Delivery Mills Ltd.
Custom Cut Lumber
250-282-3208
No Calls or pick ups after 7 pm please

Remedy FLOORING
specializing in carpet, vinyl, laminate, hardwood INSTALLATIONS
GREG VINCENT
ph. 250.650.4473
gregvincent11@gmail.com

SAYWARD SEWING & MENDING
Contact Charon
250-850-7144 604-210-0466 email:
charonrids@hotmail.com

STOWE CREEK AUTO REPAIR
760 Island Hwy. Sayward, B.C. Wayne Ryan
250-282-3846
Red Seal Certified Auto Mechanic
Repairs and Maintenance for your cars, trucks and motorcycles

21 **Janet Scotland, RI(BC)**
Managing Broker | Owner
CENTURY 21 Arbutus Realty
Direct Line: 250-923-2111 extension 102
or 250-287-6985 (text)
www.janetscotland.ca

Sayward Valley Communications
PO Box 573 Stn A, Campbell River, BC V9W 5T9
250-287-4199

Straits View Café
250-282-0118
Catering & Crews, Rooms & RV Sites daily, weekly & monthly
Boat Launch & Moorage

You're at home here CO-OP MID ISLAND
Premium, Midgrade & Regular gas, Diesel fuel, Propane Auto & Cylinder
Liquor & Convenience Store
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Your Sayward Specialist
C: 250-203-3545 O: 250-286-3293
susanmallinson@royallepage.ca
www.susanmallinson.com

Sayward Valley Resort
Full Service Campground
Cabins, Motel Rooms
Grocery Store, Liquor
Slushy's & Soft Ice Cream
(250) 282-3204

Bedwell River Homes
Shawn Sinclair
(250) 282-3726
Email: brh@saywardvalley.net
1004 Sayward Road, Sayward, BC V0P 1R0
We make it beautiful...You make it home

HANDYMAN FOR HIRE
For all your home repairs & renovations, inside and out
250-282-3361 — Joe

SAYWARD FUTURES SOCIETY
OCEAN VIEW GIFTS
ON THE WHARF
Tourist information, Artists Gallery, Confectionary, Fishing Licenses
Closed for the season, reopening Spring 2020
250-282-0018
www.saywardfutures.ca

WILD WINDS FARM
Boutique & Gift Shop
832 Island Hwy, Sayward, BC
OPEN FROM 11-4
THURSDAY to SATURDAY
Give me a Buzz @ 250-282-3262

Fox's Disposal Services
Hauling from North Island
Soil, compost, sand, etc.
2—40 yard containers.
250-949-6306

D.J. Luoma Trucking
Backhoe Services
250-282-5525

3D Services Design & Drafting
Jens Diron 250-282-3695
915 Island Hwy. Sayward B.C.
Personal, Reliable, Fast
European Precision and Quality Custom House Designs

Mt H'Kusam View Lodge
Hostel and Country Inn
1165 Salmon River Main
Julie Olsen & Erik Walsh
250-282-5547
Accommodation & catering for groups, tourists and family retreats
www.mthkusamviewlodge.com

LANDQUEST REALTY CORP.
Kevin Kittmer
Cell: 250-951-8631 Office: 604-664-7340
kevin@landquest.com www.landquest.com
"Marketing British Columbia to the World"

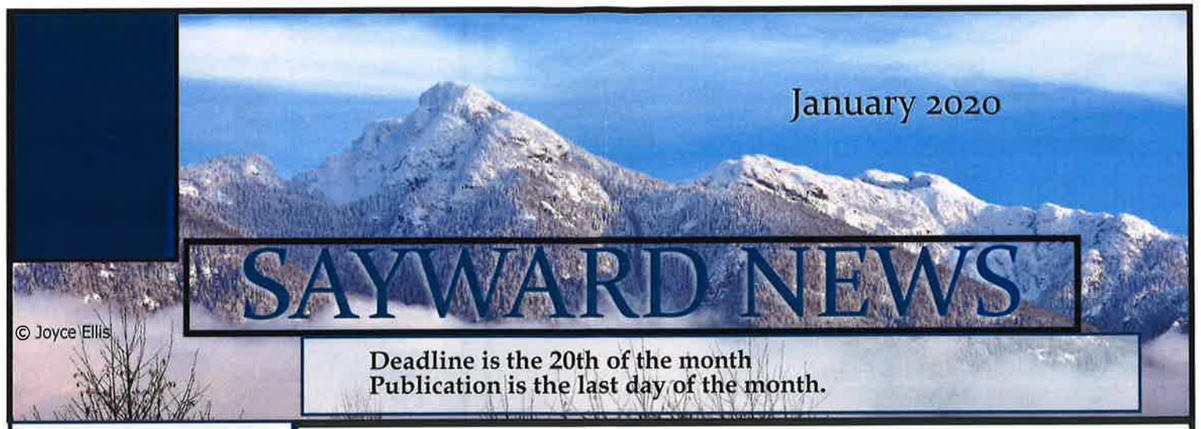
mainroad
Please report any extreme change in road conditions to Mainroad's 24 hour hotline
1.877.215.7122

Parallel 50 Realty and Property Management Inc.
962 Shoppers Row
Campbell River, BC
Phone: (250) 286-0110
E-mail: info@ojproperties.ca
Parallel 50 REALTY and PROPERTY MANAGEMENT

Busy Beaver
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Don 250-282-5565
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Sayward Christian Fellowship
Morning Service 11:00 AM
740 Gentry Rd.
Mark Johnson 250-282-3473
Bruce Fyfe 250-282-3301
Bible Study, Wednesday 7:00 pm
Contact Beth Johnson 250-282-3473
Everyone Welcome!

