary Care Clinic beginning Monday, October 5.

These nurses work autonomously within a defined scope of practice and collaborate with physicians and nurse practitioners to provide primary health care services. They can assess and treat certain acute illnesses and injuries, support health promotion and disease prevention, and use specialized Decision Support Tools approved by the BC College of Nurses and Midwives to diagnose specific conditions, order select laboratory tests, and prescribe certain medications without a physician's order.

Services Provided

- Chronic disease management, counselling, and education to support self-management skills
- General health and wellness education
- Assessment and treatment of non-emergency health concerns within scope
- Health system navigation and support
- Assistance with medical supplies and equipment
- Referrals to and collaboration with other health care providers
- Wound care and skin assessments

Services Not Provided

- Renew prescriptions
- Prescribe narcotics or controlled substances
- Diagnose, treat, or prescribe outside authorized scope of practice

You can book an appointment to meet with the nurse and discuss your health care needs. Walk-in visits are also welcome and will be accommodated when the nurse is available.

Clinic Hours
Monday to Thursday: 9:00 a.m. to 4:30 p.m.
Closed weekends and statutory holidays.

November 2026

Clinic Phone 250 282-3815
Fax 250 282-0040
Clinic Hour 9-4:30 Monday to Thursday

Public Health Phone 250 850-2110

Sayward Primary Healthcare Clinic

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Rural RN Labs 9-12	3 Rural RN	4 Rural RN	5 Rural RN	6 CLINIC CLOSED	7
8	9 Rural RN Labs 9-12	10 Rural RN	11 CLINIC CLOSED	12 Rural RN	13 CLINIC CLOSED	14
15	16 Rural RN Labs 9-12	17 Rural RN	18 Rural RN	19 Rural RN	20 CLINIC CLOSED	21
22	23 Rural RN Labs 9-12	24 Rural RN Foot care RN	25 Rural RN	26 Rural RN	27 CLINIC CLOSED	28
29	30 Rural RN Labs 9-12	1 Rural RN	2 Rural RN	3 Rural RN	4 CLINIC CLOSED	5

This Schedule is subject to change...

SAYWARD CHRISTIAN FELLOWSHIP

Morning Service
11:00am

740 Gentry Rd.
Darren Duncalfe
1-604-701-2727
saywardshepherd@gmail.com

ROMAN CATHOLIC DIOCESE OF VICTORIA

St. Bernadette's Catholic Church

Sunday Service 11:00am
(1st & 3rd Sunday at 3pm)
963 Despins Rd.
250-287-3498

CANADA POSTES / POST CANADA

Sayward Post Office Hours:
Monday-Friday 9am-5pm
Saturday 8:30am-12:30pm
Sunday: Closed

Age Friendly Van

Thursday, November 12th
Thursday, November 26th

The Age Friendly Van is for anyone over the age of 19 years living in the Village of Sayward or the Sayward Valley. The Van will pick you up and drop you off at your home. The driver will take you to appointments, shopping or any other destinations required.

Cost is by donation.

Please call the Village Office no later than the day before by **Noon** to reserve your seat

Questions?
Contact the Village Office: ***250-282-5512*** or
village@saywardvalley.ca

Seniors Carpet Bowling at the Kelsey Centre!

Wednesday, November 4th at 9:00am
Thursday, November 12th at 9:00am
Wednesday, November 18th at 9:00am
Wednesday, November 25th at 9:00am

November 2026

SCRA- Heritage Hall Happenings – 1257 Sayward Rd

Deck the halls at the hall Saturday November 21st at 9am for decorating and getting the hall inside and out festive for the season and the Annual Winter Fair

Hot dog roast and possible a nice warm bowl of soup will be provided.

To book a table at the Annual Winter Fair call the hall 250-282-0192 or call Barb 250-282-3741 – one table per vendor. Tables available inside and outside.

First Saturday of every month

Saturday November 7th Indoor Market 10am to 1 pm

VIHA rules apply

Kitchen will be open!