STORAGE RENTAL
Vehicles, Boats and RV's
Dry & Secure
Call – 250-282-3465



SPECIAL POINTS OF INTEREST

*Kelsey Centre Schedule

*Organization Meetings

*Elected Officials

Village of Sayward Office Hours

Monday-Friday
9:00 am - 4:00 pm

Closed Statutory Holidays

Phone: (250) 282-5512

Fax: (250) 282-5511

Email Address
village@saywardvalley.ca

Village Web Address
www.sayward.ca

Sayward News Email
saywardnews@gmail.com

SAYWARD COMMUNITY DINNER #2

Do we really need a reason to eat a meal together?

WHEN : SUNDAY, JANUARY 19, 2020

WHERE: KELSEY CENTRE GYMNASIUM

TIME : 5:30 pm, 'till the food is gone.

FREE FOR ALL!



For additional information or for any questions, please contact Nuka de Jocas at saywardcommunitycapacity@gmail.com ; or call at (438) 830-3074

IN PARTNERSHIP WITH: the Village of Sayward, island health

Comox Strathcona Waste Management

Sayward Recycling Depot

Monday, Wednesday, & Friday 7:30 am to 8:30 pm

Sunday 8:30 am to 5:00 pm

We would like to ask residents to please refrain from putting the following items in the recycling bins:

- Shoes
- Garbage
- Mirrors
- Tin Foil
- Hoses
- Plates and Cups
- Window glass
- Unwashed recycling (plastics, tins etc.)
- Insulating Styrofoam
- Styrofoam meat trays with blood
- Clothing (Material of any kind)

- PLEASE SORT YOUR RECYCLING INTO THE PROPER BINS.
- ALL PAPER AND CARDBOARD PRODUCTS GO IN THE BIG RED BIN.
- THE METAL BIN IS FOR METAL ONLY, PLEASE DO NOT PUT IN WOOD, FURNITURE ETC.

THANKS FOR YOUR COOPERATION

Emergency Phone Notification Systems

Our **phone notification service** requires your assistance. We need new residents to provide us with your phone number and street address so we can add you to our phone notification system. If you move within the community, please let us know so we can send our notices to the correct people.

This system is used by the Village's Public Works staff to let Village residents know of problems with the water, sewer or other systems. **It can be used to notify the entire community of any emergency situations.** **It is important that we keep our resident list current**.

The system only allows for 10 digit phone numbers, no long distance can be used.

If you have not been receiving calls that you know have been sent out, please let us know.

To provide us with your information call the Village Office at (250) 282-5512.

SRD notifications are delivered by both text message and/or voice call to those who have signed up to receive notifications. These notifications are intended to inform residents and visitors alike about incidents that could impact them. Working together, we can take proactive steps to build a safer and more resilient community.

Sign up at **https://strathconard.connectrocket.com**

Notice of Regular Council Meetings

The Village of Sayward Regular Council Meetings for the year 2020 will held in Council Chambers located at 652 H'Kusam Way at **7:00 PM** on the following dates:

January	Tuesday	7,21
February	Tuesday	4,18
March	Tuesday	3,17
April	Tuesday	7,21
May	Tuesday	5,19
June	Tuesday	9,23
July	Tuesday	14
August	Tuesday	18
September	Tuesday	1,15
October	Tuesday	6,20
November	Tuesday	3,17
December	Tuesday	1,15

Elected Officials of the Village of Sayward

Mayor John MacDonald	(250) 282-0184
Councillor Wes Cragg	(250) 201-0604
Councillor Joyce Ellis	(250) 282-3863
Councillor Bill Ives	(250) 204-4012
Councillor Norm Kirschner	(250) 282-3834

Area A Director
Gerald Whalley (250) 282-3787
gwhalley@srd.ca

Trustee
Shannon Briggs (250) 282-3364
shannon.briggs@sd72.bc.ca

Provincial Government Member of Legislative Assembly

Claire Trevena 1-866-387-5100
www.clairetrevena.ca claire.trevena.mla@leg.bc.ca

Federal Government Member of Parliament

Rachel Blaney 1-250-287-9388
1-800-667-8404

Claire Trevena, MLA
(North Island)
908 Island Hwy, Campbell River, B.C. V9W 2C3
Phone: 250-287-5100
866-387-5100 Fax: 240-287-5100

North Island Pharmacy
In Campbell River would love your business.
We are pleased to offer **FREE** weekly full prescription delivery service to **Sayward Valley Resort** in Sayward every Wednesday 250-286-4522 (9am-5pm)

MOUNTVIEW PACIFIC CONSTRUCTION
Mitchell Vincent
Owner/Operator
250-282-3283 /250-850-7005
mitchell.vincent07@gmail.com
New Builds
Renovations
Home Repair
Mountview Pacific Construction
Serving Campbell River & North Island

North Island Survivor's Healing Society
Trauma and Abuse Counseling Centre
Call: 250-287-3325
Professional counseling by appointment
"The society gratefully acknowledges financial assistance from the Province of BC & the United Way"

HUB **Cathy Luong** *Insurance Advisor*
We provide a broad array of Home, Auto, Commercial, Marine, Travel, and Business Insurance with competitive markets and rates for our local communities
T-250-287-8819 C-604-720-0196
cathy.luong@hubinternational.com

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saywardnews@gmail.com

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saywardnews@gmail.com

Hospital Board:

Local property taxes for hospitals are for our 40% share of **capital** expenditures only. This includes the hospital building and its equipment. The Provincial Government contributes the other 60%. The Provincial Government is also responsible for 100% of the **operating** costs. Last year we successfully defeated a push by some Directors of the Comox Strathcona Regional Hospital District Board to make local property taxpayers additionally responsible for the **operating** costs of some of the other health care facilities that are currently the responsibility of the Provincial Government. Now I see that this initiative is once again on the agenda of several Directors and that battle will be waged all over again this coming spring. Hopefully it will be defeated once again. The reason why this initiative keeps coming up is because the Provincial Government intentionally orchestrates an under-funding of its non-acute care health facilities. This results in an overburden on our acute care hospitals which therefore become overcrowded with non-acute care patients who have nowhere else to go. That is the current situation with our new Campbell River hospital. By neglecting its responsibility in this way, the Provincial Government calculates that public complaints about these inadequacies will pressure local governments to assume this responsibility.

Some Directors mistakenly think that if local property taxes were increased to help alleviate this overcrowding, that this would solve the problem. This is foolishness because as soon as local government would step forward to cover some of the Provincial Government's costs for non-acute care facilities, then the Provincial Government would just take one more step back to download even more of their costs onto us. That is the strategy they employ. Our new hospital was built with a modular design so that adding on to it in the future will be a simple process. We have significantly depleted our reserve funds in our recent hospital construction and now we need to build up the reserves again for when an addition is needed, and for when more modern and technologically advanced hospital equipment becomes available. We should not allow our current revenues to be used up on Provincial responsibilities that would become an everlasting and ever increasing burden on local property taxpayers. I will continue to fight to defeat this misconceived agenda.

If you have any questions on any Regional District issue, please don't hesitate to contact me.

Gerald Whalley

Regional Director (Area 'A')

(250) 282-3787

gwhalley@srd.ca

The **Sayward Volunteer Fire Department** is now accepting APPLICATIONS FOR RECRUITMENT.

Join our team of dedicated members.

What we seek:

Community minded and spirited individuals who like to be involved in team efforts and are looking for a challenging, rewarding and life changing experience.



You must be:

- Living in the Sayward District Fire protection area.
- Team oriented
- Healthy, Physically fit
- Of good character (RCMP security check required)

We offer:

- Involvement in community activities ranging from fire fighting, rescues, first responder medical service, to public education events.
- Paid training that is progressive at our inhouse and in the field at various training agencies.
- We are flexible to meet your time commitments, we work around our members lives to make it easy as possible for you to be part of our team.
- Insurance plans both on and off duty.
- New friends and acquaintances.
- And lots of fun

For more information or to apply please contact the Sayward Volunteer Fire Department @ 250-282-5505
Or svfd@saywardvalley.ca or come to our weekly meetings every Thursday @ Fire Hall #1 - 7 PM

SAYWARD COMMUNITY FOOD BANK DELIVERY SERVICE

A Food Bank delivery service is being setup in Sayward. We are striving for a confidential and efficient community-minded service. The service will be **FREE** for people registered with the Campbell River Food Bank.

The criteria to receive this service is as follows:

Step 1. You must register with the Campbell River Food Bank. To register you must appear in person at the CR Food Bank with Identification.
Adults must present 2 pieces of ID and if there are children in the family they must have 1 piece of ID.

Campbell River Food Bank Society
1393 Marwalk Crescent
Campbell River

2. To order a food hamper, after you have registered, you are to call Joyce at 250-282-3863. You must speak to Joyce personally or leave a message for her to call you back. We will need for you to sign a Letter of Authorization which states that our driver is allowed to pick up your hamper.

3. Deliveries will be the First and Second Friday of each month. Orders, for a hamper, must be received by Joyce the previous Wednesday before 4pm. We will pick up your hamper on the Friday and then deliver it to your door.

Local Organization Information

AA Meetings – 250-282-0030

Carpet Bowling Contact 250-282-5589
Tuesdays & Thursdays at Kelsey Rec. Centre

Crisis Line Available 24/7 1-888-494-3888

Helping Hands Sewing Club - Barb—250-282-3741
Meets every Tuesday 10-2 pm – Heritage Hall

Heritage Hall - 250-282-0192
3rd Monday of each month – Heritage Hall 7 pm

Kelsey Center 250-282-5500

Mainroad Contracting 24hr hotline 1-877-215-7122

Ocean View Gifts & Gallery 250-282-0018
Closed for the season, reopening Spring 2020

Royal Canadian Legion Branch #147
President– Bill Ives 250-204-4012
Last Tuesday of each month in Legion 6 pm (Ex Jul and Aug)

Saturday Market at Heritage Hall—Barb 250-282-3242
Indoor market (Oct-May) 1st Saturday of Month 10-1 pm
Outdoor market (May-Oct) Every Saturday 10-1 pm

Sayward Ambulance Service Station
Contact Non Emergency 250-282-3600

Sayward Bursary
Contact Marilyn Barry @ 250-282-3465

Sayward Christian Fellowship
Sunday Service at 11 am – 740 Gentry Road
Mark Johnson 250-282-3473 Bruce Fyfe 250-282-3301
Bible Study, Wednesday 7 pm
Contact Beth Johnson 250-282-3473 Everyone Welcome!

Sayward Community Health Society Meets 2nd Monday of the month at Clinic at 6:30 pm Contact 250-850-7144/charonrids@gmail.com

Sayward Community Potluck Karen—250-282-3667
2nd Saturday of the month, 5 pm Heritage Hall

Sayward Emergency Program– epc@saywardvalley.ca

Sayward Fish & Game
Last Thursday of each month – Heritage Hall 7:30 pm

Sayward Futures Society Contact 250-282-0018
2nd Monday of each month at SFS office at wharf 6:30pm

Sayward Garden Club Meets 2nd Thursday of the month
7:00 pm Heritage Hall. Alex—250-282-3799

Sayward Harbour Authority First Sunday of month, Harbour Office,
9:30 am Colin Read Executive Director 250-282-0178 or Wharfinger Lyall Linklater 250-282-3431

Sayward Health Clinic - 250-282-3815

Sayward Literacy Now At Sayward School, Monday and Thursday
10 am to 12 pm, Drop in for a coffee. Let us know if we can help you with your computer. No charge!
Jan Bakker bokkie.bakker@gmail.com 250-282-3851
Ann Vansnick annv@saywardvalley.net 250-282-3450