Membership is $10 a year

Next regular meeting November 2nd at 7:15pm

heritagehallscra@gmail.com 250-282-0192

All subject to change

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□ **Sayward Heritage Hall's 56th Annual Winter Fair** □

Join us **Saturday, November 28, from 4:00–7:00 pm** at Heritage Hall, **1257 Sayward Rd.**

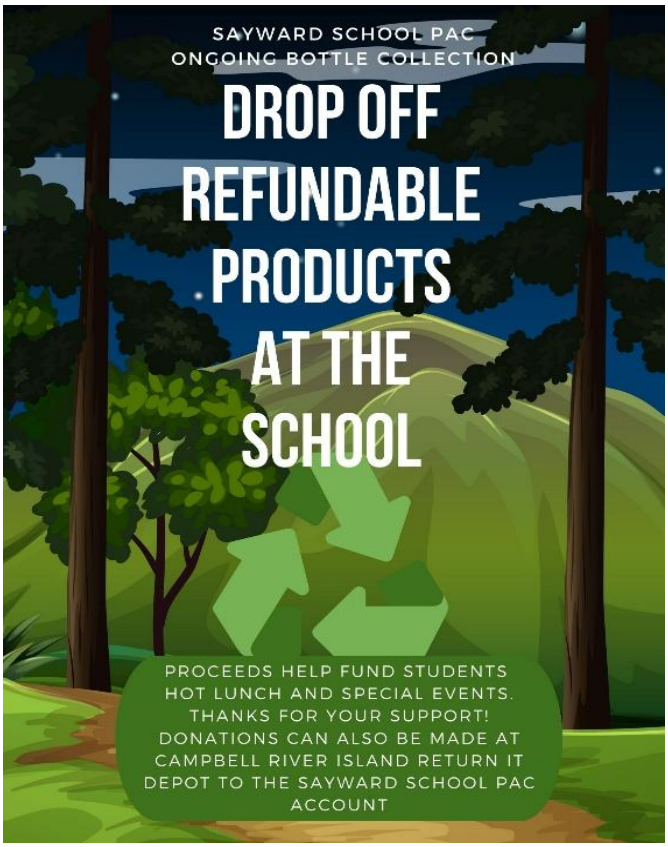
□ Lots of food and beverages, hot and cold!
□ Bring a non-perishable food item for Secret Santa.
□ Cash donations at the door are welcome.

Vendor tables are $10, and spaces are still available! Call **250-282-0192** and leave a message.

See you there! □□

With the support of the Village of Sayward Age Friendly Van Program and the Heritage Hall, shuttle service will be offered for the Winter Market on November 28th. Service will be offered to and from the village and the valley. If you live past the junction, we will provide pick up from Crossroads pub parking lot. Service will begin at 3:30pm with last trip leaving the market at 7pm.

Please contact Sarah Levin at 604-367-6322 to arrange a seat.



Comox Strathcona Waste Management

Sayward RecyclingDepot

~hours~

Thursday, Friday, Saturday, Sunday

9:00am - 5:00pm

Got Extra Garbage?

GARBAGE STICKERS FOR SALE

Each household is allowed two garbage receptacles (cans/bags) per week.

Additional receptacles (up to 77 liters/25 kgs) must have a garbage sticker on it for pick-up.

Village of Sayward
250-282-5512 • village@saywardvalley.ca

Strathcona Regional District
250-830-6700 • engineering@srd.ca

Sayward Interchange Recycling

If you have questions, or would like to drop off used oil products please call **250-830-4116**

COMMUNITY SHARE SHED

Tuesday, Thursday & Saturday
10:00am-1:00pm
located beside the Recycling Depot
Donations of functional, clean items accepted during open hours.
Please do not leave items outside.
For information, please call Debbie @ 250-895-4500

Sayward Literacy Now 2026

Books! Check out our book houses. If you are in need, I have books for children 0 to teens.
Watch for our book giveaways at local events.

Computer questions, we will try to help!

Email, call or text Ann!
annvansnick3@gmail.com
250-203-8332

VANCOUVER ISLAND REGIONAL LIBRARY

Sayward Library Hours:

Sunday - Monday: closed
Tuesday: 10am - 2:30pm
Wednesday - Thursday: 2:30pm - 7pm
Friday - Saturday: 10am - 2:30pm