Sayward RCMP Contact Non-Emergency 250-282-5522

Sayward Valley Folk Music Society - Contact Bob 250-282-0134
Live concerts 2nd and 4th Sunday of the month at the Kelsey Rec Centre. Doors open @ 6:30 pm

Sayward Volunteer Fire Department
Contact Non-Emergency 250-282-5505
Email address: svfd@saywardvalley.ca
Meeting every Thursday @ Fire Hall #1 at 7 pm

Share Shed – Bryanne Stacey - 250-282-3464
10 - 12 Mon/Wed/Fri Closed stat's

St. Bernadette's Catholic Church – Despins Road
Sunday Service at 10 am (3rd Sunday at 3 pm)

Tourism Committee Meetings– 2nd Wednesday of the month 7 pm
Multi Purpose Room at Kelsey Center, all businesses and residents welcome.

Village of Sayward Council Meetings Contact at 250-282-5512
1st & 3rd Tuesday of each month @ 7 pm

Village of Sayward Office 250-282-5512 Mon—Fri 9 am-4 pm

VI Regional Library Contact 250-282-5551
Open Tues & Wed 10-8, Thurs 10-2, Fri 1-5, Sat 10-2, Sun 1-5
Closed Mondays

2020 DOG LICENSES

Please note all dogs living in the Village must have a valid Village of Sayward dog license.

These licenses can be purchased at the Village Municipal Office. The cost is $15 for neutered/spayed dogs, and $30 for non-neutered/non-spayed dogs. The Village keeps a dog tag register on file with your contact info, this helps if your dog goes missing and someone finds it—a quick call to the office will indicate the dog's home.

As a courtesy to your fellow Sayward residents please ensure your dog is not running around on the loose and it is always on a leash when it is with you. Finally, please note it takes up valuable resources (i.e. tax dollars) whenever Village staff have to spend time chasing dogs or dealing with dog owners who do not abide by the bylaws.

January 2020

Public Health Nurse 250-850-2110 press 1

Please call above provider directly to book an appointment. For NP Tracey and Dr. McFadden please call clinic to book appointments. Thank you.

Sayward Primary Healthcare Clinic

CLINIC PH 250 282-3815
Fax 250- 282-0040

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30 NP Tracey 9-5 Labs 9-11:30	31 NP Tracey 9-5	1 HAPPY NEW YEAR!	2 No Nurse	3 CLINIC CLOSED	4
5	6 NP Tracey 9-5 Labs 9-11:30 Dr McFadden 10-3	7 NP Tracey 9-5	8 NP Tracey 9-5 Public Health Nurse	9 NP Tracey 9-4	10 CLINIC CLOSED	11
12	13 NP Tracey 9-5 Labs 9-12:30	14 NP Tracey 9-5	15 NP Tracey 9-5	16 NP Tracey 9-4	17 CLINIC CLOSED	18
19	20 NP Tracey 9-5 Dr McFadden 10-3 Lab Day 9 – 11:30	21 NP Tracey 9-5 Mammogram Van	22 NP Tracey 9-5	23 NP Tracey 9-4	24 CLINIC CLOSED	25
26	27 NP Tracey 9-5 Lab Day 9-12:30	28 NP Tracey 9-5	29 NP Tracey 9-5	30 NP Tracey 9-4	31 CLINIC CLOSED	1

Mammography Van will be here January 21, 2020. Call 1 800 663-9203 to book your appointment

Tour de Rock

SAYWARD TOUR DE ROCK 2020

Canadian Cancer Society
BRITISH COLUMBIA AND YUKON

We are still collecting bottles and cans for recycling.

You can drop off recycling at 670 Kelsey Way (at back door) at any time.
If you need to have your recycling picked up please give us a call at 282-3210.

All our volunteers handling the recycling really appreciate it if you rinse your bottles & cans and remove the caps.

MOUNTVIEW PACIFIC CONSTRUCTION

Mitchell Vincent

Owner/Operator

250-282-3283 /250-850-7005

mitchell.vincent07@gmail.com

New Builds, Renovations and Home Repair

Serving Campbell River & North Island

Sayward Christian Fellowship

Fellowship

"Attitudes are contagious. Is yours worth catching?"

Morning Service 11:00 AM
740 Gentry Rd.
Mark Johnson 250-282-3473
Bruce Fyfe 250-282-3301

Bible Study, Wednesday 7:00 pm
Contact Beth Johnson 250-282-3473
Everyone Welcome!

D.J. Luoma Trucking

Backhoe Services



250-282-5525

Mid Island

HEATING SERVICES

INSTALLATIONS
SERVICE
REPAIR
GAS & OIL SPECIALIST
EX BRITISH GAS ENGINEER
Fully Insured
30 Years Experience



Mark Harper
Cell: (250) 201-0075
Home: (250) 337-8165

Sayward Valley Folk Music Society News

With the coming of the new year, we are pleased to announce that, in January we are moving to our new location at the Kelsey Centre. To open our 2020 season (and third year) we will be featuring Valdy in Concert on Sunday January 12 @ 7:00.



We have been following Valdy since the early 70's and have seen his status grow from Canadian icon to International fame. It is with pleasure that we welcome Valdy to our stage.

Our concert series features some of best musicians from Canada and beyond it's borders. Aimed as a fun, social, cultural evening, we continue to present several Sunday night concerts a month. It is an opportunity for old friends and new to get together to share and experience some of the best acoustic music available today.

From Traditional Folk, Classical, Jazz and World Music, we feature music that will appeal to a wide audience from only a few feet away.

In collaboration with Canada's classical house concert network, Living Room Live, our Sunday January 19 concert will feature guitarist Jonathan Stuchbery. Hailed by critics as exciting and technically brilliant,, this Winnipeg artist includes us on his tour schedule in a concert that brings audiences into the private chambers of kings and queens of 17th Century Europe. Jonathan is a master of the Baroque Guitar, a rarely played cousin of the guitar that we know today.

Advance Tickets to each separate concert are available at the Music Plant in Campbell River, the Kelsey Centre and Sayward Valley Resort. The ticket price is $20/person. Tickets will also be available at the door the night of each concert. SVFMS member's admission is $10/person at the door. Children 12 and under are free when accompanied by an adult.



Annual Memberships are available for $85/single and $130/family. These will allow you into each venue for half the general admission price for 22 - 26 concerts, help support music and the arts in the community, and to receive our newsletter.

These are family friendly events, there is no alcohol allowed. Children must be supervised and observe proper etiquette. Refreshment table with desserts and beverages is provided.

If you are interested in hosting our performers or becoming a volunteer at our events, please contact Bob or Karen Sampson @ 250 282-0134

BC CANCER BREAST SCREENING
Provincial Health Services Authority

Mammograms Save Lives

Digital Mobile Mammography Coming to Your Community



BC Cancer Breast Screening's digital mobile mammography service will be visiting:

SAYWARD HEALTH CARE CENTRE
JANUARY 21, 2020

To book your appointment call 1-800-663-9203

Mammograms are available for women ages 40 and over. Make an informed decision to screen for breast cancer. Visit www.screeningbc.ca to learn more.

Clinic Corner News

Sayward Primary Healthcare Clinic

Happy New Year!

The Mammogram Van will be here on Jan 21.

NP Tracey will have a student nurse practitioner working with her starting the end of January until April. If you are not wanting to be seen by the student nurse practitioner, please let the office know when you book your appointments.

Just a friendly reminder that the clinic is getting much busier, so please make appointments. Walk in's quite often cannot be accommodated. Also a reminder that prescriptions will not be renewed over the phone. You must make an appointment to have prescriptions renewed. If the clinic is not your primary provider, please also bring your prescriptions with you if you are wanting renewals.



The Sayward Community Health Society would like to thank the Oscar Daze Committee for their recent donation. All donations go towards the running costs of the Clinic, and we very much appreciate the continuing support.

Sayward Primary Healthcare Clinic

KELSEY RECREATION CENTRE
JANUARY 2020 SCHEDULE

	SUNDAY	MONDAY	WEDNESDAY	FRIDAY
		**NEW HOURS**	**NEW HOURS**	**NEW HOURS**
8:30		OPEN GYMNASIUM & WEIGHT ROOM 1:00PM-8:00 PM	OPEN GYMNASIUM & WEIGHT ROOM 1:00PM-8:00 PM	OPEN GYMNASIUM & WEIGHT ROOM 1:00PM-8:00 PM
9:00				
9:30				
10:00				
10:30	TOONIE SWIM			
11:00	PARENT & TOT 11:30-12:30	PARENT & TOT SWIM 4:30-5:00	PARENT & TOT SWIM 4:30-5:00	PARENT & TOT SWIM 4:30-5:00
11:30				
12:00	SENIOR SWIM 12:30-1:30	SENIOR SWIM 5:00-6:00	SENIOR SWIM 5:00-6:00	SENIOR SWIM 5:00-6:00
12:30	PUBLIC SWIM 1:30-3:30PM			
1:00				
1:30				
2:00	The AFTER SCHOOL PROGRAM is CANCELLED UNTIL FURTHER NOTICE			
2:30				
3:00				
3:30				
4:00				
4:30		PUBLIC SWIM 6:00-8:00	PUBLIC SWIM 6:00-8:00	PUBLIC SWIM 5:00-8:00
5:00				
6:00				
6:30				
7:00				
7:30				
8:00				

	SINGLE	10-PACK	MONTHLY
~~NO AFTER SCHOOL PROGRAM:~~ Cancelled			
CHILD/YOUTH	3.00	27.00	36.00
ADULT	5.00	45.00	60.00
SENIOR	4.00	36.00	48.00
FAMILY (Immediate)	15.00	135.00	180.00

NEW: All children less than 7 years of age must be accompanied by a responsible person 16 years or older in the pool within arms reach at ALL TIMES. Maximum of 2 or 3 children. (Discretion of Life Guard) No exceptions.

NO AFTER SCHOOL PROGRAM: THE AFTER SCHOOL PROGRAM IS CANCELLED UNTIL FURTHER NOTICE

REMINDER: The Kelsey Centre will be closed for all Statutory Holidays.

The facility schedule is subject to change. For daily schedule please call 250-282-5500



January 2020

Happy New Year to all from the SCRA board of Directors

4th - Indoor Market 10 am to 1 pm – First Saturday of the month. Vendors welcomed.

9th - Garden Club – NEW time 6:30 pm

11th - Community Potluck – 5 pm sharp! All welcome. Bring your favourite dish!

20th - SCRA monthly meeting at 7 pm – All are welcome to come out to our monthly meeting. Become a member and be part of our hall. Want events to happen? Have Ideas? Come out, bring your ideas and be part of our team.

30th - Fish and Game at 7:30 pm

Helping Hands Sewing Circle every Tuesday 10 am to 2 pm – Free to join. Bring your project and your lunch. All welcome!

Sayward Futures Society
Our Community Our Future

Sayward Futures Society is looking to fill a DIRECTOR POSITION.
To start as soon as possible.

Sayward Futures Society (SFS) Non-Profit purposes are:

- Engaging with others in the community in the creation of/assisting in development of long range economic development for the Sayward area.
- Exploring, promoting, and supporting economic opportunities, growth, and diversity in the Sayward area.
- Providing liaison facilitation for economic development initiatives.
- Assisting in the fulfillment of business and community visions using the Society's resources.
- Providing an umbrella organization for other community development initiatives.
- Owning, managing, and maintaining all capital assets including Kelsey Bay Wharf and the attached buildings.
- Supporting the provision of tourism services in the Sayward area.

Please email: sfs@saywardvalley.net



Sayward Garden Club

The garden club's December meeting kicked off in local gardening style with a potluck dinner bearing the fruits of our summer's labour. It has been said that Sayward is *the* community of outstanding potlucks, and the garden club's annual event was no exception.

With gardeners outdoing themselves in the kitchen, we shared a bounty of dishes from locally caught baked salmon, farm-raised roast turkey, well-seasoned elk meatballs, a wild foraged chanterelle lasagna, several quiches and fresh-from-the-garden salads, while the table of sweet treats simply burst with pies, cookies, cakes, and even a baked Alaska. To usher out the old and ring in the new gardening year, we sipped a wee glass of beautifully chilled strawberry -rhubarb wine, made, of course, from the fruits of the garden. Clearly in Sayward, gardening and delicious food pair well together!

The potluck was followed by a group discussion on saving seeds and a sharing of favourite seed catalogues, the majority of favourites being local or heritage. Now that the days are slowly lengthening, it is time to sort through your saved seeds and stock up on new ones. While January is a time for reflection on last year's successes and failures, if you are just itching to get started on spring, now is also the time to wash up used pots, clean out the garden sheds and greenhouses, and clean, sharpen, and oil the garden tools.

Our January meeting will feature a talk by long-time gardener Jeannie Martin on no-dig gardening and garden planning. All are welcome and if you are a new gardener now is the perfect time to get started. Our members are always ready to answer your questions and to share tips, advice, encouragement, and most of all enthusiasm. The garden club would like to wish everyone a very happy, healthy new year.

The garden club meets at the Heritage Hall on the second Thursday of the month. Our next meeting will be January 9th. Please note our new meeting time of 6:30 p.m.



THANK YOU to all that has made this Seniors Christmas Dinner a HUGE SUCCESS!! The SCRA sponsored the dinner!

We had donations from our local businesses Straits View Café and Crossroads. Personal donations of money, desserts, salads, buns, and door prizes .

Centre pieces done by Jackie Lyons. They were beautiful and given out as door prizes at the end!

The set up crew and serving refreshments Rosina, Lillian, Marcell, Amanda, Samantha, Paige and Siobhan.

Nancy C., Barb H., Robert C., Joe H., Elsie L., and Tim B that spent time shopping, prepping, cooking, baking , cleaning and serving! Betty M for making us a 100 homemade buns!

We had two dessert tables. One was scrumptious donations. The other was Tim's and his home made Baked Alaska , Christmas pudding, Yule logs and Fillo pastries. Not only did they looked amazing they tasted awesome!

Cleanup crew for taking down all the tables and chairs! Paul D, Eric S, Bruce F, Dave S,. Finally the huge piles of dishes and dealing with all in the kitchen. Patricia V, Michelle S, Elsie L and Ann D.

If I missed anyone thank you to you too! Was a busy day! Many contributed in so many ways and a big thank you to all!

Merry Christmas and the best to all in 2020

Ann V – Seniors Dinner Organizer





The Kelsey Centre would like to give a **Gigantic 2** Thumbs Up

For the Donations we received and Volunteers who helped through out the year for our Special Events.

Mayor John Macdonald and Susan Poulsen (donation and volunteer) H'Kusam Climb Committee (donation) Sayward Valley Communications (Ian Clark donation), Scott Massie (volunteer) Lily Temple (volunteer) Georgina McLain, (volunteer) Carol Skogan, (volunteer) Donna-Lynn Wilson (volunteer) Kenny Schmidt (volunteer) Tony Leggat (donation) Nuka de Jocas (volunteer) Ben Kirschner(volunteer), Hannah Kirschner (volunteer), Don Zapp (donation and volunteer), Delivery Mills (donation), Susan Mallinson (donation), Wes and Andi Cragg (donation and volunteer), Lisa Clark (donation) Bill Ives (donation and volunteer), Diane Mason (volunteer) Mavis Alkenbrack, (volunteer) Gerald and Cheryl Whalley, (donation) DJ Luoma Trucking, (donation) Tony Toriglia (donation and volunteer) Commercial Aquatics DB Perks & Associates LTD.(donation) Windy Point Falling, (donation) Trophy West Guide Outfitters LTD. (donation) Mowi Canada West (donation) Grieg Seafood, (donation) Co-Op Mid Island/Heritage Hall (donation) Thank you to all who stayed behind to help clean up.

Finally, Andi, Andrea, Cass, Cassie, Jessi, Joanna, Melissa and Lisa, thank you for all you extra time decorating and setting up. Joanna and Steve for all the last-minute clean ups. Tony and Mike for last minute maintenance.

Without your time and donations these special events would not be Possible.

A Heartfelt Thank-you
Darlene

Kelsey Centre

Sayward Age Friendly Van

Schedule January 2020

MONDAY	TUESDAY	THURSDAY
Sayward Clinic 9am-12pm	Kelsey Centre 9am-12pm	Kelsey Centre 9am-12pm

Wednesday, January 8, 2019
Friday, January 31, 2019
Shopping in Campbell River We leave for town approximately 9 am (Weather Permitting)

Please phone the day before by noon
Clinic days the Friday before noon
For more Info:

Contact: Darlene 250-282-5500 or
Diane Mason 250-282-3760

email: kelseycentre@saywardvalley.ca

Age Friendly Drop-In Presents

Crib Night



Adults Only

Thursday Evenings

7pm

Kelsey Centre Multipurpose Room

Used oil can be cleaned and used over and over and over.

Proper disposal not only reduces harm to the environment, but ensures we are not wasting a valuable non-renewable resource.

Which used oil products can be recycled?

Oil – any petroleum or synthetic crankcase oil, engine oil, hydraulic fluid, transmission fluid, gear oil, heat transfer fluid or other fluid used for lubricating purposes in machinery or equipment.

Oil Filters – any spin-on or element oil filter used in hydraulic, transmission or internal combustion engine applications – includes diesel fuel filters but does not include gasoline fuel filters.

Oil Containers – any plastic container with a capacity of less than 30 liters that is manufactured to hold oil.

Why recycle antifreeze?

Used antifreeze contains heavy metals and other impurities that must be has handled with care to both protect the environment and ensure that pets do not inadvertently ingest it. Like oil, antifreeze is also a product that is highly recyclable, with most of the used antifreeze being recycled into new automotive antifreeze. It is then sold to customers in BC. The antifreeze containers are collected together with oil containers. They are recycled to make new oil and antifreeze containers and other plastic products.

Sayward Recycling Centre Addition – Used Oil Seacan

The Sayward recycling centre now accepts certain used oils. Please see below for additional information. Hours of operation of the new seacan will be the same as the recycling centre, see inside cover of the Sayward News.



the Village of Sayward
"Friend of Nature"

Comox Strathcona Waste Management

Age Friendly Drop-In Schedule



Tuesday	Thursday	Saturday
Drop-In 9:30 am - 12pm	Drop-In 9:30 am - 12 pm	
Open Computers 10:30 am -12 pm	Open Computers 10:30 am - 12 pm	
Carpet Bowling 9:30 am	Carpet Bowling 9:30 am	
Dominos 10:30 am	Dominos 10:30 am	Dominos 10:30 am
	Crib 7pm	



Sayward Literacy NOW!

Need help with your computer needs, give us a call!

Watch for our book houses! Take a book, leave a book!

Jan Bakker at bokkie.bakker@gmail.com 250-282-3851 or

Ann Vansnick at annvansnick3@gmail.com 250-282-3450

SAYWARD COMMUNITY KITCHEN



OUR SENIOR'S LUNCHEON WILL BE HELD

JAN 9th and JAN 23rd

AT NOON AT THE KELSEY CENTRE. WE HOPE THAT YOU CAN ATTEND AND ENJOY THE GREAT FOOD. IT'S A GREAT TIME TO VISIT WITH FRIENDS AND MAKE NEW ONES.



Mayors Update Dec 2019

Last year at this time Sayward was battling the windstorm of the century - we have come a long way since this storm at putting our village back together. There have been many accomplishments to celebrate over the past year, after battling for the past four years we have finally completed our water treatment plant and reservoir, there are a few minor tweaks to be done that staff are working with the contractor on. Our dam project had a good start until Mother Nature took over and we had to close down the project for this year with the hopes of start up again in the late spring. The same circumstances happened with the new passing lane project for highway 19, talking to Minister Trevena she advised that there was too much rain and they could not work at this time and will be resuming the project in the spring of 2020.

Council has their first full year of this term under their belts, as Councillors, and myself as Mayor, we often times have crossed swords and expressed diverse opinions at the table, the main thing is to do our best to come to a consensus. Each and every Councillor works for the betterment of the Village of Sayward and surrounding community. In municipal governance it is my duty as Mayor to provide some guidance and direction to Council knowing that we will not always agree, however it is also my duty to maintain order and respectful dialogue. Although at times it is stressful, hopefully each and every one of us can take our wins and losses with grace, and always remember that it is the majority vote of Council that rules. I am only one vote and I only vote to break a tie when a majority vote is not reached, I may and do voice my opinion, however it is just that - an opinion. The democracy of Council is that the final decision is the majority vote of Council.

In 2019 there were some major staff changes within the Village ranks, our CAO Mr. Carver left, a consultant Mr. France was brought in for an interim period, and on 15 Oct Ms. Lisa Clark was given the appointment of CAO, Corporate Officer and Chief Financial Officer. You will also notice two new faces in the Admin office, Mavis Alkenbrack and Melissa Coates. At this time I ask the citizens of Sayward to support our staff, acknowledge that they have a large learning curve and look at the excellent job they are doing for our community. Far too often I hear negative remarks about members of the Village staff including Public Works, Recreation, Admin and Finance, all of these individuals do their jobs and have no reason to receive any criticism. For many of you who can remember the Ollie North affair in the USA and his boss (Poindexter) got up before the senate judicial committee and stated enough is enough the buck stops here, I am of the same opinion: if you have a complaint about the Village staff or Council, the buck stops here at the Mayors desk. In that light when I first started as Mayor I had set up a Mayor`s information night where I had one member of Council and myself available for public interaction twice a month, it is my intention to do the same starting in 2020. I will be setting up a schedule and publish it on the Village website and notice boards. At these sessions, notes will be taken, research done, and answers provided in a timely fashion preferably within five business days. These meetings are meant to have calm and respectful dialogue. To be clear there will be no minutes kept, and although these sessions are not in camera, the only ones on our side who will know who is there, what questions are asked, and if follow-up is required, is the applicable Councillor and myself. This in no way replaces the public's existing ability to put in a written complaint through staff, make an appointment with the CAO or talk with a Councillor of their choice.

We have had our first public meeting of budget discussions, this was just a skeletal view of the proposed budget, nothing can really be done until we have our year end figures. I would strongly suggest that citizens check the Village website and notice boards for when the next budget meetings will take place. Again, as I do every year, I encourage the public to be present at the budget meetings at which time they are given opportunity to voice their opinions, after all, it is OUR tax dollars. The only tax dollars we have control of is the Village taxes and services, as far as external agencies go, we collect taxes on their behalf, and they set the amount of tax dollars they are to receive from the Village.

By the time this Sayward News has been published we will have held our last Council meeting in the Recreation Centre Gymnasium, we are back in our regular Council chambers for our first meeting in January. It has been a long time and I would like to personally thank the previous Council who had the foresight to move into the gym and allow Council chambers to be used for a temporary library. What a great addition the new library is for the Village and community of Sayward.

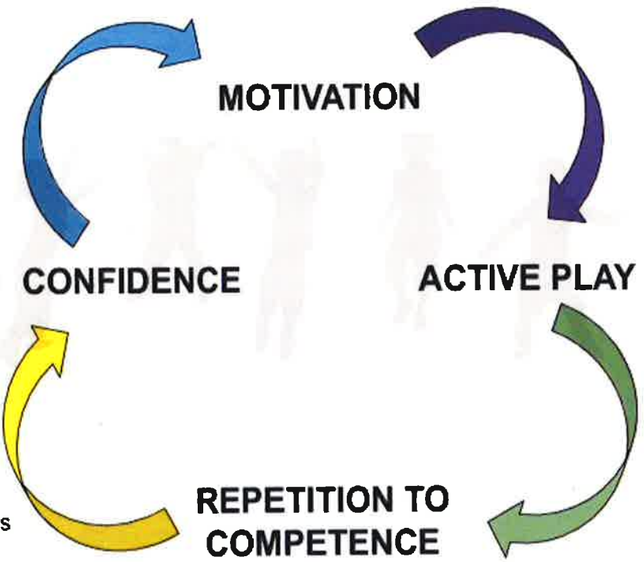
John McDonald, Mayor

the Village of Sayward

What Is Physical Literacy?

In May 2014, the International Physical Literacy Association defined Physical Literacy as "the motivation, confidence, physical competence, knowledge, and understanding to value and take responsibility for engagement in physical activities for life."

Many definitions from different institutions have been issued, but all agree, that through active play and repetition, comes confidence and motivation:
A positive circle of virtue, that not only helps children as they grow, but teenagers and adults later on in life.



10 FACTS:

- It helps keep children's hearts and lungs healthy and strong;
- Can help improve moods and emotions self-esteem and confidence;
- Can help lower the risk of several diseases and health problems in the future;
- Will help maintain a healthy body weight;
- Helps develop and improve coordination and balance;
- Will help children and youth sleep better at night;
- Enhance development of the brain;
- Makes opportunities to practice and develop social skills;
- Encourages social interactions with others;
- Provides enjoyment and happiness.

the Village of Sayward

island health

P.L.A.Y. SAYWARD
Physical Literacy And You
We want to make sure your children have opportunities for active play. This is why every Saturday from January 11 to March 27, 2020, the Sayward Community and Physical Wellness Project will hold a 2 hour drop-in for active play, from 1pm to 3pm, free for all, in the Kelsey Centre Gym.

FOR MORE INFORMATION: SAYWARDCOMMUNITYCAPACITY@GMAIL.COM

January 2020 Sayward Children's Health Hub

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			31	1	2	3
For more information please contact Sayward Children's Health Hub.	250-203-8107 Sayw.andfamilynavigator@gmail.com	Early Childhood Behaviour Consultant Program *****	HAPPY NEW YEAR!	Closed	Closed	
4	5	6	7	8	9	10
Hub is located at the Sayward School	Strong Start 8:45 -11:45, Hub Closed	Strong Start 8:45 -11:45, Hub Closed	Closed	Closed	Closed	
11	12	13	14	15		
	Strong Start 8:45 -11:45, Hub CLOSED	Strong Start 8:45 -11:45, Hub 10 -1	Parents & Tots Drop in 10 - 1 -Sandy Bellosillo*****	"Hub on the Go" 11 - 12	Closed	
18	19	20	21	22		
	Strong Start 8:45 -11:45, Hub CLOSED	Strong Start 8:45 -11:45, Hub 10 -1	Parents & Tots Drop in 10 - 1	"Hub on the Go" 11 - 12	Closed	
25	26	27	28	29		
	Strong Start 8:45 -11:45, Hub CLOSED	Strong Start 8:45 -11:45, Hub 10 -1	Parents & Tots Drop in 10 - 1	"Hub on the Go" 11 - 12	Closed	
			Hub on Go Changed venues!	Hub on Go will be at the Store and School		

Sayward Children's Health Hub

Family Connections

Proudly Funded by

Children's Health Foundation of Vancouver Island and School District 72

Please be advised

Starting January 9th

Hub-On-The-Go

Will now be located in

SAYWARD SCHOOL GYM

Every Thursday

11am-12pm

RETIREMENT

As of December 31, 2019, I have retired from BC Emergency Health Services (ambulance).
It is with sadness that I am retiring after 21 years serving this community as the on call paramedic, unit chief and recently the community paramedic, but I look forward to having some time off and doing other activities to improve the lives in this community. I hope that my time assisting those when they were ill or injured has helped in some way.
I will be continuing to volunteer as a first responder with the fire department and live in this beautiful community.
The new Acting unit chief will be Aggie Pringle, who brings many years of experience as a full time paramedic. Please welcome her on board.

Thank-you to everyone I have either worked with or assisted ---- Pat Rusch

SAYWARD CIRCUS EXHIBITION

The Circus Comes to Town! Experience Life Under the Big Top for a day!



The Rising
Victoria Centre for Circus Arts

WHERE: KELSEY CENTRE GYMNASIUM

WHEN: SUNDAY, JANUARY 26, 2020

TIME: 1:30 PM TO 4:30PM

FREE - FOR KIDS (5 AND UP) TO ADULTS

- **Aerial Experience and Instruction - fly high and learn skills on the aerial Silk and Lyra**
- **Instruction in Ground-based Disciplines: Juggling, Plate Spinning, Hula Hoop**

For additional information or for any questions, please contact Nuka de Jocas at saywardcommunitycapacity@gmail.com ; or call at (438) 830-3074

IN PARTNERSHIP WITH: the Village of Sayward · island health